ALPHA CHI

The Nine Master Schools

Feng Shui from its Origin to the present Day



Feng Shui is the knowledge about the flow of life. Light condenses to the creation. People move about in it and transform their world, often without heeding the laws (natural law) of the flow of energy.

"The Nine Master Schools" help us to retrieve the light behind the world of appearance. A fertile exchange between mankind and the world it lives in begins.

Feng Shui helps us to manifest our potential and our abilities and to give them space. It opens the space for us.





"Those who can read the Chi are able to understand Feng Shui." Agni

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We would like to invite you to enter into the flow of the universe. Do not try to understand this world on a purely rational level. Your consciousness will read along with you and help you to understand. When you are ready to open your heart, you will read this book on many levels of existence.

OM NAMH SHIVAYA

The mantra "Om Namah Shivaya" means in the old Indian language Sanskrit "Lord, may thy will be done."

Preface

Since its creation, Feng Shui has lost its original language. The mystery behind this book has nothing to do with glorification. Its objective is to give the reader access to a world that will reveal the true and secret of the meaning of Feng Shui.

The term Feng Shui (meaning "wind and water") was chosen for this science to describe the flow of energies between the heaven and earth that was beheld thousands of years ago. In those times these teachings were still called Kan Yu. This means "in the change of heaven and earth". It gave insight into the relationship between light and matter, and how this knowledge could be conveyed, in order to show human beings how to integrate the energy flow between heaven and earth and to come closer to the mysteries of life.

Feng Shui is the science of manipulating the interaction of the forces between heaven and earth. Each place is an enciphered door to the light. Feng Shui is the key with which each living space, each landscape can be deciphered.

Through the ages the access to this science has become hidden behind the walls of stagnating knowledge. Feng Shui is alive because it originates in life itself. The breath of **chi**, the original force of life, is recreated again and again.

This book returns the living knowledge to the earth. The readers must become aware of the relationship between light and knowledge. Places of force are created when we move in harmony with the laws of the light, the earth, and Feng Shui. We are attuned to the eternal knowledge that feeds on the universal laws of the Divine source.

In harmony with this universality the reader receives a key. It helps to synchronise with the earth and the universe. This book is intended for all who wish to understand Feng Shui beyond its common limits. It is for those who love nature and the lie of the land, and also those who enter into relationships with buildings. It offers an overview as well as details of the "Nine Seals of Feng Shui" that release the light for our present times.

This book wants to inspire, assisting the reader in attaining harmony with the energies surrounding them. The true understanding of this knowledge will be discovered in its application and thus, the flow of love. Every reader may connect with this power.

Chi is the universal energy of life whose breath animates the human beings and nature. At birth it enter into the body and leaves it again at the point of death. Where there is life, there is Chi. Embedded into an ocean of Chi, man and his environment develop an incessant exchange of relationship patterns.

This book may seem "dense and multi-layered" to be used only by certain professions. But it was written for all who want to find out more about the planetary consciousness and the cosmic contexts.

New perspectives are opened up for Feng Shui consultants and most people can find inspiration for their respective fields. Architects, interior designers, city planners, landscape gardeners, geomancers, and earth healers gain access to the knowledge of the interaction between nature and mankind.

It is a fundamental book. On the one hand it is the basis for working with zones of force and landscapes, on the other hand it is meant for those who carry the responsibility of creating and designing from simple buildings to entire cities.

It is a book from the level of laws. The books intention is to help the readers understand this. Feng Shui is not portrayed as a discipline that anyone may just use in an arbitrary fashion. It requires a deeper insight into the laws of nature and their utility to man. Reading a book cannot replace a consultation with a Feng Shui advisor. A Feng Shui consultant of the Alpha Chi School is someone, who has been initiated into these laws. In harmony with this knowledge he or she understands how to recognise and follow these laws, and how to apply them in accordance with the tradition of Feng Shui thus correctly altering the flow of the chi.

This book can also be used to support Feng Shui consultations. It is compulsory reading for all who want to enter into this science, or deepen their knowledge of it. It offers practical advice, inspiration, and encouragement for the exploration of new paths of understanding life in harmony with this planet. It should be a joyful experience to rediscover the earth and the cosmic laws and live in harmony with them.

Only when mankind understands that we are one with the cycle of creation, when we see ourselves as part of it, can this book fulfil its intended purpose: stimulate us to use these energies in order to increase our personal energetic potential. This should enhance our private and professional lives and benefit our entire existence,

This book is a gift from the spiritual world to mankind and was released with joy.

Introduction

The Origin of Feng Shui

Circa 5000 years ago, the teachings of Feng Shui were brought to the earth from the spiritual areas of knowledge, so that the man could understand and interpret them. The sources originated in India and Tibet, where this knowledge was conveyed through those initiated.

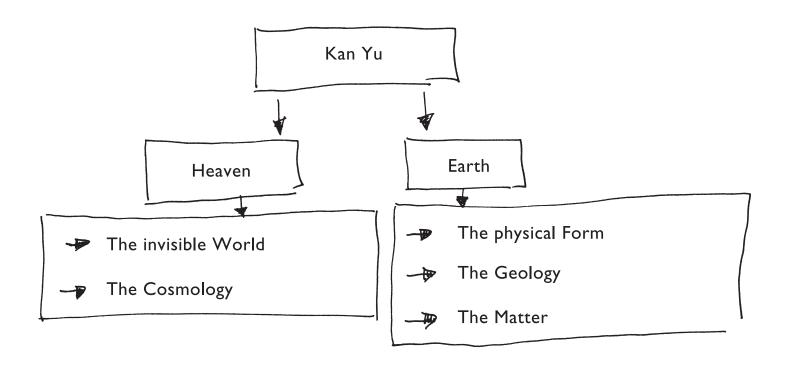
Originally the teachings of Feng Shui consisted of nine books that were all protected by special seals. They were passed into the hands of nine masters, and only together, could they understand the entire knowledge of Feng Shui. This was meant to protect the teachings from misuse.

Through the centuries the individual books were scattered across different regions and individual schools were established that concentrated on singular, separate aspects of knowledge. By passing on this knowledge onto other countries, it was connected with the respective cultures and religious contexts.

The entire knowledge suffered from these influences and it became diluted. Its unity was lost. In parts the possibility and potential of Feng Shui was only conveyed in fragments by selfish people in positions of power.

Individual schools were founded, dominated by individual interpretations that were far from the combined knowledge of the nine books. Only by bringing these books and their inherent levels of knowledge back together, one can attain an in-depth insight into the entire teachings of Feng Shui.

Now the nine seals must be reunited as a universal whole, in order to experience Feng Shui in its completeness. Each of these nine seals contains a certain part of this knowledge and integrates it into the unity of this science.



Kan Yu - The structure of the manifestation

The nine Seals

The following disciplines hidden beneath the seals were passed on to us from the Temples of Knowledge:

The first Seal - The Consciousness of the Planet

contains the description of earth's imminent energies and their effect on planetary life.

The second Seal - The cosmic Influences

describes universal currents influencing the earth and its processes.

The third Seal - The Transformation of Force Fields

deciphers fields of force that are not integrated into the polar structure of the earth. Through it energies can be initiated in harmony with the cosmos. To do so it is important to have in depth knowledge of the natural laws of the first and second seal and to act in accordance with these to create new and positive things in harmony with the Divine laws.

The fourth Seal - The spiritual Beings

deals with nature's elementary beings, the spiritual dimensions above each manifestation.

The fifth Seal - The Bagua

describes the anchoring of an original sample of the universe for the perfection of personal living space.

The sixth Seal - The creative Cycles

comprise the seasons, the processes of nature, and cyclical laws.

The seventh Seal - The Knowledge of the Earth

was guarded for a long time and has just been released again. It deals with the consciousness of crystals and the consciousness inherent to the earth.

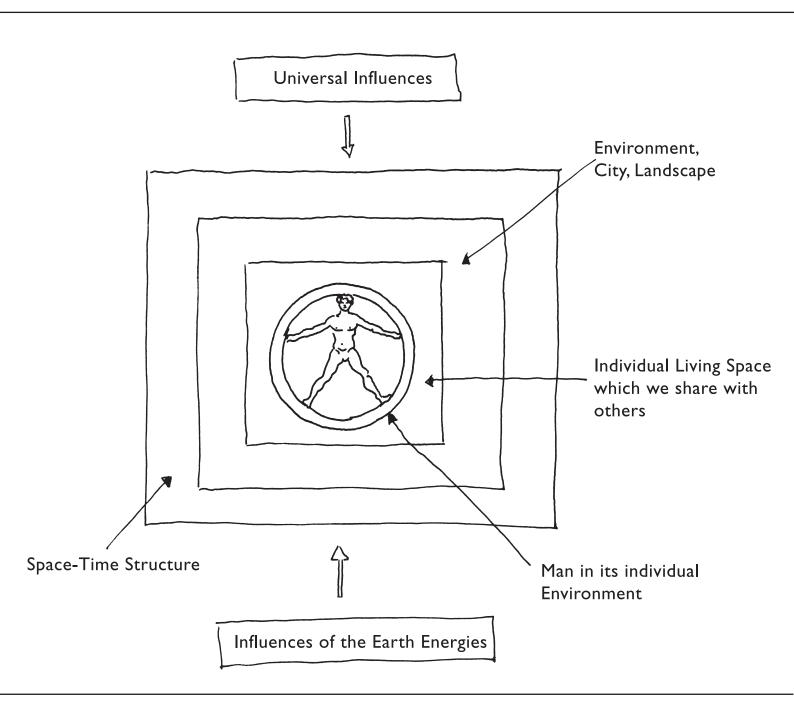
The eighth Seal - The planetary Influences on the Earth

deals with planetary currents, interactions, and laws.

The ninth Seal - Divinity and Nature

contains the relations between the Divine Mother and information on creation.

This is the library of the universe that can be entered by returning to the Alpha state. Here hidden knowledge is stored that can be called up by mediums at given times and in harmony with the Divine laws. This book has been conceived though a return to the "Temple of Knowledge".



Man in the energetic context of its environment

The Science of Feng Shui

Human beings have always occupied themselves with the fact that they are creatures between heaven and earth. Heaven is their roof, earth their base- they watch the stars and interpret their movements as expressions of the infinite universe. They were born by the earth and are guarded by it until they leave their bodies again. Heaven is their father, earth their mother.

Feng Shui is the knowledge of how human beings can create a living space in accordance with what has been born from heaven and the treasures and gifts the earth contains. It is the science of how to create a field of life in harmony with the universal forces that caters to one's own needs. Feng Shui teaches the harmonious integration of the human beings between heaven and earth.

Feng Shui is not just about arranging an environment in a useful way. It teaches the planetary and cosmic influences and their laws. In the course of time ideas develop that teach us to create living spaces in harmony with this science by transferring the creative processes to everyday life.

Feng Shui is the instrument that teaches man how to live in harmony with the laws of nature through his own initiative. Nature and its processes are observed, superior occurrences are noted, and knowledge about the harmony between the earth and its cosmic environments is obtained. These realisations bring forth an elementary understanding of the universe. Feng Shui is the architecture of the consciousness.

Man is capable of creativity. But we are also integrated into our planets field of life. Our need for development in harmony with the planetary consciousness and the cosmos is the basis for the science of Feng Shui.

Today the human race frequently acts against the laws of nature. Feng Shui has disappeared from many cultures. Life and the planet suffer from the consequences. Examples are the pollution of the environment and the damage to the ozone layer. Therefore it is particularly important to wake up to the laws of nature once again, so we may remedy these imbalances and restore harmony.

The understanding of the laws of nature and the elementary patterns of the universe allow us to heal disharmonies and open up perspectives for future development. Feng Shui can guide those whose pro-

fession is to alter the living fields of the planet. With this knowledge, landscape and city planners can design new living spaces in harmony with the earth that will harmonise the human beings with nature.

Naturally, civilisation requires a constant expansion of living spaces. However, the planetary cosmic conditions should not be neglected in the process. Changes in the landscape and city development should be planned in harmony with the natural environment. In this way, a harmonious field of life is created for the community.

Through confrontation, human beings are encouraged to accept responsibility, and to harmonise their environments and their goals so that harmony, health, and success can move into their lives. Feng Shui helps people understand how they can create space for their goals and how to design this space in a useful manner. It teaches them to how to attract the good forces of the universe, and how to repel the undesirable or malignant.

Rooms filled with chi are a cornucopia of life from which we can benefit. The result being a life of fulfilment. When we manage to formulate our goals clearly and to manifest them in the outer world, we directly interfere with existing rooms. If we do this in accordance with the laws, the forces of the universe will be benevolent and help us to lead fulfilled lives.

When we manage to create harmonious rooms, and to fill them with good spirits, we will inevitably be granted well being and success, for the benefit of all creatures. The natural consequence will be harmony within our families, as well as our working and social lives. Feng Shui teaches us to understand human nature and its inherent natural forces and cycles that rule our lives. It describes the patterns of nature, of plants and animals, of the earth and the cosmos around us.

We are surrounded by pulsating life. There exists more than just the one human consciousness. Every plant, every animal, every rock possesses a consciousness. Even our planet earth is alive. The communication between these beings is alien to us and differs radically from our language. However, all forms of being depend upon each other and cannot exist separately. All life communicates with each other. All is nourished from one source and finds expression in various ways. Many forms of life are in contact with each other without us even noticing it.

Every existence has its own language, a mountain as well as a rock,

a plant as well as the clouds. Nature is permeated by a multitude of consciousnesses. Every single one of them has its own expression, its own language. Day by day we stand in an exchange with this life. But do we listen? Do we understand this dialogue?

This book combines many approaches. It is a book about Feng Shui and at the same time it was inspired by the sources of the shamans throughout history. It connects the ancient knowledge from India, Tibet, and China with sources, in which the holistic views of the world have their origin.

We would like to inspire the readers, to address life again, and to leave their isolation. To re-enter into a dimension of being that lives in harmony with nature, with the planet, and the cosmos. This book gradually illustrates different levels of planetary consciousness.

Feng Shui is not just a science dealing with the structure of the outer world; it is the science of the architecture of consciousness. It comprises the knowledge of planet earth and the universal knowledge surrounding us. We can understand much more than what we are experiencing right now as our reality. Endless possibilities are waiting for us. What we really know about Feng Shui will increase with the consciousness we are ready to accept.

We are part of the creative process in which many forms of life are involved. We constantly communicate – consciously or unconsciously – with the energies surrounding us.

We live in an era of increasing consciousness. We are about to open up to its spiritual context. Feng Shui is part of this opening towards the cosmos. It is impossible to understand Feng Shui without this spirit. It describes the spirit of the universe itself.

Enter into this adventure; it will enrich your life.

Reading Initiation

The sign to the right is a key that will help you to open doors to other dimensions of being. We are inviting you to expand and to experience more.

Your consciousness will read along with you and help you understand. You can enter into a dialogue with your environment beyond your everyday existence. Your five senses will help you. There are Feng Shui masters who taste different energies whilst others smell them. That describes their sensory perception. Each one has a different approach. Get to know yours.

When you are ready to open up your heart, you will read this book on many different levels of your consciousness. There is only one language every being understands, that which makes us understand everything: Love.

Guidance

Place the book in front of you so that you can concentrate on the sign. Let your breath flow without influencing it. Let your eyes rest on the spiral for about a minute and relax. Then close your eyes.

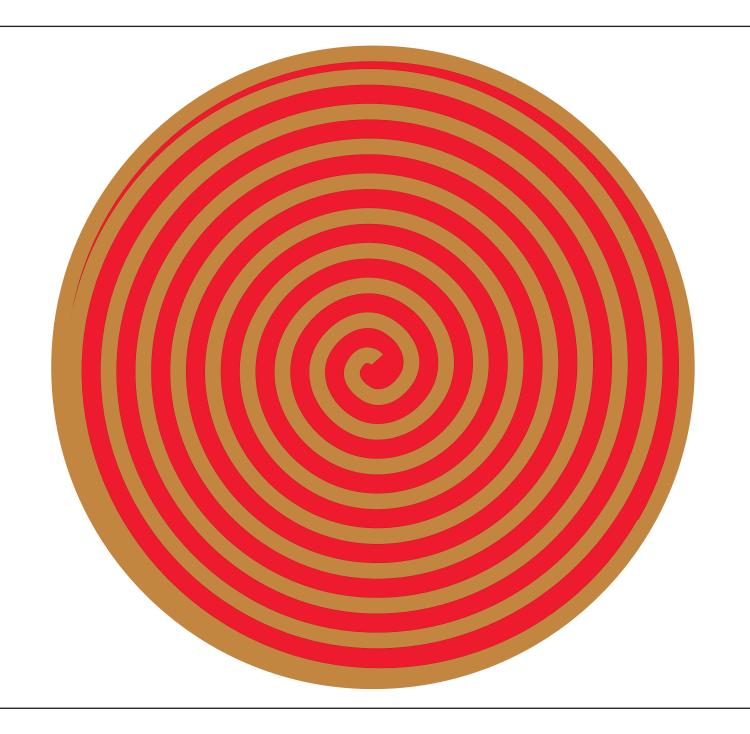
Stay focused in your head and visualise the sign in your heart. You will feel how this golden spiral will begin to expand in your heart. Now make contact with the love of your heart. Feel how this love expands from the centre of your heart and how each breath brings you in harmony with yourself and your inner knowledge.

The golden spiral will expand with the strength of your love until you will be completely enveloped by it. A golden circle will enclose your body. Make contact with the golden circle surrounding you. It will bring you in harmony with the Divine existence.

When you now begin to read a chapter, you will experience how the world behind those lines will open up to you. You can repeat this meditation whenever you want in order to experience this anew.

If you like, you can experiment with approaching this book with and without this reading initiations, and see for yourself if the quality of your understanding changes.

Enjoy. Om Namah Shivaya.



Reading initiation

What is Chi?

Everything in the universe has a pulsating current. This current creates life. Chi is the energy of life. All living things are filled with chi. It permeates every existence and flows through everything and everybody. It is the most powerful and wonderful force in the universe. It has no shape and cannot be divided.

Chi flows incessantly and forms energy patterns. It is in constant communication with its environment. This vital archaic power is manifested in various ways and is involved in the creation of life. It is the breath of the universe. Every planet, every star, and thus also planet earth possesses its own individual energy.

Man is filled with this energy and receives vitality from it. When the body is filled with chi, the being is healthy. When the chi is imbalanced, this manifests itself in an illness in the respective part of the body. This knowledge is the basis of Chinese medicine and acupuncture.

The art of Feng Shui consists in finding the omnipresent chi and in analysing it. It deals with the laws of the flow of the chi and the possibilities to optimise it. It is the task to channel the chi in such a way that it becomes accessible to the community.

There is earthly chi, which is partly electromagnetic and there is cosmic chi, which enters into the earth's body through planetary ways. Both energies amalgamate and flow in rhythmical patterns below and above the earth's surface. It is always present in the centre of the earth as well as in the spheres above the earth.

The human organism is in a constant exchange with its environment. It constantly responds to the chi surrounding it and influencing it.

The chi's vital energy influences our physical bodies, our psyches, and our emotional bodies. We cannot regard ourselves independently from these energies. They shape our daily lives. Chi creates the continuum of time and space in our lives.

In the course of this book the reader will encounter various forms of chi, and learn how we can integrate ourselves into it and flow in harmony with it.

The vital energy of chi is always linked with the purpose and the task

of its flow and must therefore comply with certain criteria. In principal, it is important to understand that these diverse energies interact, cooperate, connect, flow together, or cancel each other out. They enter into relationships with each other on different levels, strengthen or weaken each other, in order to initiate creative processes and to bring forth life.

Empirics and Perception

Most people have learned to ignore certain perceptions of their environment to a degree. The "sixth sense" has becomes lost. However, there are many types of energy that affect us on a subliminal level and play a part in shaping our lives.

Feng Shui is not a current fashion or a new aspect of psychology. It is a tradition - thousands of years old - that deals with the elementary understanding of the universe. It deals with the energies between heaven and earth that influence human life.

Today we are mainly confronted with Feng Shui knowledge that is based on empiric observations resulting from observations recorded from special and temporary conditions. From these certain insights were gained, and out of their contexts laws were derived, giving rise to conflicting theories, depending on the spiritual and cultural background of the respective school of Feng Shui. The interpretation of these insights is determined by the spiritual archive of the interpreters.

With or without rules, one thing remains uninfluenced by all empirics and statements; it is the fact that chi flows from the beginnings of time to the end of all life. It rules the life of the earth and of mankind.

"Perception" is the most immediate way to encounter Feng Shui. The recognition of the flow of the chi and the interpretation of its present quality is the basis for understanding Feng Shui. The core of the Alpha Chi School is to recognise the frequency of the chi and to put it into context with its environment. This creates harmony between the different patterns of energy.

This book wants to inspire you to become sensitive toward the nonmaterial energies that are invisible but nonetheless surround us. Every one of us can become sensitive to that which flows around us and may synchronise with the qualities of a particular room, landscape, and cosmic energy flow. Our willingness to open up to these energies also opens us up to a new area of life.

We will begin to look beyond the obvious and enter into other dimensions beyond our everyday life. Throughout the book you will be given ideas of how to familiarise yourself with these forms of life and how to become sensitive to the pulsating life of the planet itself.

Yin and Yang

Part of the basic understanding of Feng Shui is the understanding of the laws of Yin and Yang.

Yin is the female principle and symbolises the earth, creation. Yang is the masculine principle and symbolises the creator. Yin is receptive and absorbing, Yang is impulsive, giving. Everything on earth is manifested in polarities. Each living space is characterised by Yin and Yang. The symbol of Yin and Yang illustrates how the balance of the two forces creates harmony. When one polarity is stronger, the other will suffer. Nature always attempts to maintain a balance. Whenever one pole expands, the core of the opposite pole is already present.

Each landscape, each manifested form on earth is dominated by these two qualities. Both men and women possess feminine as well as masculine qualities. Landscapes are structured according to the pattern of Yin and Yang. Mountains, for example are Yang, rivers are Yin. Each closed landscape system strives towards harmony between masculine and feminine forces.

Feng Shui attempts to create harmony between Yin and Yang. Depending on the purpose it is also possible to strengthen one element consciously. Tension within the relationship between the forces makes development possible.

A profession whose members are forced to assert themselves is dominated by Yang. In this case Yin ought to be strengthened so it can maintain harmony. In places of healing, Yin will support motherly and caring aspects, so clients will be ready to open up to be healed.

Today, most economic areas are characterised by Yang. The Yin element could create the necessary balance to take better care of the employees.

The School of Alpha Chi

There are different ways to approach the science of Feng Shui. The fundamental wisdom evolved into different schools. Many people believe that Feng Shui is based upon fixed laws and uniform teachings. The truth is that this knowledge has been transformed several times in the course of history and been submitted to cultural, topographic, and climatic influences.

Yin

Female
Receiving passively
Softly flowing
Breath in
Night
Shadow
Moon
Silence
Relaxation
Softness
Concentration
Water, Earth



Yang

Male
Actively giving
Striving forward
Breath out
Day
Light
Sun
Sound
Activity
Hardness
Expansion
Fire, Air

Yin and Yang

Certain schools rely solely on scientific calculations whereas others reduce this science to a school of forms. A further group maintained the ability to perceive the chi, recognise energy flow, and read actual currents in nature and buildings.

The school of Feng Shui we represent has taught all consultants to recognise the flow of the chi. Consultants of Alpha Chi Feng Shui do not rely on written laws, but they are capable of recognising energetic patterns and currents thanks to enhanced perceptions of the **eighth chakra**.

Each organism of a landscape or a building is a book in which we can read. The access to the laws and levels of knowledge is the basis for every consultation with a client. The client determines the direction of the consultations. He or she is the centre and all measure taken serve to harmonise the environment of the client and raise it to an appropriate energetic level.

The presence of chi in a given room will be influenced so that it flows evenly. The atmosphere will be enhanced to correspond to the level of chi in nature. This way our environment is charged energetically. The room thus obtains an aura that can be felt by others. The equilibrium of a room will in effect stabilise our balance in return. This can be achieved through sacred Feng Shui symbols that energetically convey the message to the room and destroy fields of Sha where necessary.

In a second step, places of force will be located that already possess certain inherent qualities, such as the characteristics of one of the chakras or the five elements.

The third step is the creation of the outer world. An energetic understanding of the laws then influences architecture, interior design, garden design, or city and landscape planning. There are general rules that help from the start to create places of force. The directions of the wind are integrated as well as the principles of harmonious forms and colour design in order to create in harmony with the cosmic laws.

Each change affects the flow of the chi. The construction of a new building changes the entire current of the environment. The chi will find its way. The chi of mankind, of nature and our environment, determines everything in life and creates contexts that cannot be regarded independently.

The first extra-physical chakra is located above the crown. The perception, which is thus enhanced, allows a perspective on life and insights that go far beyond the limited human point of view. With this, chakra energies are perceived and disharmonies are remedied.

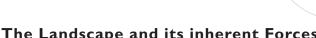
Chi flows in all activities of life. It does not comply with any rules but tries to maintain the creative processes of life in a sensitive and imaginative manner, and adapts accordingly.

"Those who are able to read the chi, are able to understand Feng Shui." This is the motto of our training. We know the cosmic laws and are aware of the laws of Feng Shui. We use this knowledge and background and place them into the context of our culture. The individual needs of the client take on prime importance. This is our goal.

The school of Alpha Chi is based upon perception and the access to these laws. The teachings of Feng Shui are perceived and conveyed with vitality. With our traditions we intend to serve humanity and the earth.

THE FIRST SEAL

The Consciousness of the Planet



The Landscape and its inherent Forces

All around us different currents from the cosmos and the earth unite and form a complex space. In its visible form material aspects dominate the landscape. In the invisible energetic space it is covered by multi-layered spheres, which are interwoven and communicate with each other. There are many individual currents which depend on each other and consequently form a complex space and create the landscape.

The Flow of the Chi in the Landscape

From the universe, a pure, cosmic energy, the chi, flows to the planetary body and fills it with life. The chi is born on the level known to us as Shiva and Shakti. Here lies its cosmic origin. Shiva is the creator and Shakti is the creation. Together they create the worlds. This is the Divine origin of the cosmos and the universal life.

The chi flows from the source of Shiva-Shakti – along the planetary paths that take on a control function - into the planetary fabric of the earth, flowing through the body of the earth and awakening its breath. These currents possess a complexity of different energies and forms of expression depending on the factors that influence them in the cosmos and their entrance points.

They enter the solid body of the planet at certain points and unite with it to form a symbiotic flow. The chi flows through the body of the earth; it is charged this way and altered by the exchange with earthly matter. It is guided through certain channels under the surface of the earth. This way the cosmic energy is intensified and its polarity is reversed so that it resurfaces in another place. In connection with earth's inherent energies new qualities come into existence. Thus the cosmic energy adapts to the planetary body. The chi connects with the fire of the earth and in this symbiosis the earth's physical body materialises. The elements are born and landscapes are created.

Sources of the Chi in the Landscape

In certain places the chi comes back to the surface of the earth and is released into the landscape. In the energetic field they are visible as fountain-like forms, which pour their energies over the landscape.

Shiva is the God in whom the aspects of creation are united. With his cosmic dance he sets the worlds in motion, and thus creates the universe. He is creator and destroyer at the same time. His merciful nature creates the new and dissolves the boundaries of ignorance. He represents the universal consciousness, the Divine intellect.

Shakti is the creative feminine energy of the universe which permeates everything. She is the polar equivalent of Shiva. She is regarded as the eternal force of being. In her union with Shiva creation is born. She represents the Divine energy that gives birth to the worlds. She symbolises the universal spirit that perThis is the basic component that erects the atmosphere surrounding a landscape. The chi connects with the supply systems of the earth. These sources unite with the elements and create the landscape systems on a non-material level. The energy, which flows from the cosmos, thus enters into communication with the creative cycle of the five elements as they are taught in the Taoist tradition. Their function is to maintain creative processes on the planet. This cycle possesses concentration points in the landscape, which are activated by the flow of the chi.

meates everything and embodies creation.

Mountaintops are main sources of energy from which chi flows into the landscape. From this phenomenon the Feng Shui terminology has created the expression "Dragon Mountain". It stands for a mountain that represents a source of energy. Not every mountain is a dragon mountain. These sources are only found at certain altitudes. The seven holy mountains of the earth are the main sources of the planetary supply of energy. Each of them possesses an individual quality, which it spreads throughout the body of the earth.

The Dragon Lines

On the surface of the earth the chi flows into the veins of the earth, the so-called dragon lines. They are the energy meridians of the body of the earth itself. In the West they are known as *ley lines*. These spread across the entire planet energizing it. They form an 'energy net' containing various intersections. Wherever these intersections occur, an exchange of energy processes occurs. This way the whole planet is supplied with vital information. These grids structure the polarity of Yin and Yang. All things on earth are constructed according to the attraction and interaction of masculine and feminine energies. Landscapes always possess a Yin pole as well as a Yang pole. This results in a fundamental magnetic structure within which life exists. All this occurs in harmony with the Divine laws that govern this cycle and make sure that all creation is produced in mutual harmony.

These lines cross the entire surface of the earth in geometrical patterns. There are main lines and sidelines that are interwoven. Similar to the meridians of the human body they are the veins of the chi. They move enormous quantities of energy across the earth in order to provide the entire planet with this vital energy.

Places of Force

In some places there are immediate heavenly energy currents, which flow onto the body of the earth. These are points of radiation, which have a purely vertical direction of flow between the cosmos and the earth. They are often caught at the intersections of the dragon lines and are stabilised there. These are places of power, which also represent the entrances to higher levels of consciousness. They often take on an individual form in the energetic space and comprise different dimensions. They are gates between the worlds.

The Bodies of the Earth

The Structure of the planetary Consciousness

Earth itself is – like the human being – composed of different bodies. It possesses a physical, an emotional, a causal, and a spiritual body. These influence the planet's laws and life form. Planet earth gives us the opportunity to understand life in all its varieties.

Here is an overview of the planet's individual levels of consciousness. The structure of the earth corresponds in many aspects with that of the human beings. They are in constant contact with the earth through their energies and their consciousness. The earth and mankind have similar patterns of creation expressed in different ways.

The material body, the physical body is earth itself. This body of the earth is what we perceive, what we see, hear, smell, feel, and taste – everything we experience as matter.

Inside the earth's body is a core of fire. From there we ascend through different layers of soil and stone up to the surface, where plants, rocks, water, and landscape form a kind of skin around the earth.

The earth does not possess an *astral body*. Only human beings can travel through time and space with their 'bodies of light'. Next to its physical body we find the emotional boy of the earth. The emotional body is what one would refer to as the elementary world. It is the home of the elementary beings that design and create the surface of the earth.

Next comes the causal body, which, on a superior level, links the earth with the cosmic processes. Here higher states of consciousness make sure that processes, cycles and acts of creation on earth follow their courses, comparable to the worlds of angels that fulfil superior tasks. Then there is the spiritual body, which connects the earth with the Divine consciousness.

The energetic image of the physical body – consisting of light – is the connection to the world of the soul. It maintains the information of light and allows us to travel spiritually. A silver thread that dissolves upon death binds it to the human body.

The physical Body of the Earth

The physical body is the planet itself, the material form, comparable with the human body that fulfils its functions and possesses organs. The cosmic energy, the chi, flows through this body and forms the cycle of creation. This is what is known as the creative cycle in Feng Shui. Through this the planet breathes and is alive. The power points of the five elements, which can be found in the body of the earth, make it possible for the planet to integrate into the creative cycle. They are the life-giving organs of the planet.

The emotional Body of the Earth

The emotional consciousness of the earth is connected with the elementary life on earth. Influenced by the forces of the four elements – fire, earth, air, and water as the archetypal dimensions of being – it is given life by the elementary beings that are part of this consciousness. The forces of fire, water, earth, and air constitute the emotional body of the earth. They are governed by the angel consciousness that is at home in the causal body of the earth.

At the moment the emotional body is full of holes, which result from imbalances or conscious influences. The uncleared emotions, which the human consciousness emanates permanently, rest on these spheres. Working with violet and white *light* helps clear these disharmonies. This way the elementary consciousness receives a clear direction again. The elements regain strength thus supporting the entire planet with their consciousness.

They are integral components of the earth and should be protected so that they can go on fulfilling their vital functions.

The causal Body of the Earth

The causal body of the earth memorises superior activities and information that govern the cycles of the earth. It can be compared to a computer that has saved the creative processes in order to pass them on to the planet. It looks after recurring processes such as the cycle of the seasons. The causal body of the earth controls the superior schedules. In its memories all of earth's laws of nature are contained and it releases the impulses that initiate the recurrence of vital rhythms.

The Divine is embodied by the manifestation of light. Light is consciousness and shapes matter that is the densest form of light. Light turns into life and gives it shape. Absence of light means relative darkness, the unconscious.

The pure body of light surrounds all matter and stores the information of the soul. It is the connection between the personality and the higher self. At the point of death it

This information ranges from the smallest details and shortest intervals, to processes lasting entire centuries. These include, for instance, the development of plants, crystallisation of rocks, the cycle of water and every tiny process on earth that is part of the natural evolution of the planet.

returns to the spiritual world. It stores the memories of the soul as well as karmic information.

The causal body is susceptible to changes, new impulses coming from the consciousness of the cosmos that take on their first mental form here. This body receives and translates them. Then an informative structure is created in order to pass them on to the earth. All energetic changes must occur in harmony with this body. The information memory of the causal body of the earth helps us to connect with the data memory of a certain place. Here we can discover the history of a place or its original sources of energy, which might have been lost.

The spiritual Body of the Earth

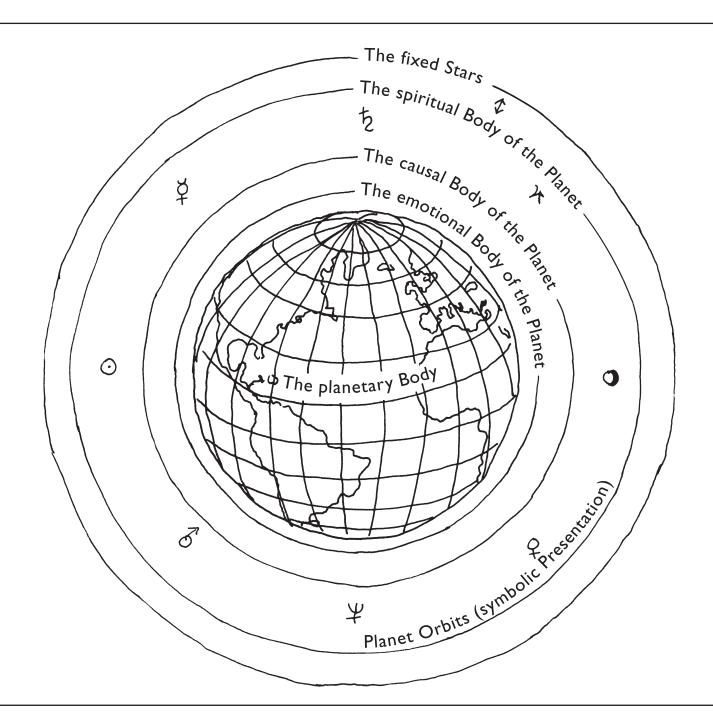
It is the spiritual dimension of the earth, which is connected to the cosmic forces. It is also the Divine consciousness of the planet. This body supplies the planetary body with Divine light. This body is the manifestation of Shiva and Shakti, creator and creation. All impulses of creation exist here. In this body the history of the creation of the earth is integrated into the cosmic context. Here lies the source of cosmic information, which flows onto the earth via the surrounding planets.

The spiritual body is one with the universe around it. From this body the powers of Shiva and Shakti manifest themselves on earth. From this duality, which envelops the earth like a coat, the Divine consciousness flows down to the planet in an incessant current. From this body the seven rays of creation emanate and manifest superior Divine principles on earth. This body is the home of the **Divine Mother**.

Earth healing can only occur in connection with this particular level. Linked to the Divine consciousness of the planet we can heal the imbalanced energies of the earth. Here we find the instructions and can connect with the energy patterns of this perfect consciousness.

Nowadays many earth immanent processes are disturbed and cycles suffer from irregularities. Entire zones of the planet are affected by environmental pollution or catastrophes, such as the hole in the ozone layer or nuclear accidents. This disturbs the entire organism of the

The Godly Mother stands for the mother of all life. Everything is born by her and returns to her after leaving its earthly identity. She is the mother of all mothers, the manifestation of all-encompassing love.



Earth and its spiritual bodies

planet. In harmony with the Shiva and Shakti consciousness of the earth and by connecting with healing sources we can recreate a balance and reinstate the Divine rays on earth.

Body Resonance of the human Being with the Energy Field of the Earth

In energetic Feng Shui the consultants can perceive the individual fields of energy of their clients in relation to their surroundings. They are trained to observe their clients on many levels of consciousness, to harmonise their fields of life and to raise the current of the chi to the appropriate level.

For only a beneficial environment supports us in our lives.

There may be energy fields which influence human beings in a negative way and irritate them to such a degree that it becomes impossible to lead a harmonious life. Our bodies are in a constant process of exchange with the energies surrounding us. Our flow of chi communicates incessantly with our environment.

We noticed in our work that people respond in very individual ways to energetic fields and that their chi bodies prefer certain energies because these contribute particularly to their overall well-being. It is therefore important to harmonise the environment with its respective inhabitants.

The physical Body of the human Being

The physical body of the human being corresponds with the solid body of the earth. The fields of energy influence body and well-being. Chi permeates the human body. If the flow is harmonious, the human being is also in harmony and filled with health. Acupuncture uses this knowledge and unblocks the channels of energy – the *meridians*.

A harmonious body cannot exist in a complete disharmonious environment without suffering. The first stage of this imbalance is characterised by a lack of motivation and tiredness, in worse cases even illness.

The earth lives in harmony with itself. It creates closed, powerful fields,

The strands of energy in the human body provide the organism with chi.
They animate the creative cycle in the body and maintain it. Acupuncture uses this knowledge in order to reactivate stag-

which are harmonious and balanced. Remember an excursion into nature untouched by civilisation – and how much power one could draw from this. This is a perfect example of how strong field of chi supports us, the exchange of energies can occur in the most positive way.

nating energies in the body and make them flow again.

Nowadays we hardly have the space to settle in the pure, untouched nature. We live in densely populated areas such as cities. These represent a pile-up of different zones of energy. Civilisation also creates new fields. All material objects or beings possess energetic fields that surround them. Today we are surrounded mainly by electromagnetic fields.

A second energetic phenomenon is water currents, which are moved by water works and constantly rotating pipes. Both factors create strong energy fields. Computers and other electronic devices have become fixtures of modern life. Especially computers have a high radiation frequency. In open-plan offices people are exposed to excessive radiation from electromagnetic fields.

After a long working day in such surrounding nobody has a lot of energy left because one feels exhausted due to the environmental influences.

Water in motion initiates a strong field of energy to which certain people react stronger than they might be aware of. A main water pipe under your house confronts your bodies with constant vibration and thus upsets it.

The physical body is also confronted with energetic fields emanating from the earth. The respective fields are listed below:

Electromagnetic field Waterways and streams Currents of the earth Fields of the earth

Consultants of energetic Feng Shui are able to localise these individual influences exactly and to test their strength by analysing the individual resonance in order to calm or neutralise them in such a way that they no longer affect the human body. In energetic Feng Shui it is possible to redirect radiation so that it cannot touch you anymore. However, this is a task for the experts.

The emotional Body of the human Being

There is a resonance between the **emotional body** of the human being and the environment of earth's emotional body. This body is a resonating body that immediately reports impulses upon registering them. It may be that a field of disturbance directly creates a disharmonious mood. Sometimes one does not even know why moods change so abruptly. It could be because you just entered such a field. Just remember certain business premises where you felt uneasy as soon as you had entered them.

These disturbances can be very old and are not necessarily related to the emotions emanated by their owners. In such a case room healing or **room clearing** is required to cleanse this space again and to reinstall a cleared current. Subsequently you will feel that the room gives off clear, fresh vibrations and that positive vibrations can develop.

This resonance body of light surrounds the body and lets us make contact with the world around us through emotional reactions. It reacts immediately to the vibrations around us. In an uncleared state it can swamp us with emotions. In a cleared state it develops the ability to react instinctively to it environment

The causal Body of the human Being

The causal body is an organism similar to a computer, which possesses the ability to store *karmic memories*. Sometimes unresolved karmic information can interfere significantly with one's field of life. This often manifests itself as disturbances whose energies one cannot quite classify. Frequently these disturbances are unsaved souls that are trapped on this level as spirits and have not yet found their way into the light.

These disturbances can become massive and interfere with the fortune of the inhabitants in a significant way. In this case these energies must be **transformed** and resolved. Working with light does this. Afterwards the light information of the universe will be able to expand again.

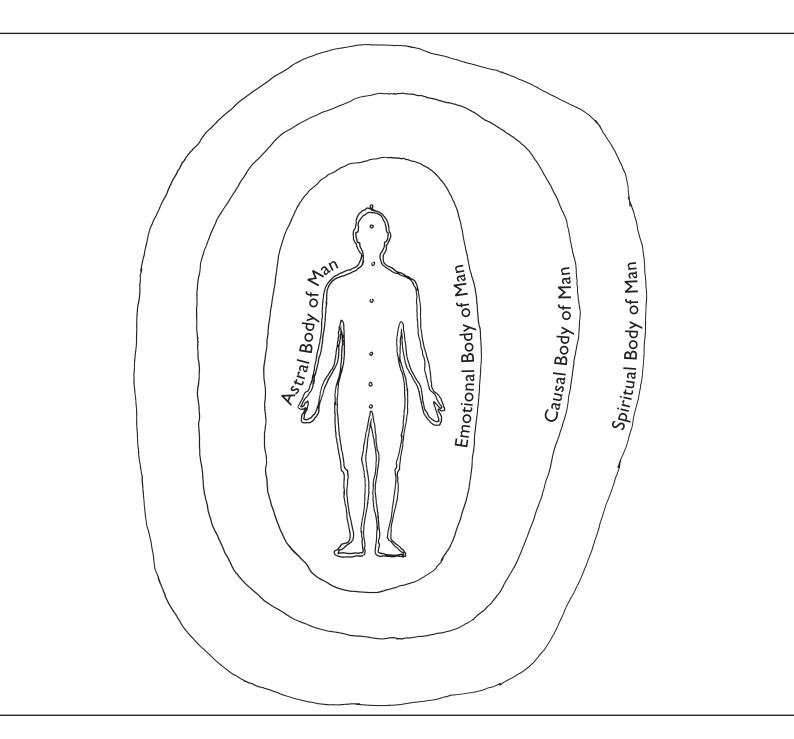
Our home is the reflection of the cosmic interchange of energies. These can be unbalan ced by external influences. Room clearing reorders structures so the universal current is restored to its harmonious flow. The atmosphere is cleansed and can breathe. The climate of the room experiences healing. People benefit from the increase in energy that is thus initiated.

The spiritual Body of the human Being

The spiritual body is not connected to these levels of resonance. Therefore it cannot be influenced. It is unchangeable and will remain so. It surrounds our life untouched by whether we notice these energies or not.

It is always beneficial to make contact with our spiritual body because it helps us understand the universal context. The science of astrology

It is the sum of all actions of the current as well as former lives of an individual. We reap what we have sowed. This does not mean that we have to believe in the inevitability (continued on p.36)



Man and its spiritual bodies

and all other holistic knowledge originates in these spheres and is inspired by them. Here lies also the origin of Feng Shui.

Magnetic Fields, Earth Rays, Water Veins and Earth Grids

In order to maintain its system, earth integrates several energetic phenomena, which are necessary for the harmony of earth's body. These are magnetic fields, earth rays, water veins and earth grids, which are part of the planetary system. With regard to Feng Shui one should bear in mind that not all of these energies are beneficial for human beings. It is important to understand which energies harmonise with us and which interfere with our well-being.

Water veins are rivers underneath the earth. They energise the soil and only partially agree with the human being. Water veins are characterised by strong radiation. They influence the energetic body of the human being and weaken it in the long run.

If we are subjected to them for an extended period of time, our normally robust bodies are weakened gradually. Illnesses may manifest themselves, for every illness is the attempt of the body to counteract imbalances.

If water veins are detected at an early stage, their energies may be redirected, or their effects can be cancelled out by the use of copper. This also applies to warping of the earth or magnetic rays. This radiation is only detrimental when it is not understood properly or used incorrectly.

Water veins are rapid energies which plants, for example, need for certain areas of their growth. On the other hand they are in conflict with the energy fields of many people. However, water veins are not equally harmful to all people. Some react more strongly than others, depending on their constitution. In any case it is not advisable to sleep directly above water veins or to stay above them for longer periods of time.

Magnet rays should be observed, as they create polar structures. When you move across them, your vibrating body will align with this magnetic field, which is not good for you. The body's vibrating field will be restructured if it is not aligned to the current of the magnetic field.

of fate, but we should understand it as an encouragement to act responsible throughout our life cycles, create the future, and develop our consciousness. When people are freed from their karma, they are no longer tied to their actions. This can only occur through a dedication to F and the realisation of one's self in God, in harmony with the laws of nature.

(p. 34) Transformation is the conversion of darkness to light and brings forth the shining heritage of the Godly.

The earth is a huge magnet surrounded by an electromagnetic field. This magnetic field runs from These grids have the task to structure the polarity in the planetary field. This is important for the balance of the earth and its plants, which structure their growth accordingly. A landscape is always a representation of the principles of Yin and Yang. There are Yin plants and Yang plants that, in the right positions, support the balance and further the growth. The optimum place is in the balance between Yin and Yang. Magnetic rays should also be observed and individually analysed when deciding on the position of the bed.

the north to the south and determines the energy flow or energetic current of the earth. Solar winds influence the magnetic field through solar radiation.

Earth warping can severely upset the energy field in the rooms. It is important to try out whether the harmonious flow of the chi can develop. Otherwise you will suffer from this imbalance, which may wreak havoc on your constitution.

Yin plants focus on the growth of roots, whereas Yang plants strive to develop leaves and blossoms.

In a Feng Shui consultation individual living spaces will be analysed in respect to these energies and altered according to your needs.

Besides their physical form our bodies also possess an energetic sys-

tem, which surrounds us in the form of an electromagnetic field - our

aura. In the East these energies have been known for millenniums.

Earth warpings are dislocations of the earth crusts. They form energy patterns on the spiritual level of the earth and when the phenomenon occurs they form our living space; over longer period of time, they can influence the human organism.

The Chakras

This energetic system is created by the *chakras*, which move along our spine as wheels of light and energise our body. They influence our thoughts and feelings. Each one of these chakras has its own colour frequency. At the end of the spine it starts with red and at the crown of the head it ends with violet. Together they create the *rainbow cycle* because the order of their colours is analogous to that of white light when broken by a prism.

In Sanskrit this term refers to wheel, circle, disc, ring. It is the name of the non-material energies in the energetic human body. The chakras influence our organs and meridians, and consequently our physical body and vital energy. The chakras have seven main seats in the human body and are connected with (continued on p.38)

As in the human body there are also chakras in the landscape. Without them creation would not be possible. They can be found in every micro- and macrocosm. They exist in every garden, every park, every piece of land, every cityscape, state, or continent and as main chakras on the body of the earth. They manifest themselves in a big rainbow cycle, which surrounds the earth.

We find them in every room of our houses. They bring the atmosphere to life by radiating their energies. In doing so they construct their cycle according to the pattern of the seven colours of the rainbow.

Chakra fields of the environment stand in immediate resonance with our body. Therefore it is advantageous to make use of their qualities and energies in order to support certain activities. It is discernible that certain regions are dominated by a specific chakra and its colour frequency, which in turn influences the specific preferences of the people and their cultures.

the glands. They are places in which earthly and super-earthly spheres merge. They dominate the rainbow cycle.

Chakra Systems in the Landscape

In the landscape the chakras create structure and order, which connect with the principles of creation. They manifest themselves on all levels of creation, in the microcosm as well as the macrocosm. We find an intricate system of chakras around the earth, around each individual landscape. In each space we find concentration points, from which these vibrations originate and expand.

The chakra frequencies in the space of creation cover the earth and form fields of information, which can become so dense that a local system of chakras may develop. The task is to manifest the forms of life and creation on earth. The space of creation supplies the human beings and their chakras. Impulses are sparked so that earth and land-scape chakras are created.

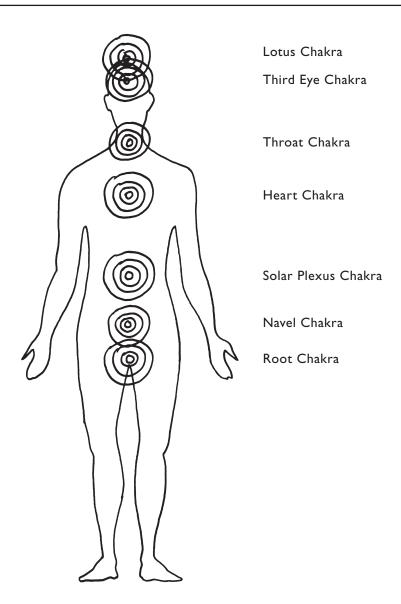
The levels of creation and the chakras do not exist separately but flow together in one consciousness. You can imagine this field of energy like a holographic picture, which, depending on the areas of concentration and density, depicts processes simultaneously and in an interdisciplinary way. The simultaneousness of this state of consciousness, of this body of the earth, creates the possibility of creating synchronicity between many different worlds.

Chakras in the landscape and in rooms do not always occur in a linear fashion as it is the case for human beings, but concentrate and intensify occasionally. However, each closed organism possesses every single one of the seven dynamic colour qualities.

The chakras of the environment have a constant connection with those of humans. They supply their energy centres. In return, life and experience feed the density and size of these centres. There are many examples from the past that show how this knowledge has been integrated into the construction of temples, palaces, or entire cities. A conscious harmony of edifices and buildings advances the harmony

(P. 37) The rainbow cycle manifests the evolution in the dominant colours of the chakras that range from red to violet, like the colours of the rainbow.

The humans pass through this cycle as well as the earth's development.



The Chakras of Man are in Contact with the Chakras of the Environment

Man and its chakras

and development of each community and every individual consciousness. Growth can therefore occur organically and fulfil all its potential.

The main Chakras of the Earth

The chakras of the earth do not spread in same linear structure that they take on in the human body. They do, however, follow certain patterns and inter-connect all across the planet. In Europe there are different chakra systems, which form a closed structure that reaches beyond the borders of the individual countries. One of these runs in a spine-like shape from the South of France straight to Scotland. The earth chakras are huge and often comprise different states and landscapes.

The root chakra is situated in Central and South Africa. It is referred to as "the cradle of humanity". This is expressed in the rites of African tribes. They maintain closeness to the earth, nourish it and are spiritually connected to it. Therefore it is important not to uproot the people who live there but to support them in their task.

The navel chakra lies in the northern half of South America, centred on Peru. For this reason the Machu Pichu is called the "bellybutton of the world". The energy of this chakra influenced the early sun cultures and still nourishes the strength of the archaic knowledge of the **shamans** in this area.

The solar plexus chakra of the earth lies in the Middle East, between Israel and Egypt. It stands for world peace in this region. It is the task of these states to further this potential. The political upheaval in this crisis centre has a huge influence on world politics. This example shows how the polarity can transform from its original quality into its opposite.

Peace in this part of the earth would be the starting point of world peace. We must realise that the events taking place in a chakra influence this in return. If we understand that we can support these centres through our actions we will also find out how these qualities support and strengthen us.

In the centre of Europe **the heart chakra** connects East and West. This chakra requires a lot of healing and support. It has been weakened by the recent history of this continent. Therefore it was particu-

According to the cosmic chronology we are at the beginning of the Age of Aquarius that follows the Age of Pisces.

larly important that the Berlin wall, the so-called "iron curtain", were torn down and the border between East and West was opened, for it also constituted an invisible barrier in the heart chakra of the earth. The healing process has not yet been completed. Entire landscapes could recover their wholeness and with them the people and all other beings living in these regions. Every single person can support this process by sending green light from their heart chakras into this part of Europe and thus help the chakra with its regeneration. This will lead the earth and humanity back to a life full of love and understanding.

The throat chakra lies in North America. Related to it is the spiritual culture of the Red Indians and their affinity to turquoise.

The third eye chakra lies across Korea and Japan. It is reflected in the mental and spiritual power of these cultures.

The lotus chakra has its centre in North India and Tibet. In these regions we find a high degree of spirituality. It is the cradle of earth's spiritual heritage that is reflected in the spiritual beliefs of India and Tibet.

So far we have only talked about the main chakras of the earth. However, there are many subordinate chakras in each region on earth . Australia, for instance, possesses its own closed chakra system. This is the reason why Australia is so autonomous; because it is a closed area and is able to provide for itself on all levels.

The root chakra of Australia in connection with the Aborigines plays an important part here. With their spiritual heritage they control the consciousness of this chakra, which is significant for the entire planet.

In this context the task of indigenous tribes becomes evident, as their consciousness and their rites feed the spiritual through these power points. The African tribes, the Aborigines of Australasia, the indigenous tribes of South America and the North American Indians fulfil a particularly important task in supporting the chakras through their spiritual beliefs and orientation. They assist in the development of the whole planet.

When we begin to boost the qualities of our community of states, this will immediately influence the situation of the entire earth. Europe itself is situated in a particularly strong constellation due to a relatively dense radiation of planetary energies. From there they spread across the whole planet. Europe is thus characterised by a multitude of cultures from an extremely dense historical, political and spiritual heritage in a relatively small space. In world politics it has an important position, dominated by the cosmic influences, which affect the entire earth.

It is our current challenge for the European culture to face this complexity and to fulfil this significant task for the wellbeing of the earth. To do so it is necessary to understand and use the variety of information found on the continent of European. For this reason the development of the European

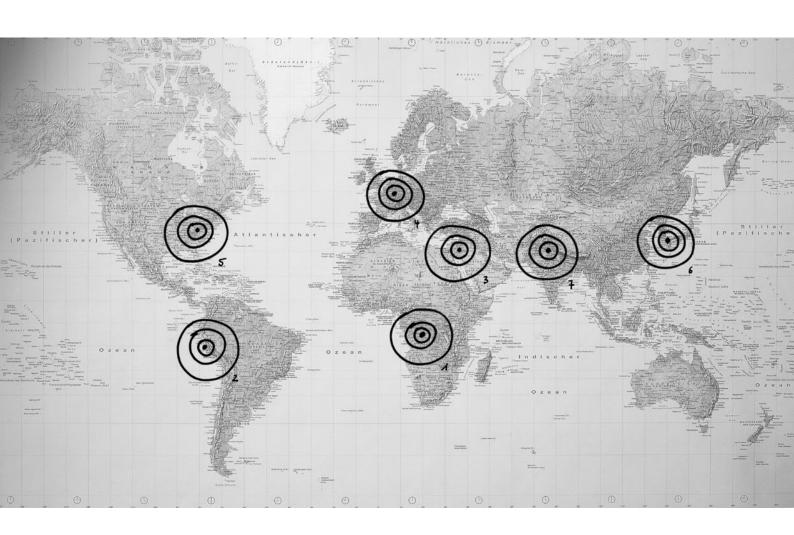
Community fulfils an important purpose, as it creates the foundation for a common understanding of the complexity of the task at hand.

This demonstrates that the energetic systems of a landscape can never be regarded independently from the human life it comprises. The cosmic influences are always linked with life itself.

This explains why, in the course of human history, certain chakra zones expanded significantly due to the influence of human actions and spiritual beliefs. This resulted in the rise and fall of the different cultures.

The history of the earth follows the cycle of the chakras. The Egyptian sun cultures were ruled by the yellow chakra and its qualities; the Mayas were influenced by the orange chakra. The Japanese culture is just experiencing an intensification of the blue quality in both polarities. At the moment the heart chakra is coming into action. This shows in contemporary history.

It is the origin of Feng Shui to understand this and to live in connection with these influences. For the future it is important to integrate the superior influences into the economy and politics and to abolish the isolation of individual disciplines.



The main chakras of earth

The Meaning of the Chakras in the Landscape

In former times people used the access to the chakras in order to integrate themselves into the landscape. Settlers relied on the knowledge of shamans to recognise the location of the chakras. There are a few cities where this concept is still visible today.

When you are aware of the influence of the chakras and use it consciously, you can live in harmony with them and use their power and quality. A harmonious cityscape can only exist when the chakras are flowing in equilibrium.

Root Chakra

Thizs represents the supply of "earth energy", the power of the earth and its fire. It is the basis for the ascent of energy and the connection to spiritual spheres that are fed by these elementary powers. It caters to the elementary needs and distributes the fundamental vital force. This chakra is closest to the fire of the earth and is in immediate contact with it. This explains its transformational power.

On the one hand it controls the ascent of spiritual energies, on the other it is the principle chakra that controls all supply processes. The archaic tribes knew how they could feed this chakra with their songs and shaman rituals. It reacts immediately to singing.

That root chakra gives birth to spiritual energies on earth that maintain the fire necessary for the development and supply of processes of growth. It has a motherly quality, which provides actual and spiritual children with everything they need.

The supply systems for a given city should be located here as well as logistics stations for its community. Everything related to elementary needs and growth is boosted by this chakra.

Navel Chakra

In the navel chakra several aspects are united. It is the power that governs all movement on the planet. Every movement that occurs in harmony with the cosmic power flows in coordination with this vibration. It is initiation energy for everything that wants to manifest itself in life. It carries the creative strength to give birth, to give expression to the inner world in the outer world, to produce manifestations.

It is the direct access to inner knowledge connected with wisdom. Therefore the tribes in South America, where this chakra has its centre on earth, had greater access to higher knowledge.

In cities this chakra field is an ideal place for schools. It enhances the ability to learn and boosts all

aspects connected to study and teaching. It helps with the integration of knowledge. On the other hand this chakra advances movement. Sporting facilities and fitness centres could be placed here. Here you can use the immediate force of the chakras by relying on their qualities of creativity, regeneration and courage. It influences the stability of the psyche and supports the ability to cooperate. Communal institutions are fostered and the strength of the individual is enhanced.

Solar Plexus Chakra

In the solar plexus the flow of peace and the ability to claim one's place in peace manifest themselves. Here we encounter the flow of life that helps us to be in harmony with ourselves. For this reason it would be particularly important to bring peace to the region of Israel, Egypt, and the Middle East. A stable situation in this area will give states around the world the opportunity to find their place in the worldwide community.

In cities this chakra boosts communities of all kinds because it enhances the flow of relationships and helps the individuals find their places. Communal centres are ideally positioned here because the sunny joy it radiates stimulates the lust for life. It is an excellent location for restaurants, shopping centres and other places of enjoyment, because the sun always shines here. It is also a good place for information centres and consultancies as well as for places of meditation.

Heart Chakra

The heart chakra manifests the flow of love, beauty, understanding and truth. This centre of energy should be well guarded as it enables us to relate to each other as well as to be in touch with ourselves. It supports us in our own development and in the development of all the projects we want to undertake. In this environment we easily find love for each other and for everything we do. With a view to the situation of the world the states in this earthly chakra are responsible for finding and creating communication with and understanding for each other. Therefore the political alliance between East and West is of particular importance, so the crack in this earthly heart can be healed. Stability in this region enhances development and expansion in love all accross the earth.

The heart chakra should always have a central position in a community, protecting that which is meant to grown in love. If you give it space and a dedication to the benefit of the community, then love can expand. It is appropriate for all the areas relating to children as well as for all activities that promote relationships. Churches, town halls, city centres with shopping arcades are ideally located here. In the past, churches were situated in the lotus chakra, which demonstrated the orientation towards the spiritual. We believe its place is in the centre of the heart fulfiling the true task of establishing contact with the people. In the lotus chakra of the building, the altar can then find the connection with the Divine space. That would be an ideal combination.

From the centre of the heart chakra all other chakras are supplied with love and connected with

each other. Its vibration opens us up for harmony and the experience of all aesthetic and artistic activities.

Throat Chakra

The throat chakra represents the principle of expressing the spiritual. It is the link between the non-material and the material, between thought and action. It stands for the communication between people as well as with the spiritual. It represents freedom and the perception of our own space.

This is the reason North America plays a superior role in world politics and promotes the communication on a worldwide scale. They formulate the principles of human freedom and are strongly connected to action oriented thinking. This is governed by the concentration of the throat chakra across this country.

On the other hand the North American Indians are strongly linked with the communication with the spirit.

In the **Age of Aquarius** this chakra experiences a new expansion, for up until now it had only been used to a certain degree. This relates to the new ways of communication in our computerised times. It is the chakra that helps us to transform knowledge into understanding and to make use of it.

In a municipal institution, all processes relating to communication should be positioned here; computer companies and call centre. You will be amazed to see how these vibrations boost the processing of information. This energy also fosters all activities and completions. The proximity to the heart chakra supports all production processes.

It is also a good place for libraries and information centres, schools and other educational institutions. Its strong connection with all senses it is an ideal place for music and culture. Concert halls, opera houses and theatres benefit from this frequency, which furthers artistic processes and creates an optimum link with the audience.

Third Eye Chakra

The third eye chakra relates to understanding, thought processes, in-

According to the cosmic chronology we are at the beginning of the Age of Aquarius that follows the Age of Pisces. In this time of now the redemption of the ego takes place by the unification of truth and love.

tuition, and visions. It is a good location for places of learning, inspired by research and an understanding of contexts. Institutions of higher education, universities and research facilities are ideally supported here. It is an equally good place for administrative institutions such as governmental offices and ministries. In this case it is particularly important to strengthen the heart chakra in these buildings because the control function of this chakra can only be balanced by love. A strong aspect of this chakra is its link with visions and dreams. This makes it the perfect place for observatories and cinemas.

It is a place for receiving and communicating visions in harmony with the Divine. It furthers perception and understanding in the communication of projects. Planning centres, architectural offices and places of thought are well placed here.

Lotus Chakra

The lotus chakra can only be enhanced through dedication and prayer. It manifests leadership, direction and a connection with the spiritual. This is not tied to religion or specific beliefs. It is rather a link between our goals and cosmic laws. You should be aware that these are places of transition, which make it easier to manifest leadership and inspiration through the spiritual. It connects us with our task and the purpose of our existence.

In communal institutions this chakra should receive a clear dedication in order to define the orientation and direction of the community. This supports the common approach to the respective goal. A clear definition of where you want to go or what you want to achieve supports common interests and links the individual with this leadership. These goals should naturally be dedicated to the well-being of the entire community. Here, courts of law find support in their attempt to reach decisions inspired by a higher perspective of being. It is a wonderful place for spiritual retreats or for cloisters and monasteries, ashrams or centres of light. In active centres of life it fulfils the task of linking the spiritual with the material life. It is a good place for churches and religious centres as long as the connection with the heart and root chakras is guaranteed. It helps to connect the people with the flow of the earth.

The archaic Power of the four Elements

The four elements are the four components of creation. From these, the earth was created. Their force is unchangeable, indestructible and invincible. The power of the elements cannot be tamed. Together they integrate the creative archetypes of the Divine into the dimension of planet earth and suffuse it with this consciousness. They relate to each other but remain principally unchanged. They connect the creative process by maintaining the cycle of time.

The worship of the elements can be found in many cultures. Man has always known of this power, feeding the elements with rituals, in order to integrate them into his everyday life and the cycle of his existence. This serves to link the forces of fire, earth, water, and air with our personal lives. Thanks to this feedback the we cross the spiritual dimensions of life and are motivated in our development.

The elementary forces are born through the manifestation of Shiva and Shakti. In the process of creation, sounds and vibrations concentrate so that four columns or corner pillars arise, transforming themselves into the elements of earth, water, air, and fire. By honouring these elements in their spiritual dimensions, one also honours life. Each of these elements has a guardian and spiritual beings that inhabit it and develop within this element. These are the interconnected forms of consciousness, called Devas.

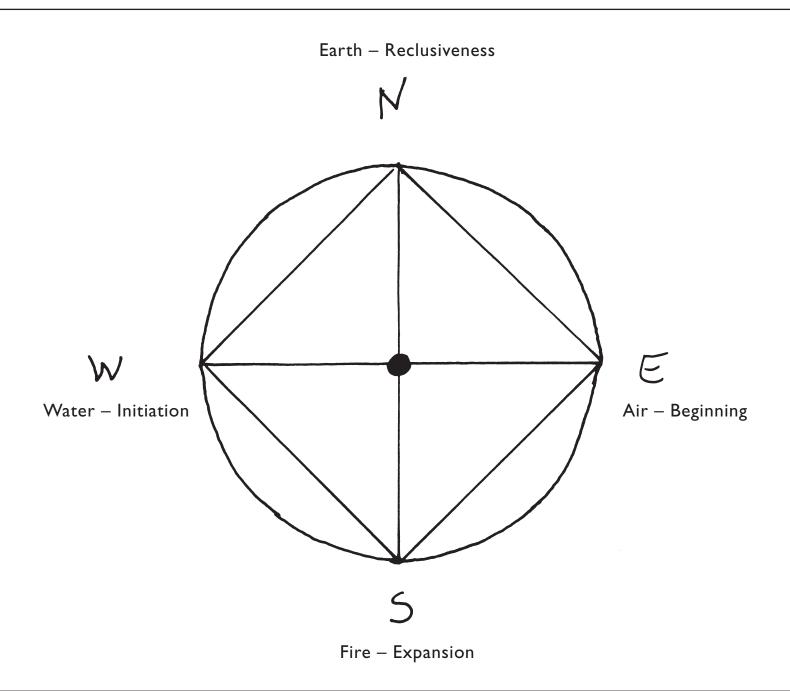
With regard to Feng Shui these archaic patterns of existence are of particular significance. They form the roof under which all forms of life manifest themselves. They feed vital energies in nature as well as in our houses with their qualities of fire, earth, water and air.

They manifest themselves simultaneously in the four directions of the winds. The four elements initiate elementary cycles of the year on earth. Through them the cycle of life circulates within these elements. This creates a cross which manifests the dialogue between the elements and at the same time connects elementary processes. In this cycle the individual forces are in absolute harmony with each other.

Due to the adjacent elements, triangles are created representing the relationship between the individual elements, creative processes manifest themselves through the elementary forces. Within its stable form, earth contains water and water fertilises the earth. Water is contained in fire and also extinguishes it. Air feeds the fire, surrounds everything and lets all things on earth breathe.

The Relationships between the four Elements

From the flow between the elements, further relationships arise that support our life and the natural cycles. Flowing impulses manifest themselves between two elements. The link between two elements gives birth to new things.



The dynamics of the four elements

Air and Fire

They enter into a spiritual relationship, which gives birth to new things. Air feeds the fire and creates smoke. The vital power of fire, and air's inherent spiritual strength release new impulses. Creativity, dedication, inspiration and prayer are related to it.

Fire and Water

This relationship is double edged. Fire creates water, but water extinguishes fire. Together these energies produce the following impulses: duality, stagnation and loss of structure.

Water and Earth

Water fertilises the earth. It feeds the plants. Water forms the element earth and gives it its expression; it creates landscapes, rocks and earth formations. Therefore this connection stands for fertility, growth and form.

Earth and Fire

In the earthly life this communication of elements manifests itself as spiritual progression, success, and prosperity.

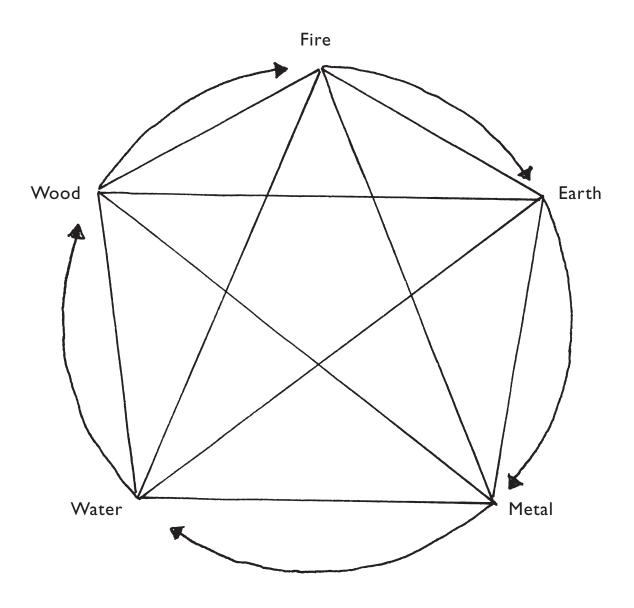
The creative Cycle of the five Elements

The five elements are holy creative elements that were embedded into the earth upon its creation. The five elements are organs, which were placed into the body of the earth where they became part of it. These creative elements are connected with each other and form the eternally fertile **creative cycle** that makes earth produce new things in a process of harmonious rhythmic recurrence. It has made creation on earth possible.

Spread across the earth the five elements create huge places of force. They can also be found in the smallest living space. Comparable to a continuous spiral, the five elements occur successively from the macrocosm down to the microcosm. Distributed all over the earth there

Nature manifests itself harmoniously in this cycle. The elements are nourished and a cycle is created, in which the creation moves from birth to death and remains in harmony.

The creative Cycle



The creative cycle of the five elements

are five centres which maintain these forces. These bring forth the creative cycle. Down to the smallest particle, the smallest rock, the tiniest atom, which manifests itself on earth, we find spiral of the creative cycle that run into each other and connect with each other. Polar manifestations of each of these elements occur.

The creative cycle represents the course of harmonious processes. Earth, space and time are created out of fire. In its core earth gives birth to metal and the cycles of life. These produce water, the flow of life, which in turn nourishes the element wood/air, the fruit of life. Wood is the element of maturity, which, in turn, feeds the fire. This closes the cycle. The highest perfection and transformation occurrs in fire. Everything is returned to the spiritual to be reborn. It is the cycle between life and death. The fire is the beginning and the end, the connecting element between the worlds.

The creative cycle is the image of the positive pattern of creation. In the flow of the different vibrations of fire, earth, metal, water, and earth the transformational phases of nature and human life are born. The previous element always feeds the following one like a mother feeds her child. If imbalances occur in this cycle this will result in disharmony.

In the human being this manifests itself in illness. The objective of Chinese acupuncture is to keep the elements in the body in balance. In harmony with the creative cycle the positive flow of life manifests itself, for nature and the human being.

The global Power Points of the creative Cycle

The Element Fire

Position on the earth: both poles - Arctica and Antarctica

The eternal ice protects the hot exit points of the fire. In the poles it represents the direct opposite of the fire element, otherwise the earth would burst into flames. The ice protects these power points of the fire emanating from the core of the earth, which connects with the cosmic fire and unites with it in these places.

The Element Earth

Position on the earth: at the equator

Power points of the element earth are distributed along the equator. The fire of the earth feeds them. Dislocations have torn the formerly stable ring so that it has become partly instable. On those continents through which the equator runs we find power points of this earth element. These are the focus points of the earth.

Others were lost when Atlantis disappeared. Therefore the earth element is disrupted. These power points still maintain the chain of information for flora, fauna and all minerals.

The Element Metal

Position on the earth: polar location in the primeval forests in South America and Japan

In the forests of South America we find the lungs of the earth. The metal element coordinates the rhythms and processes of the planet. The power points of this element are situated opposite each other, enabling the planet to breathe in and out. The deforestation of the rain forests causes severe damages. This could lead to catastrophic consequences for the body of the earth if we continue to act in such a careless manner.

The opposite pole of the metal element in Japan explains the economic power of this state. Continuous exploitation has equally violated this power point. It would be beneficial to support the Yin energy in this region in order to maintain a balance.

The Element Water

Position on the earth: there is no central focus

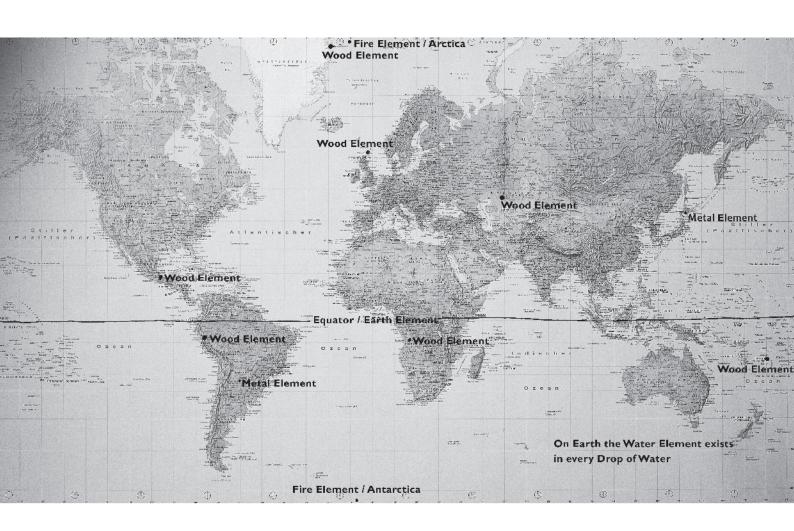
The power points of water are integrated into the entire planet earth. The information is linked throughout the water. The ocean is the main carrier of information. Connected with the lunar water cycle it circulates in the rhythm of the tides and the cycle of the water. In this way it is constantly re-energized and recharged. This network changes very subtly throughout the planet. It is therefore possible to make contact with each drop of water and with the element water and its creative cycle.

The Element Wood

Position on the earth: distributed all over the earth

The element air can be likened to a spiritual flame that manifests itself as a white flame. Columns of light are rooted in the earth, through which the element is linked with the body of the earth. These connections occur at concrete points of the earth and rise up to the firmament. Layer by layer they produce the element air, surround the planet with it and thus create the atmosphere of the earth.

The main information is carried by main columns, which feed this network. The system is structured according to a geometrical pattern with various crossings. At these connection points the main axes can be found.



The main places of the creative cycle on earth

The Element Fire

The archetypal Consciousness

The fire is the spiritual force of light, born into the earth. As a symbol of everything reaching out to the spiritual, fire lives in the centre of the earth and from there permeates the earth's body. Earth contains the fire in its core and guards it. It is the heart of the earth, the heart of the elements, connected with the heart of the universe. Fire gives birth to the planet. When it cools down it transforms itself into the element earth.

Fire is a nourishing as well as a destructive element, for everything is created out of the fire and returns to it. It is the force of the cosmic mother and the power of love. The fire in the earth contains the principle that everything strives towards the spiritual.

In the archetypal consciousness it is the master of the spirit, the manifestation of light. Fire in its archetypal power is the eternal flame that produces the vital forces of life. Fed by the Divine fire, light cannot be controlled. On earth it manifests itself in two ways: the fire of the earth and the sun. It brings day and night. It is in harmony with love. In its Divine form it is the archetype of manifestation and spirit. Whatever it produces is fertile.

But it is also merciless; on the one hand creative, on the other hand it can destroy everything in its path. Nothing is more dominant than fire in its transformational force. Nothing is more benevolent than fire protecting us. Through its flames everything can return to love.

The Cycle of Creation

Fire is the first element of the cycle of creation. Fire is the immanation of the spiritual. Fire is Divine and it is born into the core of the earth in order to manifest beginning and end. It is eternal and inextinguishable and guarantees the eternal recurrence of life in the cycle of creation, embedded in birth and death. Should this fire ever go out, everything would perish. Without fire there can be no life. It radiates from the heart of the cosmos in order to create. As an element, fire is centred in the core of the earth and gives birth to the cycle of creation. It burns from the inside and to the outside and causes the cooling of the earth.

There exists exit points where the earth's fire flows through channels directly to the surface of the earth. Such places of fire can be found, for instance, in *Haidhakan* or *Amritabha*. And there are many others. These exit points are places of force. Once located these places should be dedicated to the holy fire and guarded by holy rituals. They serve to maintain the eternal song to the fire and the Divine on earth and praise God and the Divine Mother.

Everything dedicated to the fire becomes holy, useful, and blessed. Therefore it is important to locate even more places of fire on earth and to return them to their original purpose. This way we connect ourselves again to the eternal life and the Divine.

It is important to meet this fire with rituals. Rituals, which are not misunderstood, staid routines but which are actions that come straight from the heart, that are dedicated to the fire and worship it. Earth's fire flows out and releases concentrations of force at the surface of the earth. When man is in harmony with this, he is in immediate connection with the Divine.

In its completeness fire forms a cycle of three. Earth's fire is nourished by spiritual beings in the earth; it flows through certain channels to the surface of the earth. The only way to use these places is to give them a spiritual context. Then a force field will begin to manifest itself, which connects the cycle of creation in the universe with the cycle of creation on earth.

The rituals at the power points of fire should be carried out with dedication and may take on very different forms, depending on nature, culture, and religion. The respective place, where the ritual is carried out, is immediately transformed into a force field of the Divine Mother. The more intensively these places of ritual are worshipped, the more intensively this motherly, universal force field manifests itself. The most powerful point of fire on earth is Haidhakan, the ashram of **Babaji**. From there light forms a protective shield over the landscape and initiated cycles of creation, which mankind can make use of. They are indispensable for living in harmony with the cosmos.

Worshipping these places of ritual again and returning them to their full power will transform life on earth in an amazing way. It is hard to imagine the changes that would occur in our lives. A stronger influence of the cosmic field of energy around us, the power of Shakti, could manifest itself much more and help us to live in harmony with our-

This is the Ashram of Babaji, an Avatar or manifestation of God, who lived there between 1970 and 1984 and taught the holy rituals of fire. It is situated in the Himalayan Mountains near the sources of the Ganges.

Chateau Amritabha lies in Ribeauville in the Alsace region and was founded by Agni Eickermann. It is a spiritual centre that revives sacred rituals in the tradition of Agni and offers spiritual education and training in the form of seminars. Amritabha means: The immortal light.

This saint, who was worshipped as the incarnation of Shivas, lived in the Himalayas during the seventies. He taught truth, simplicity, and the law of Karmayoga.



The element fire

selves. Such force fields possess an overwhelming power, which can feed huge landscapes, depending on the strength of their centres. Guardians are meant to return to their places of fire to protect and bless these with their ceremonies. The more places of fire are returned to their original purpose, the more fulfilled life on earth will be again.

Fire is the spiritual power that helps us recognise the fruit of our labour. The meaning of life, the spiritual ascent, and love are the things that allow us to reap these fruit in the cycle of creation. It is a controlling element for growth and the spiritual ascent. Rituals and incantations serve to calm the rhythms of the fire. When the fire vibrates in the right rhythm the spiritual fruit for earth and humanity are released. The unpredictability of the fire can only by tamed by blessed incantations and rituals. It is an element that teaches us that we cannot really control anything. This element can only be tamed through dedication. What fire can do when it is not handled properly becomes evident in its destructive potential.

For us this means that we can use the fire to develop our own power and to fulfil ourselves in love.

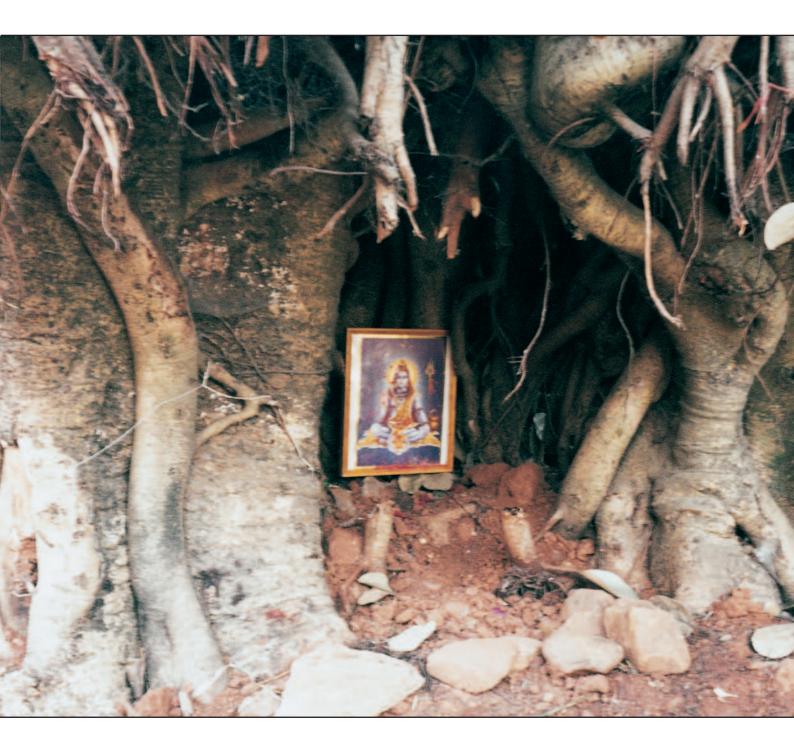
The Element Fire and Feng Shui

In Feng Shui fire is the element that feeds the vital forces and processes in our houses. It fills the living spaces with light.

When we invite fire into our environment we should observe three things:

- I. Fire needs to be fed by love and dedication.
- 2. Fire feeds us and our life-giving forces and should be used respectfully.
- 3. The place of the fire should be established in harmony with the other elements; ideally it should be positioned according to the directions of the wind and the cycle of the five elements. The best place for the fire would be one in harmony with the fire of the earth.

Each fire should be dedicated to the forces of light in order to draw them into our lives. In order to incorporate fire into our living spaces it is important to worship it. Then it will feed the vital forces in our surroundings. To attract the life-giving forces we can use a fireplace inside or outside the house. Alternatively every dedicated candle invites the spirit of the fire into our houses. A dedication is achieved by dedicating the light to the Divine. Where the element fire is guarded with love we find a blessed place.



Fire place, called Dhuni, of the Kali in Nepal

The Element Earth

The archetypal Consciousness

The element earth is the most elementary concentration of light. This element manifests itself in rocks, minerals, and plants. Born in the Shiva and Shakti level it is the embodiment of love. The element earth is the manifestation of creation in matter. It is varied in its forms and the fruit it produces.

It manifests itself out of the spiritual fire and creates space and structure-giving life. Only this way we can experience material existence and give the spirit a visible shape. Earth contains the knowledge of how living and dying alternate in a Divine rhythm. Our bodies are formed out of this element and eventually return to it.

This element is solid and possesses the capacity to absorb energies and let them flow through it, similar to our bodies. It is fertile and produces the harvest from the seeds. The fruit of the earth is of a material as well as a spiritual nature. The human body itself is a fruit of the earth. In ancient cultures this was expressed in rituals. From clay a human effigy was created which was then blessed. In the Jewish culture one finds the Golem that can only come to life when infused with the divines breath. Through the cosmic breath the element is animated and produces fertility.

The rituals of sowing and reaping maintain the natural cycle of the elements. The natural tribes therefore bless this act of creation by celebrating earth as their mother. It is the motherly element, which wants to be fertilised to produce life. The element earth offers us everything we need to live.

The Cycle of Creation

The earth as the maintaining element in the centre of the cycle of creation is born out of the fire. Earth itself is an unmoving element, which is only moved when fertilised by other elements or energies. Earth is the foundation of everything meant to be fertilised. It is a motherly element that creates safety and centring. The earth is the element of the centre, for all the other elements move in circles around it and fertilise it.

The element earth itself does not move; it remains stable. It is the element of solidity and safety, comparable to the four walls with which one builds a house to protect one's life.

The element earth itself is still but it is fertilised again and again by the cycle of the other elements that circulate around it. Therefore the power points of the element earth gather along the equator and thus strengthen the element of the centre and conserve stability.

It is a balancing as well as a stabilising element. It is a point of tranquillity between the elements. When earth and its surrounding elements do not flow according to the cycle of creation and do



The element earth

not interact in harmony the element earth stagnates. This explains earthquakes, which break up this stagnation and recreate the flow.

The element earth is best worshipped by planting seeds. It absorbs them and gives them security, stability and protects their growth. In a higher sense this means that the element earth is the soil from which the spiritual you sow can later be reaped. In this context the meaning of the **seasonal feasts** becomes clear. By celebrating these feasts in the rhythm of the seasons and by dedicating them accordingly, the cycle is stimulated which symbolically produces this cycle of creation in us.

The Element Earth and Feng Shui

The earth provides us with the materials we need to build safe houses for ourselves and our families. We should create our living spaces in harmony with this element. Natural materials which earth itself offers us are beneficial for our lives. They contain sufficient chi. Being natural, they provide us with vitalising forces.

Natural construction materials should be given preference, for artificially produced ones often do not comply with the natural process of the earth. Plastics do not dissolve and thus cannot integrate themselves automatically into the process of life and death. This way we have, unfortunately, already created too many problems. It would be useful if we could invent plastic that dissolved naturally. In general, there is nothing wrong with artificial products. We just have to learn from nature and allow ourselves to be inspired by its compositions.

Everything earth produces is useful. When we use materials in harmony with the element earth we guarantee that we stay in harmony with the earth. The planet derives its name from this element for a good reason. We influence the quality of our life in the short and long term.

This element and planet earth contain all harmony. When we want to lead a life in harmony we cannot do so independent from elementary laws. Only in harmony with them can we achieve a fulfilled life. A natural place of power is ideal to connect the earth with the cosmic energies in order to combine the luck-bringing forces of the universe and to ground them. It equally blesses the earth on which we build our houses and fills them with the spirit of the earth. Earth's energies thus naturally flow into our fields of life.

In the centre of the seasons – according to the position of the sun – a ritual is adopted to praise birth and death of nature. This way the human Being honours the earth and the cosmos, connects with this cycle and flows with it. It is also important that we ground our buildings as well as ourselves. Otherwise these buildings can give rise to illusions, which will never be realised. This could be a reason why a company can never put their projects into practice. In connection with the element earth a pulsating place of power is created which provides its inhabitants with vital energy.

The Element Metal

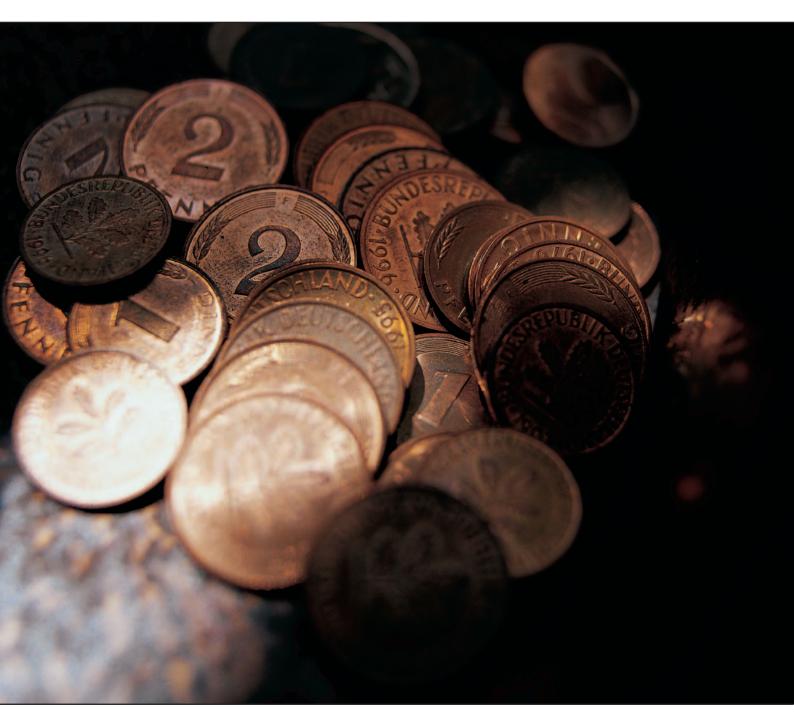
The element metal only relates to the creative cycle. It is bound to the planet as the element that controls rhythms, processes and courses of events. It is able to contract and to expand. In doing so it creates spaces of stillness and expansion. The element metal is connected with the rules of how much something may expand and contract again without violating the laws of harmony. Extreme expansion of one of the two polarities would result in torpor or death. This element corresponds with breathing. Just like the lungs supply the body with oxygen, the element metal regulates the earth and the creative cycle. The element metal is the measure of all things.

From the cycle of fire the element earth produces the element metal. Fire plants the seed into the earth and earth then gives birth to metal. Metal is the element of the right measure of growth and economising. On the planet it controls the cycles of growth so that things can mature and expand and subsequently reduce themselves to their original information again. It is the element that dominates the polar phases of growth.

As a superior principle it influences every form of energy. Money is connected with it. It makes sure that nothing goes into overdrive and thus solidifies. Only when the metal element stays alive, remains in the cycle and is nourished in a harmonious manner, things can grow, expand, and stay alive. The metal element provides the basis for water to absorb information and it integrates this information into the cycle of the earth or planetary conditions.

The Element Metal and Feng Shui

The element metal is associated with money. It stands for gathering and spending. In the force field of metal this energy is stimulated by placing coins here. It is a good place for a safe. When the metal element is weakened this often results in a loss of control over time and the course of events. Then it is useful to harmonise the element in the room and synchronise it with the user.



The element metal

The Element Water

The archetypal Consciousness

In Hinduistic images, water has its source in the hair knot of Shiva, the God of creation. The crown of his head feeds it. It is a symbol of the flow of life. This flow of life that finds its way in order to return to the sea is the symbol of unity.

This element carries the power of movement, of change: progression and the reaching of goals. The element water is integrated into the planetary process; it is constantly in motion. It travels from the centre of the earth to the surface where it then flows through the landscapes to fertilise them and eventually reaches the ocean, where it evaporates and returns to the earth as rain.

The element water originates from the Divine source of being. The quality of the element water signifies life-giving power. Water flows below and above the earth and fills it with fertility and information. Thus water and earth are synchronised. Water receives information coming from the cosmos and provides the earth with it.

By flowing through the earth water charges and aligns the structure of the earth. This way the earth particles take on specific directions. Rocks form themselves in the bed of rivers, or layers of soil are prepared for certain plants which are meant to grow there, for not every plant requires the same soil. It is the task of water to initiate movement, transport information and charge its environment with certain vibrations necessary for the maintenance of life. At the surface of the earth it fertilises the landscape.

Our bodies contain almost 80% water. This element harmonises vibrations. It is capable of producing resonance and at the same time possesses an inherent archetypal pattern. These are the impulses of creation. Water receives the impulses and passes them on.

It is the element of baptism, for it is able to initiate the impulse of creation of each soul at this moment. The manifestations of this element are so varied that they can guarantee the widespread distribution of impulses of creation. Therefore the ocean is regarded as the source of life. Water received the impulses of creation in order to give birth. Its basic characteristics are life-giving fertility and creative impulsiveness. As a holy element it symbolises the purity of existence. The clarity of water enables us to clear ourselves and to receive new information.

The Cycle of Creation

The element water stands for the path of life. It represents the current that flows in harmony with the cosmos. It stands for movement in harmony with the cycles. At the same time it is the element of tranquillity and contemplation. It lets the power flow back in order to concentrate on the centre. This happens in winter when the forces in the water withdraw into the centre of the earth to

find silence and tranquillity. The element water connects the lunar cycle of planet earth with the superior cosmic cycle. The moon drives this element through rhythmic cycles. This cycle, embedded in every single drop of water, reflects the lunar principle.

The water element is a principle – like a tuning fork – that can be struck repeatedly by impulses, which are generated by the moon. The moon is a catalyst. In the water, movement and contemplation in tranquillity are united. Water forms a delicate network throughout our bodies as well as through and across the planet. It is a carrier of non-material information that adapts to the vibrations of the universe. Its principle energy is attributed to Yin, for it is receptive and not dominant.

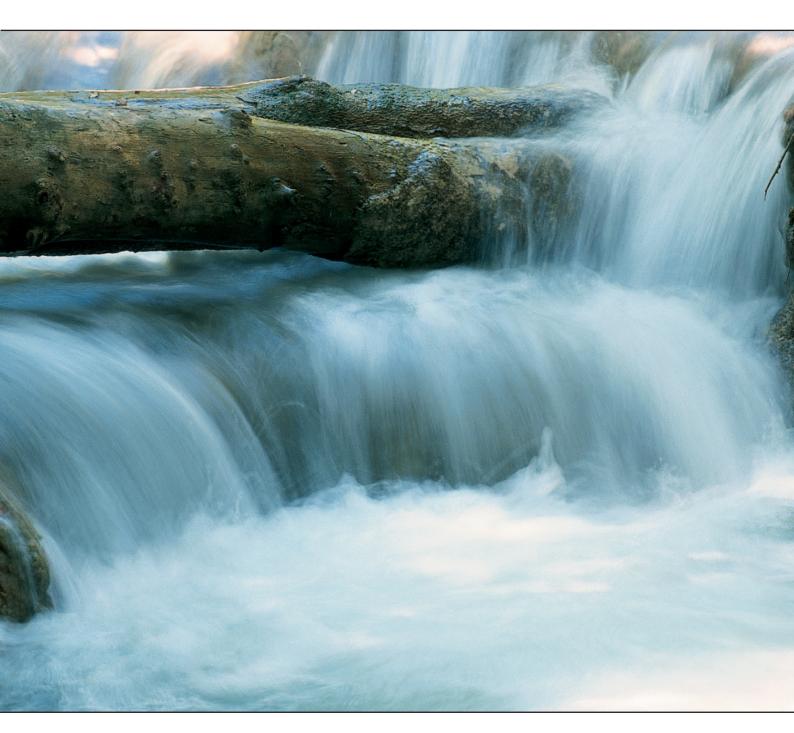
The universe emanates information, which is picked up by water thanks to its highly sensitive receptivity. Water then provides the entire planet with this information and makes it possible for changes to occur because it possesses the quality to receive and transport these universal vibrations. It reaches even the smallest part of the planet. This element is a messenger. In the New Age these vibrations take on new frequencies, which are passed on to the consciousness of the earth via the water. It is like a computer that receives and transports messages.

However, water in itself is still and silent. Meditation and contemplation is aided by water for this element strengthens our receptiveness for the cosmic currents. The principle structure of water is unchangeable; it only changes through the vibration to which it adapts. It is the element of cosmic sound and maintains the flow of the tides on earth. It uses the flow to pass on information. For this reason water is integrated into a cycle; it evaporates and moves through mountains and rocks. This way information it has picked up can reach all layers of being.

It is an important element in Feng Shui, because through it specific vibrations can be attracted to a house or any other place. Water is self-cleansing and thus attracts only positive characteristics, no negative ones, as long as it is integrated into its natural rhythm and can recharge and discharge itself.

Water contains an infinitely strong power and, like all elements, it is indestructible. Without control it can become destructive. It maintains the flow of movement in harmony. This element uses its power to break what obstructs the flow.

Water is closely linked with the navel chakra and helps to externalise creative impulses. It controls all movement on the planet. Water becomes destructive when it is over-energised. It breaks out when it is flooded by too much information and thus becomes overcharged. In order to avoid floods water can be balanced by the elements metal and wood. For a harmonious flow water needs this balance of the elements that come before and after it in the cycle. Only this way it can fulfil its function.



The element water

The Element Water and Feng Shui

The integration of the element water into our life releases those impulses that attract the cosmic currents and the flow of life. It picks up the creative impulses, which create positive sources in our life. It attracts the chi and makes it flow in our environment. In China it is analogous to the flow of wealth.

At the same time it brings clarity into our lives. The cleansing function of water is a basic function of life. It is therefore beneficial to install harmoniously flowing water, because it constantly attracts the chi, in relation to the energy you want to set free. In a tranquil state it turns stale because it cannot recharge itself. Without movement the spirits of life die.

It generally strengthens the flow of harmony, wealth and joy of living around us. The source of life enters and the cleansing function of water makes sure that our rooms are flooded with clarity. No other element furthers the ability to reach into the depths like water does. It is no coincidence that the depth of the ocean is a symbol of reaching into the depth of the soul and finding the treasures of human life. A pond in one's living space represents the depth of life and its inherent treasures as a part of life we invite into our consciousness.

In rooms the water element should be harmonised with the orange or the green room chakra, so that it can make love flow. Another possibility is the power point of water in the cycle of the five elements. In all of these places it develops a different quality.

In any case a specific place should be attributed to this element, be it a well or a bowl of water filled with crystals and rocks. It would be ideal to integrate both characteristics of water into our environment. On the one hand moving water that advances the flow of the chi and, on the other hand, still water to support contemplation and the depth of meditation. To do so, one should place a well in front of the house in order to increase the flow of the chi into the building. Behind the house there should be a pond, to further tranquillity and to maintain the expanding prosperity. A bowl of water containing crystals brings treasures into our consciousness, which are ours to keep.

Use water in order to make the movement in your life more fluid and to give space to tranquillity and the contemplative moments on your life.

The Element Wood

The archetypal Consciousness

The element wood soonest resembles the spheres of the spirit. No element is as flexible, as unlimited in its expansiveness. It is associated with the sky, the freedom of flying, the unlimited possibilities of the soul and the imagination. It is nourishing in its creative quality as fire cannot burn without air, plants need the oxygen and we humans breathe it. The air is associated with the expansiveness of the unending horizon, the freedom to expand and to develop. Gusts of the air are



The element wood

always connected with the picture of free dancing and floating. The element cannot be limited. It can consolidate or expand. It reminds us of the lightness, the openness and unlimitedness of being.

Like the element water the element wood with its air quality also passes on creation impulses. The air is a sort of vibrating medium, similar to sounds that are also allocated to this element. The air is a very flexible element. The spirituality of the air can easily assimilate to the circumstances. The element water closely cooperates with this element. Water reabsorbs creation impulses, air transports them. For good reason the messengers of the Gods have wings. The air carries the information that comes from creation.

The element wood is governed by the winds. The shamans have very much venerated the wind ghosts. In rituals, they unite with the four winds. This is seen as a connection to the peoples that are scattered to the four winds. Shamans have the ability to travel with the winds in order to get everywhere. The wood element quickens man to rise to new spheres; it inspires to try new things. In connection with the exploratory spirit this element gives the freedom man needs.

The Cycle of Creation

In our everyday life the wood element stimulates our ideas and feeds our creativity, which can expand this way. It provides these ideas with growth and maturity. The wood element is the alchemist among the elements.

In the creative cycle it is the last element before the fire. This point signifies the completion on an earthly level. Completion should be understood in the sense that something that has been concluded is given over to the fire so that something new can arise from it. The fruit of the earth mature in order to feed the spirit. The energy is given back to the universe so that it can receive new impulses. The wood element is the end of a cycle. It is the conclusion and the climax of ideas. The absolute completion of a cycle through which is can find a new beginning.

The wood/air element presents itself as a swirling, expanding element that rises in a dance and inspires us to new heights, which it then initiates from this point. It is the completion of a cycle, which leads into the fire.

The Element Wood and Feng Shui

The element air/wood fills our rooms with spiritual power and allows us to get in contact with the spirit. The rising smoke is a symbol of communication with the spiritual. It carries the dimensions of the soul into our living spaces. There is a reason for talking about a "charged" atmosphere, or changes in the atmosphere. This element can carry spiritual dimensions and qualities in the positive as well as the negative sense. Under auspicious circumstances it feeds the soul of a place with Divine qualities.

When we create a place of power for the element air, we should dedicate this to the four directions of the wind in order to maintain the lucky powers of the spirits. In this place we experience life as limitless. It is our place for mental travels, a place for communication with spiritual beings and with our ancestors. It makes us look up to the stars and become one with the cosmos. It allows us to be open to influences from the universe, spiritual messages and enables us to communicate with the spirit.

The Elements and their corresponding Materials

The elements correspond with certain materials and colours:

Fire

Fire, light, candles, lamps, volcanoes, glowing coal - all shades of red

Farth

Minerals, rock, sand, clay, ceramic and soil - all shades of beige and brown

Metal

All metals, gold and silver - all shades of white

Water

Bodies of water, rivers, wells - all shades of blue and black

Wood

Plants, trees, wood - all shades of green

THE SECOND SEAL

The cosmic Influences



Cosmic Influences on the Planet

Planet earth is part a cosmic environment and lives in harmony with the consciousness of the universe. In this union the cosmic chi flows through the body of the planet and energizes it.

In the level of creation where Shiva, the creator, and Shakti, the creation, unite, psychic forms manifest themselves that create the universe through light and sound. In its origin the physical body of earth itself is also a composition of sound and light. These are the creative components of the psychic body of the earth, which is in harmony with these levels of existence. Through it the life-giving currents enter into the body of the earth to create life.

In the sound part of the planet's psychic body energetic fields manifest themselves which are the original sources of the chi. These cosmic movements give birth to the currents of the chi so they can flow into the body of the earth. They permeate all levels of existence and animate them until they enter into the physical body of the planet. The composition of spherical sounds creates the landscapes, the archetype of matter which, creates all forms of life.

These sounds form a connection with the fire of the earth. In the finest layers compositions of unperceivable spherical sounds occur, which concentrate into landscapes and earth formations. These spheres of sounds, which can be compared to instruments tuned to certain frequencies, transfer the vibrations to the body of the earth.

This way the fire at the earth's core is stimulated and coordinated and can thus produce structural forms. Thus the landscapes and their elements are created. Born from Shiva and Shakti the information currents of the chi are transferred via the surrounding planets and form a connection with the body of the earth. In this symbiosis the planet designs itself in its various manifestations.

These bodies of sound vibrate above the earth's atmosphere and charge it continually. There is a membrane between the earth's atmosphere and the sound spheres which protect the body of the earth. It helps the planet to maintain its position in the universal field, holds it like a protective hand. All changes in the planetary field occur through shifts in the sound body which create new frequencies which consequently manifest themselves in the body of the earth.

Music in harmony with the levels of the universe is closely connected with this level of creation. It recreates the harmony and thereby stimulates the inaudible vibrations of the spherical sounds surrounding us. This is the reason why people love music so much. When the music is in harmony with the sounds of the spheres it produces resonance, the human body is energized and a longing for the origin of light is created.

The second way in which creation manifests itself is via light. When Shiva and Shakti unite, light is born. The Hindu rock of *Lingam* is a symbol of this. In India these perfectly shaped rocks are gathered in the river Narmada. They are manifestations of creation, which is the light in the body of the earth. Light is born from the Shiva-Shakti body and then flows into the planetary consciousness. It is the cloak that envelops the earth, the cloak of the Divine Mother covered in stars.

Stars emit impulses of Shiva and Shakti, which are transferred onto the planetary body via frequencies of light. When the starlight enters the body of the earth, chi is initiated in every body. The chains of information of the space and time continuum enable the human beings to develop a consciousness for this.

These crystallisations can be found in the spiritual body of the earth, from where they are filtered into the other bodies of the planet so that they can manifest themselves in the physical life. The substance of space and time consists of two powerful currents of chi, which form an intricate pattern.

Feng Shui is the science that deciphers this structure. One current creates space, the other creates time. Into this continuum planetary consciousness is integrated and is stimulated. The patterns of creative chakras are thus energized and the cycle of the five elements are animated.

The Resonance Bodies of Light and Sound

Each manifestation in this universe possesses its own light as well as its own sound. Both form a certain frequency of the individual consciousness of the soul. They become evident in colour, fragrance, and manifestation of the body and create personality. Every human being, animal, plant, every element is surrounded by a non-material field. These resonance bodies are connected with the ethereal body of the earth and the universe. The light and sound frequencies which flow to

This oval shape contains the poles of creation, the two focal points of God's presence. It is the symbol of the Divine creative power. In its natural form it occurs in the sacred river Narmada, and it is worshipped in rituals.

the body of the planet transform themselves in vibrating living fields of the chi.

Human beings are vibrating resonance bodies in constant exchange with the chi surrounding them. The same holds true for animals and all other living beings. New fields of communications arise all the time, which enter into an exchange with different energetic frequencies. The light and sound body of the earth corresponds to the light and sound body of the human being. This manifests itself as an aura field surrounding the physical body.

Our non-material frequencies react immediately to the chi surrounding them and are influenced by it. The emotional body resonates with these frequencies, filters them, and reacts if necessary. How awake we are, influences how much we are aware of the frequences.

All things that occupy us leave traces in our *aura*. Depending on our inner direction our fields of vibration are tuned to the frequencies of our goals. The highest frequency, which creates an immediate connection with the spiritual body of the human being and the universe, is prayer, the communication with God. We therefore find the highest frequencies in temples with a dedicated direction towards the Divine.

This non-material field surrounds each human Being and is visible for clairvoyant people.

The light and sound frequencies reflect the state of the human soul. By turning towards the light the aura clears itself and the sound body is ordered. This enhances the flow of energy and thus the well-being of the respective persons, who are in harmony with themselves and their surroundings.

Two poles manifest themselves between human life and the universe. One is the energy that flows from the cosmos to the earth, the other the orientation towards the Divine and the love of the cosmos. Both influence the planet and produce evolution. For this reason it is important to clear up one's own mental, emotional, and spiritual vibrations and to contribute to the development of the entire planet by turning towards the light.

If this does not happen and the bodies remain uncleared, the atmosphere becomes charged and this power can disturb the planetary body. We can compare this to the beauty of a clear lake in contrast to a polluted one.

In the Age of Aquarius the human beings are consciously led towards

their frequencies of light. The result is a reawakening of the pure light and sound vibrations in our bodies. This is the chance to transform polluted fields that have already taken hold on earth, and to harmonise them again with the cosmic rays. This transformational force which currently flows from the universe down to earth can only take effect through dedication to the spiritual level of Shiva and Shakti. Only this sphere of existence can manifest the healing power, which is able to heal existing imbalances.

The mental and emotional pollution of the human spirit have formed massive zones of **Sha** above the earth. Through the power of love and orientation towards the spiritual we can re-establish a connection with the Divine power that enables us to transform these zones of darkness and bring them into the light. This helps the earth to regain a balance so that cosmic rays can flow freely back into the body of the earth.

Chi that is charged negatively or stagnates turns into Sha.

In our times it is particularly important to transfer this consciousness into our lives. The tasks connected with this must be translated into action. This way we can help the earth to solve existing imbalances and to manifest a harmonious life for all beings on this planet.

The cosmic Sound

In the heart of Shiva and Shakti, the Divine existence in which creator and creation have become one, frequencies of sound are created that are connected with the soul. This is the language of the universe. As human beings we possess the capacity to attune ourselves to the sound bodies of our own souls as well as to the sound bodies of any other being. We do this by immersing ourselves into inner tranquillity. This enables us to communicate with our own light as well as with the consciousness of other beings.

By turning towards these subtle vibrations we gain access to healing frequencies of plants and minerals that help us heal imbalances in our bodies. We can learn to understand the languages of the various forms of existence surrounding us. Through being in tune we achieve the state of Alpha perception, where we are able to communicate with animals, plants, and minerals. By increasing the vibrations through meditation it becomes possible for us to recognise the unity of love, and our hearts will open up to an exchange, which can occur on a different level of understanding.

Human beings live in extreme isolation, for most of them have forgotten how to communicate with the consciousness surrounding them. Shamans and healers have managed to retain this ability.

The realms of plants, Devas, minerals, and angels offer many gifts for human life and our development. By opening up we show our readiness to accept those.

In contact with this consciousness we can achieve healing, for us as well as for the earth. Our orientation towards these frequencies of light provides us with information and access to light that supports us.

Music is an important medium for healing, as long as its harmonies correspond to the cosmic laws. Through music we begin to understand and open our horizons. It is a chance to leave human isolation and become whole again.

The cosmic Light

The cosmic light becomes visible in the manifestation of the rainbow cycle. It is the consciousness of the universe. It originates in the heart of Shiva and Shakti and separates into the facets of the rainbow upon entering creation. This way different frequencies of vibration are released, which are linked to the consciousness of creation and with Divine characteristics.

In the purity of its origin this light of the chakras reflects Divine life. Imbalances result in a distortion of the frequencies and disharmonious colour vibrations occur. Through the pure lights of creation communication with the universal consciousness and methods of healing through pure cosmic light become accessible to us.

There are already a number of methods to make use of this knowledge. Many new ways of healing are opened up. Harmonisation with the cosmic light also enables us to experience ourselves beings of light. Working with light helps us to unite with the pure consciousness. At the same time imbalances are restored to harmony. This holds true for everything that manifests itself as harmony on earth.

Working with light and colour makes it possible to establish harmony within ourselves as well as between us and the planet.



The Transformation of Force Fields

The Direction of the human Being counts

Earth is a closed organism formed by the currents that flow below and above its surface as well as the fine non-material spheres surrounding it. It is in constant exchange with cosmic influences, which maintain the body of the earth. Thereby those impulses are released that initiate creation, which makes evolution possible. As long as human beings do not interfere with this system, these energies are in harmonious exchange and influence each other.

Earth is a planet serving human evolution. In this organism the human beings are the only creatures capable of shaping their world according to their own free will. This is the central principle of humanity, for it forces us to choose how we want to live our lives.

At present we have reached the threshold of a new consciousness on earth. For a long time humanity had the opportunity to expand across the planet according to their own desires. The interference of the human consciousness in the planetary life did not always occur in harmony with the cosmic laws. Many natural systems of the earth became imbalanced.

We now get to the subject of which choices we have in our development. It is an aspect of human nature that we can decide whether we want to develop in harmony with the Divine light and will or not. This is solely our own decision. There is an inherent danger that we might leave the harmony of those laws and willingly create a course for our lives that goes against the Divine nature.

Love is the foundation of the universe. In our capability to move outside the Divine harmony, we find the key to our spiritual evolution. It is part of our development, comparable to puberty, which contributes to motivate our inner being to formulate a clear goal. This, in turn, is comparable to the initiation to an adult existence.

We won't go deeper into this topic. It is not about the assessment of right or wrong. The reason we approach this topic is that the interference of humankind has already caused many imbalances in the planetary terrestrial body.

The Transformation of Force Fields

In the Divine laws we find the knowledge of how imbalanced energies contain the possibility to return to perfection and therefore to balance. These are the fundamental laws of Yin and Yang. They are the rhythms that produce creation. Out of the movement of the pendulum and its balance new things can arise.

Within ourselves we carry the possibility to initiate change through access to the Divine light and consciousness. This does not only occur when we heal disturbed fields but we also experience this daily, every second a life is created.

Access to the light provides us with the information of how we can influence the different levels of consciousness. Depending on where we exert our influence, we need different tools and access levels to initiate a change.

Force Fields of the Chi

The current of the chi, which flows below and above the earth as well as in our houses and buildings, is an individual level of consciousness. Only in harmony with the laws of this level can we act to clear up disturbed fields and to make stagnating zones flow again. Acupuncture is a perfect example of how disrupted currents in the body can be balanced through precisely placed needles.

On the level of the organism of the earth trained consultants of energetic Feng Shui use signals similar to acupuncture, which are placed at specific points of the organism, to heal disrupted currents.

To do so we use holy Feng Shui sign that release impulses of light, which correspond to the level of the earth chi. We heal using the things we want to heal. These signs are an ancient language and contain immediate information of light. They are guarded and only passed into experienced hands that can protect the proper use of these powerful energies. They can only be used in harmony with and through access to the Divine laws of the eighth chakra, for they have the immediate power to change and transform the currents of the chi. Therefore these signs are only used to repair imbalances and to reintegrate them into the main current that flows in harmony with the organism of the earth.

Transformation of Force Fields in the emotional Consciousness

On this level we can heal disharmonies with light. It is important to use the correct light for the respective purpose in harmony with the laws. In this case we use the frequencies of colour vibrations as well as those of sounds and fragrances, which are able to heal in these subtle, non-material spheres. Through the access to the Divine light via the eighth chakra the chakras can be used in their individual colour qualities, or white light that contains all spectres of light. This can only be achieved in cooperation with spiritual helpers, for these guard the light and allow us to use it.

White and violet light helps to change and transform, green light heals. Also on this level we must recognise in harmony with the laws when, where, how and to what degree we may bring about changes.

The elementary beings are the consciousness that inhabits the emotional body of the earth. Therefore we can only heal them with light when they have become imbalanced through interferences or manipulation. On this level of the emotional consciousness the healing frequency is the light itself.

Transformations of Force Fields in the causal Body of the Earth

Disturbed causal fields manifest themselves as karmic patterns in the organism of the non-material body of the earth. They are a heritage of past times, which manifested fields of disturbance in this body according to the law of cause and effect. Often they present themselves as dark patches in the non-material body of the earth.

These fields can only be dissolved and transformed via the access to the non-polar level of creation of Shiva and Shakti. The non-polarity is necessary because a polar interference would result in an even greater wave of cause and effect.

In these disturbance fields we often find beings that are either immediately connected with these karmic fields or have got lost in them. They are beings we would normally refer to as ghosts. Frequently they are deceased humans, who have not managed to abandon their links with the material world, or whose own karmic fields ties them to the level of the earth. Thus they cannot leave the level of earthly consciousness as intended.

They do not cross the threshold of death in order to enter the spheres of light and to develop according to the law of light, but they remain in an unconscious state at an in-between level, which is neither light nor incarnate life. These beings can most strongly disturb the atmosphere of a room they are tied to. They produce emotional vibrations that influence the body of the room.

Also at this level changes can only be achieved through non-polar access to light. In harmony with the laws of light these spirits can be released. The rooms they formerly occupied thus become free again. This is done with posthumous death care.

It is the task of the Feng Shui consultant to dissolve also karmic disturbance fields in the causal body of the earth, using the knowledge of these laws. Here an expert handling of the accesses of light is particularly important, as this level is very complex and negligent work can result in unplanned and unpredictable reactions. It is therefore extremely important to leave these tasks to consultants who are able to cope with this level.

Strengthening of Force Fields

In Feng Shui we are not only required to confront force fields that are already disturbed but also places, which are in resonance with special qualities of light. When we recognise these we can enhance them through working with light and thus help to manifest places of power. This can only be achieved in harmony with heaven and earth. Such places are already predetermined on earth. It is in our hands to bless them and fill them with meaning.

Wise Feng Shui masters use this knowledge for sacred Feng Shui, which remains a secret even today. All over the world we find places – usually of high cultures – that testify of worship of this kind.

Examples are Stonehenge, the pyramids, the edifices on the plateaus of Peru, or temples in India and throughout Asia. Many of these powerful structures were created through the conscious use of Feng Shui or a similar science.

These blessed places of power always served the purpose to concentrate the conscious information of heavenly and earthly forces and to enrich life this way. It is a powerful tool to install these places of power according to their predispositions and to increase their potential in harmony with the laws and the work with light. They were never intended to strengthen objectives of individual power but they are spiritual places, which should serve the community.

In the course of history these places were often misused for the realisation of personal interests. The Catholic Church, for instance, used this knowledge to build churches there and exert also worldly power; the Chinese emperor used these places of power for his own interests. However, this only results in a short-lived manifestation of selfish power. These places consequently lose their meaning.

In harmony with Feng Shui we should begin to return the forces the cosmos provides for the earth to their intended purposes. This is a task for the future.

Room Clearing

As a result of civilisation, today we are confronted by centres where numerous different energies come together. In cities the energetic field is particularly dense and the energies overlap.

It is the aim of Feng Shui to create the optimum state for the respective life and work spaces in order to achieve the highest possible harmony in one's surroundings. In most cases we do not create living spaces anymore that are new and independent, but we usually occupy life and work spaces, which were inhabited by other people before us. Have you ever thought about the fact that the spirit of your predecessor may have left a certain mood? Everything we do, feel, or experience, leaves traces. This is referred to as the "soul of a place".

We are not indifferent to these energies that constantly surround us. Positive memories of a place fill us with optimism and negative memories bring us down. Feng Shui advises business people to move into a successful area, in order for its spirit to stimulate their businesses. Have you noticed that certain commercial venues constantly change their proprietors? The information stored in this place might read "bankruptcy". If you do not pay attention to this it could be that your own business suffers the same fate as those of your predecessors — despite all favourable aspects. There simply are places where one feels at ease and others where one does not. We all have a natural instinct that shows us how the surrounding atmosphere is charged.

These buildings first have to be cleaned so that you can make a fresh start into a cleared living space. Mental, emotional, and spiritual pollution is cleared up, everything unresolved is transformed so the environment can recover. The soul body can breathe and fill with chi again. In Alpha Chi we

use different methods depending on the problem at hand. The salvation of spirits is as much part of this as the clearing of curses. Do not underestimate the power of such energies that are stored in the soul body until somebody clears them and brings them into the light.

I know a shopping centre in Berlin that is such an unlucky place. A curse obstructs the entrance of luck-bringing chi and prevents businesses from flourishing. The karma of a place is as present as the karma of a human being. With love and dedication to the Divine we nowadays have the chance to transform many causes from the past and to cancel out their consequences.

When healing a place one usually encounters areas, which should be addressed only by a qualified Feng Shui consultant, because there are energies and spirits that like to attach themselves. You should never interfere with areas you cannot bring into the light. Nevertheless, it is important that the people living in such spaces support the clearing and regeneration through spiritual exercises and *visualisation*, in order to make a conscious contribution to the spiritual maintenance of a healthy living space.

Inner images that stimulate the consciousness.

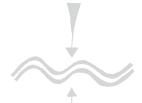
The Soul of an Object

Many cultures believe that certain things pick up the soul of a person when they are touched. It is true that objects store spiritual memories. An environment filled with light will charge objects with positive energies. On the other hand materials also absorb and store negative energies. Materials such as wood and silver are extremely permeable for information of their surroundings. It may be that the desk you inherited from your father still emanates the energetic information of success and thus supports you. Or the opposite could be the case.

It is the task of Feng Shui consultants to find such objects and clear up these disturbances, for otherwise they will affect the atmosphere too strongly. You will be amazed by how much this can transform the entire atmosphere of a room. Only one piece of furniture could result in a loss of chi so great that it affects your well-being. It absorbs our energy. Once the information has been cancelled, the object is like new and can be filled with new information. You should therefore attempt to consciously fill your home with love, as this reflects back on you. All pieces of furniture and other objects with a positive aura will fill your atmosphere.

THE FOURTH SEAL

The spiritual Beings



The spiritual Dimension of the Earth

Planet earth is a living being. It is characterised by its inherent complexities, which give room for development to the various life forms living there. It is an independent organism. In many religions and shaman traditions it is referred to as "mother earth", because they understood that this planet possesses a consciousness.

Many cultures possess the knowledge of how to make contact with the earth and its consciousness. The shamans have holy traditions to honour this mother, their mother, that gives them a home. Planet earth is a highly developed being determined by its own evolution. It possesses a complex consciousness, which is protected by spiritual guardians. Earth as the mother of life itself gives a home to many beings and guards their growth within its consciousness.

Born out of the fire, the planet took shape by dividing into the four elements. The archaic forces of fire, water, earth, and air were thus created. Each of these elements materialised in the planetary body and formed structure. Over every one of these forces watches a spiritual guardian, and these possess their own Divine consciousness. Agni is the master of fire, Indra is the Goddess of air, Pan the master of earth, and Varuna the Divine dimension of water. Underneath them there are many elementary beings that bring the respective element to life and protect its various manifestations. Together they create the consciousness of the planet. It is not only mankind that undergoes spiritual development but also the elements and their spiritual dimensions are part of an evolution.

The archaic elements are bodies of sound, born at the level of Shiva and Shakti. In this dimension of creator and creation sounds and vibrations intensify so that they create four corner pillars and thus manifest the directions of the wind in the planetary body of the earth. This way Shiva and Shakti give birth to the elements earth, water, wind, and fire. In the context of this cycle the seasons are created. These cycles produce incessant creation on earth. Time and space manifest themselves and within them life on earth forms itself. In the worship of these elements in their spiritual dimensions worship of life is expressed.

Each of these elements is dominated by an archetypal sound. These archetypal sounds are resonant bodies that give birth to the elements in a ritual dance. They are the archaic forces that the planet and we human beings need, in order to be able to enter into certain cycles of creation.

Fire, earth, water, and air are terms for elements of life without which creation could never take shape. Shaman cultures were always aware of the importance of a connection with the "spirit" of the elements. Only this context made is possible to pass through the spiritual dimensions of life. By connecting with these we enter into other dimensions of consciousness.

The elements determine the consciousness and produce the directions of the wind that initiate the seasons. In connection with sun and moon they control the cycles of day and night. This way human beings can experience the changes in space and time.

The four elements are components in the complexity of the planetary consciousness. The other components are the chakras that produce the rainbow cycle in the landscape as well as the cycle of the five elements, which controls the creative processes on earth. These are the earth-related elements of the planet.

Just like the humans earth also possesses non-material bodies that cover the physical body and control processes and interactions in the consciousness. In order to produce life on earth different forces cooperate and manifest creation.

If we want to understand how the landscape and the body of the earth function and how we can restore existing imbalances, it is important to know all components and their laws.

The elementary Consciousness of the Earth

In mythology we read about legends and fairytales of dwarfs, pixies and fairies. We have all heard mysterious stories about ghosts and guardians. Stories such as these can be found in different cultures, for instance the belief that nature is the home of spirits, or the personification of a consciousness that allegedly guards homes and houses. These are just symbolic expressions of what people perceive on a non-material level, beyond their everyday lives.

Above the material manifestation of the earth we find several layers of non-material levels surrounding the solid body. This is the consciousness that gives nature its soul. What is described here is simply the perception of individual beings with non-material bodies. It is reported repeatedly that people have actually seen such beings. Some cultures have consciously integrated these creatures into their worldviews. Just think of Ireland, where people still believe that Leprechauns or fairy hills exist. Other examples are the stories about Yetis that live in snowy landscapes. In Tibet these beings are worshipped as Daikinis, and throughout Asia one can find references to the belief in creatures living between heaven and earth. The shamans worship their spirits and perceive them as part of their lives.

All these creatures are part of the elementary consciousness of the earth. They can be compared to the emotional body of the earth that is responsible for the development of nature. It is an emotional consciousness characterised by the four principle elements of life: fire, water, earth, and air. These powerful elements of life are permeated by consciousness. They are inhabited by spiritual beings that guard and control them. These forms of consciousness are referred to as elementary beings.

Whether you believe in those worlds or not remains up to you. Regard them as stories, fairytales, or the longing for an enchanted world. On the level of consciousness there are no limits. Human perception is individual. Some perceive these forms of consciousness of elementary beings as personifications, others experience them as energy. There are people who actually see such creatures in the shape of dwarfs, pixies, or angels. Others just feel the power of a plant, of fire, or of a landscape. It makes no difference how you approach these elementary worlds; be it in an imaginary

way, or through a feeling for the origin of this power. It is a question of personality and it remains up to you.

When you are ready to encounter this world, this will always enrich your life and broaden your perspectives. Those people, who were open and thus had the opportunity to make contact with beings of nature, always regarded this as a worthwhile experience. It is no coincidence that up until today fairytales or fables about these worlds still fascinate and enchant us.

We mention this in regard to Feng Shui, because in our living spaces we often encounter forms of energy that have souls, even if we cannot identify them. In the landscape we cannot gain access to this consciousness without the support of the elementary beings.

Our Feng Shui school consciously integrates the work with elementary beings. At this point we turn our attention to the elementary beings. There is no better basis than to create gardens with natural beings or to provide places of force for them. These support us when we want to live in harmony with nature. We can hardly design harmonious living spaces without paying attention to the places surrounding us that are characterised by an elementary consciousness.

The project Findhorn in Scotland is a wonderful example of the possibilities that open up to us in contact with the knowledge and the wisdom of these creatures. It is the story of people who, in Scotland's most desolate landscape, created flowering gardens through contact with spirits of nature and elementary beings. Even in winter, roses were in bloom — in an environment where neither the climate nor the soils seem adequate. There is no logical explanation for this. But it proves that we can learn a lot about our relationship with the earth when we open up ourselves to these worlds and this consciousness.

Working with beings of nature is nothing new. All the shaman cultures as well the Celtic cultures such as England, Ireland, and many others have paid attention to these creatures up until today. In Island, for instance, there is even an official representative of the pixies, who is responsible for making contact with beings of nature when it comes to landscapes planning. It is a big step to be prepared to address these worlds if you did not believe in them before. It is up to you to decide if and what you want to believe.

The reason why we are so removed from this consciousness today lies in the history of our culture. In the course of the witch-hunts, the Church banished this knowledge from our consciousness. These creatures were denounced and they still suffer from it today. Over the centuries they were forcefully driven out of our living spaces. However, we must be aware that we will never understand nature without access to the elementary beings. They open up the paths to nature and an understanding of the nature of our planet. They make it possible for us to broaden our knowledge by gaining access to the elements because they are their guardians and their soul.

For some this might appear a little strange but if you allow yourself to get involved you will soon notice that consciousness does not have to materialise for you to perceive it. You will quickly gain

access to the elementary beings that are well and truly able to communicate with us. There are many stories about people, who made contact with this world, but today we only hear about them in fairy tales. All of these narratives have the same origin. If you perceive these beings you will realise that they all have to fulfil certain tasks relating to the planetary consciousness as well as to our lives. Existence does not only take place on a purely physical level but on spiritual levels as well. The world of elementary beings enriches and heals because it is linked with pure creation.

The World of elementary Beings

Let us begin by describing the beings linked with the elements. They are the elementary beings of fire, water, and earth. These are controlled by a cycle of creation that runs parallels to human evolution. Integrated into each element we find simple and complex forms of consciousness. They are guarded by highly developed creatures with a Divine consciousness. Within each element we find a hierarchy, whose elementary beings supervise the task on a small as well as a large scale. Each manifestation is permeated by a spiritual principle, which it guards and loves.

Every single element has a certain sound, a certain frequency, in which it pulsates. There are musicians who are able to transform this sound into music. There are many possibilities to attune ourselves to these elements: via the consciousness, via music, or via colour and sound.

The elements are also attributed to the directions of the compass: air to the east, water to the west, earth to the north, and fire to the south.

There are superior guardians watching over their elements. These are Divine dimensions in their purest forms that manifest Divine consciousness on the level of the elements. They permeate the elementary world and each being living in it.

Here we would like to introduce you to the primordial energy that is difficult to grasp on the normal level of consciousness. For this reason the guardian of the elements have released a meditation for each element, which makes it possible for you to experience the quality. You cannot encounter archaic forces solely on the level of mind and thought. You can only touch them by immersing yourself into their dimensions of existence and becoming one with them. Therefore many cultures use rituals to approach these elements, for those people have understood that they need to be lived and integrated. The primordial dimension of being can thus re-enter into the human consciousness.

This part of the consciousness is connected to our emotional body, which enables us to melt into one with this force of being and to experience healing and wholeness.

The four archetypal elements are fire, earth, water and air. Their guardians are Agni, Kubera, Varuna and Indra. They control and reign over these elements. In contact with them we can gain the best access to these dimension in order to understand them in their Divine and creative qualities.

The Consciousness of the Element Fire

Fire is the fertile love as the element of primordial power. Here we also find superior dimensions of consciousness that make sure that this element can fulfil its tasks. In Indian mythology this consciousness equals the God **Agni**, God of the fire and the light. He guards the fire in the earth and reigns over the sun. Fire is white in its centre, because light carries the fire and fire produces light. Fire feeds everything, fire burns everything. Without this element there would be no life. Fire and light nourish life and destroy everything adverse to it.

Agni controls several creatures of fire. On the one hand he guards earth's fire spirits, on the other the guardians of light that originated in the sun. You worship Agni by worshipping the fire. This element promises the creation of day and night without the one losing itself in the other. Fire is transformation and light at the same time. Fire lives in the centre of the earth, is protected by spiritual beings, and manifests light and warmth on the surface of the earth. Fire appears as the sun that creates day and night. The spirits of this element guard and tame this force that gives life but can also destroy.

Light spirits are part of this element, as are the little fire spirits that surround each fire. They all possess the ability to release the life-giving energy of light. In the centre of the earth this is used to direct the vital forces of the earth. On the surface of the earth they affect maturity and change; in the shape of the sun the forces of light develop the spiritual dimensions of fire and the inspiration of life.

The hierarchy of the fire element:

- · Agni
- · Guardian of the sun
- · Light spirits
- · Salamanders
- · Guardians of the earth's fire

The Consciousness of the Element Earth

Earth's emotional dimension fills matter with consciousness. The earth's consciousness, the element earth, is inhabited by earth spirits, dwarfs, goblins, tree spirits, and gnomes that are linked with this element.

The God of fire, who posses the forces of the sun and the light. He has been worshipped since the beginning of time, for he passes on the offerings to the Gods.

Pan reigns over the earth element. In each culture we find a respective deity that is worshipped as the master of the earthly element. In India the master of the earth spirits is called Kubera. These are terms for a consciousness of a superior dimension that controls the states of consciousness of the earth. Everything that manifests itself in the element earth, that is sowed and grows, feeds on it. It is a controlling force, which makes sure that the respective element can manifest all facets of its archetypal power.

The master of the earth element guards the spirits of the earth and the earth's knowledge.

The earth element is varied. It produces rocks and mountain ranges, minerals and plants. Each of these processes is protected by Devas that make sure everything occurs in love. From the roots to the controlled growth of plants the spirits of nature make sure that everything happens in harmony with the laws of nature. Higher developed beings of the element earth can be found under the surface of the earth as well as among the tree creatures. They guard the wisdom of the earth. When we approach them with pure hearts they will be ready to communicate with us. They let us understand the consciousness of the earth.

The hierarchy of the earth element:

- · Pan / Kubera
- · Mountain spirits
- · Tree beings in masculine and feminine shapes
- · Fauns
- · Dwarfs, goblins, gnomes

The Consciousness of the Element Water

The guardian of the water element is called **Varuna**. His realm is the home of various spirits that guard the element water. They permeate the element from its surface down to the depth of the ocean.

The master of all bodies of water guards the cosmic order.

Deep down we find water sprites and mermaids that coordinate the element and its inhabitants. In the in-between levels of the earth we find beings that might initially repel us because of their appearance. They are responsible for maintaining the equilibrium of the earth and live deep down in the earth.

Water is a nautical system, responsible for the earth's organs of equilibrium. At the surface we find source spirits, nymphs and mermaids.

They guard sources and rivers and provide them with individual qualities needed in the landscape. They are enchanting creatures. Legends often describe them as bewitching or misguiding. Larger bodies of water are home to landscape nymphs or angelic guardians. The oceans are guarded by sea kings and queens.

Each body of water possesses a spiritual guardian that looks after it and fills it with its quality. Their forms range from awe-inspiring creatures to enchanted nymphs. Their "mood" defines the quality of the water. They are gates to our sub consciousness, which they enrich through their character.

Most guardians of water live and work in seclusion. They can be found in remote mountain ranges or in the depths of the oceans. They hardly ever enter our living space. It would be a lucky coincidence to encounter a source spirit in one's own garden, for these creatures are connected with certain spherical melodies that spread joy and happiness. Normally these creatures stay away from fountains or water close to buildings. They can only be found near a natural source close to a building – if at all.

People who have been fortunate enough to encounter a source nymph will keep this memory inside their hearts, because one hardly ever finds water filled with such joy. Their voices remind us of the murmuring of rivers and thus release high frequencies of sound that fill their environment with their vibrations. If you have a well or a fountain and dedicate this to the spirits of water you might be lucky and it will be charged with this consciousness and release spheres of sounds that fill the atmosphere of your rooms.

People with extremely good hearing are able to perceive these frequencies of sound. This is the origin of the stories about the sirens that used to drive people mad, because they, enchanted by these sounds, took leave of their senses. However, this is nothing dangerous. It rather means that these sounds lead people to frequencies of vibrations that make them very happy.

The hierarchy of the water element:

- · Varuna
- · Guardians of the oceans
- · Landscape nymphs
- · Nymphs
- · Mermaids, water spirits
- · Elements of equilibrium

The Consciousness of the Element Air

Vayu is the deity of the air element, master of the realm of the fairies. Vayu is described as a Goddess, who lives in airy spheres with her fairy creatures. The vivacious spirits of air are always depicted as dancing, singing, and free.

The God of the wind and the air element, who is able to create storms.

The different forms of elementary beings that permeate the air element start with small creatures producing currents of air. You can imagine these as weightless, dancing creatures. In the higher order we re-encounter the fairy creatures. These are creatures of space that guard certain areas of nature. You can imagine fairies as beings permeated by colours and strands of light that pass on information.

Elves and fairies that are closely connected with the realm of the earth are part of the same family. More highly developed are fairy creatures that are responsible for larger spaces such as landscape temples, gardens, or forests. On this level we find plant Devas that guard plant families. They provide access to the knowledge and the healing power of plants. Highly developed fairy creatures are angels that are responsible for landscapes or guarding certain places.

Through these creatures of air, be it fairies or landscape angels, we gain access to the information of a landscape. They are responsible on a superior level for providing the necessary information for entire landscape systems. They are responsible for the knowledge and the spiritual memories of the place they guard. These beings are always connected with this place, they are not free. They are the consciousness of this place. They pass on information to the earth element, the water element, and the element of fire. In each of these elements we also find the air element. Fire needs the element of air in order to burn. Water is connected with air, and also the earth is touched by air.

Spirits of the air carry information and supply entire landscapes on a superior level. They control the processes of the seasons and of the growth of plants. They link the elements with information and coordinate them. Above certain landscapes we find couples of fairy beings that, through their dance, create energetic patterns of vibration in the air space and thus release information. In this area we also encounter a clear hierarchy – from small fairy beings looking after certain environments to landscape angels that supply entire landscapes with their light information.

The element air is also home to the spirits of the winds. They are powerful creatures responsible for the existence of wind. Even hurricanes and cyclones are permeated by strong, powerful forms of consciousness. They are spirits of strength. These spirits are responsible for balancing energies in the ethereal field. If fields of vibration become too dense they make sure that they are energetically balanced.

The thoughts of people often create strong fields of tension. A thunderstorm controlled by these spirits clears the atmosphere. They are responsible for maintaining equilibrium in the atmospheric space.

The hierarchy of the air element:

- · Vayu
- · Spirits of the winds
- · Space fairies
- · Plant Devas
- · Fairies
- · Pixies

Creating Places of Force for the elementary Beings

There is a wide range of possibilities for creating places of force for the elementary beings and the elements. You can do it together with Feng Shui consultants who have the ability to communicate directly with the environment and the laws of the levels of knowledge. A consultant can thus create the conditions for the manifestation of these places of force. You can also create these places yourself, following your intuition. We would advise you to cooperate with Feng Shui consultants because they are trained to make contact with the elements and to locate the power points so you can then create these places in harmony with your surroundings. However, there are people whose access to their intuitive knowledge is so well trained or so strong naturally that they could do this themselves.

There are three principal conditions for the creation of these places of force:

- I. Always give these places a circular shape.
- 2. Surround them with objects belonging to the respective element. You can place rocks, or plants, or wood around a power point of the earth because these materials originated in the cycle of this element. Earth's place of force is best created by surrounding it with rocks. The size of each circle depends on the concentration of force existing in the respective place. If the concentration is not high enough and you create a circle that is too big, the energy will get lost. The size of the circle must be adapted to the concentration of force.

Now you connect the four poles through an inner cross, which you form using the respective materials. For ideal development each of these places of force should be symbolically linked to the four directions of the wind that correspond to the planetary level of manifestation.

3. A place of force can only unfold its full potential when it has been initiated. It is possible to initiate these places with their energetic potential. However, this is a task for an expert. We can only advise you not to experiment with this. Working with energy requires the knowledge of the laws and how to act in balance and in harmony with the energies. One should also be skilled in accessing the elementary powers.

Feng Shui consultants of the Alpha Chi tradition are trained accordingly and can create places of force for each element and provide them with the highest energetic potential in harmony with the conditions surrounding them. It is ideal to create these places of force in cooperation with Feng Shui consultants, as they are experienced in working with the elementary powers and you have the opportunity to personalise your individual places of force.

Fire's Place of Force

You can surround fire's place of force with rocks. You could use wood as well but this is not advisable if you really intend to fill the place with fire. You initiate this place of force by lighting a fire there and connecting it with the forces of the earth, with earth's fire, and the light forces of the cosmic energy through meditation.

The most beautiful way is to dedicate this fire to the Divine Mother. During the initiation ritual you can sacrifice flowers, rice, grains, or other fruit of the earth. This is an old form of blessing the fire. It would be best if you regularly nourished your place of fire. Thus you can be sure to transform adverse energies in your environment and to direct the forces towards the light.

The place of fire will maintain the forces of light for your home and create a link with the archaic power of the earth. When a place of fire is properly worshipped it will keep negative energies away from your living spaces. It is protected and so is your home. It will nourish and attract the light forces in your environment.

Earth's Place of Force

Surrounding it with stones best creates Earth's place of force. Then you can feel which individual qualities have already manifested themselves in this place. You initiate the place through rituals dedicated to mother earth and her fruit. Thus it symbolically turns into a blessed place for mother earth. You can build on earth and place a stone mandala there. This will enhance the quality. The element of earth loves rituals and symbols, for these stimulate the strength of the manifestation. It

is a good place for stones, plants, and crystals. You should sow seeds in this place to give the earth element the chance to blossom.

Water's Place of Force

The most beautiful way to worship a place of force of water is by installing a fountain or a pond. You should surround this place of force with plants and thus construct a circle. As water feeds wood, the use of wood will enhance and nourish the force of water. It would be ideal if you had a natural well or source in this place.

When you bless this place of force, you can connect yourself with the spirits of equilibrium in the earth as well as with the moon. The spirits of equilibrium will help you to balance the water currents in your living spaces. The water that runs through your fields of life is charged by this place of force. In connection with the forces of the moon you directly link your living spaces to the phases of the moon. It is advisable to place a lunar symbol here, for this focuses the forces of the moon in this place and harmonises them with the environment.

The moon thus guarantees the maintenance of the natural cycles, which are well-known. There are plenty of books about the influence of the moon, moon calendars, etc. From this place you can call these forces into your life. This will be beneficial for your garden as well as for the entire rhythm of your life. In context with the moon you also have the choice to dedicate that place of water to the sun, for this way you call sun and moon, the archetypal forces of Yin and Yang into your life.

Air's Place of Force

Air's place of force should be surrounded by plants. The element of air loves getting caught in plants and playing with these living creatures. For blessing this space you can use petals, with which you first form a circle around it. In this place you can connect yourself with the elementary beings of air. You can ask the spirits of the winds for the protection of your house and for benevolence.

You can support the element by installing instruments such as wind chimes. This will attract the spirits of the winds and the sound will harmonise your environment through its vibrations. You can place crystals here, whose light might attract fairies, that would be a blessing for your gardens. Places of force you create for elementary beings are most efficient when connected with the natural elements of your living spaces.

Not everybody possesses a garden. Many people live in buildings where it is not possible to create places of power. In this case there is the possibility to ask your Feng Shui consultant to create a focus of the forces of the elements within your living quarters. You will feel immediately how this attracts the force of nature into your rooms and how the support of the elements thus enters your life. Here the power points are established and initiated in the energetic field of your living space.

Landscape Temples

In nature we find landscape temples guarded by spiritual beings. In each closed landscape temple we find all elementary beings of each element. A landscape temple will always contain power points of fire, earth, water, and air and form a closed cycle. We find them in landscapes of enormous measures as well as in small territories.

A healthy landscape temple is a highly energetic system that helps connect people to all archetypal forces. In former times sensitive people recognised landscape temples and knew about their power. They were used as entrance temples for spiritual experiences. Through them one could make contact with the primordial force of life, passing through an inner cycle beyond time and space. People consciously enter into contact with the spirit of life. This is a possibility to get in touch with one's own self through the forces of the elements. Pilgrimages are also a method to enter into such territories, for actual paths of pilgrimage are integrated into a harmoniously closed landscape temple, which one can enter in order to begin an inner journey. It is a type of initiation into the inner worlds that one may use consciously to create a connection with one's own spirit and its spiritual experiences.

Unfortunately landscape temples can hardly be found in densely populated areas such as cities. They were destroyed through thoughtless construction work so that only parts of them have remained. It would be beneficial to heal these landscape temples in cities and similar places of civilisation because they support the entire organism of nature and the earth. No living space can exist without being filled with the consciousness of the elements. Living spaces without even a trace of these elements would be dead.

Through our contact with the elementary beings we can gain access to the consciousness of a landscape temple. In their consciousness there are no links with past or future. They are connected with the harmony of being. If we want to make contact with the elementary beings, this can only be achieved through unconditional love in our hearts. Through our hearts we gain access to these creatures, for in the unconditional love in our hearts we hold this core of unity. In the exchange with them, ways of healing will be opened up because they are most closely linked with the inherent knowledge of their own element.

Nowadays there are many initiatives of earth healing that attempt to help earth to heal itself. These are steps towards encountering earth with respect and recognising the gifts it offers us. By returning the landscape to its original perfection the human beings and nature are equally supported to coexist in harmony.

Through meditation you can get to know the inner access to the four elements and their powers, thus creating a contact with nature. The best way of doing this is to make contact with the deity responsible for guarding the respective element.

THE FIFTH SEAL

The Bagua



The Origin of the Bagua

The universe surrounds the earth. It is linked to the sun, the planets, and the stars. When we look up to the sky we can see a tiny patch of the universe that surrounds us. Just take a moment and imagine all the stars we can see in the sky at night when the air is clear. You will discover patterns, structures, or maybe figures: all of them part of the tapestry of life.

These stars shine their lights onto the earth and create intricate patterns on the planetary field of the earth. This way they take part in the creation of life. Like the projection of a photographic slide that produces an image that becomes visible, the starlight creates basic patterns of life: the *archetypes*.

When Feng Shui masters discovered these patterns, analysed them and drew their conclusions, they provided the basis for the origin of the Bagua. These masters realised that one can lead a life in harmony with the beneficial cosmic powers and attract the auspicious streams of the universe by arranging the components of human life according to the cosmic patterns. The interpretation and understanding of the patterns resulted in the Bagua.

Imprints of stellar patterns create certain life forms on earth, which can be found first on a molecular level and then manifest themselves in landscape formations. Europe is an effigy of the Big Dipper; certain mountain ranges have shaped themselves according to celestial structures. These insights were also applied to the construction of edifices. The Forbidden City in Peking is aligned with the Pole Star and was created by wise Feng Shui masters. The pyramids are the entrance for the energy of Orion. These examples should give you an idea of how the understanding of these patterns was consciously put into practice.

There is a story about the Feng Shui master Fu Hsi, who once found the carapace of a tortoise on which he detected certain patterns. His knowledge of the patterns of the stars helped him discover the principle of the Bagua by interpreting the patterns on that carapace. This is an example of how insights were gained from star patterns and how we began to understand the nature of certain structures, images, and manifestations of basic patterns of life.

There is a strong link between a certain tradition of Feng Shui and astrology, for a connection between the stars and the fate of human

They are the archaic images of the collective unconsciousness of the eternal soul that manifest themselves.

beings became evident. Another branch of Feng Shui is called "school of the flying stars". Its intention was to discover regularities in the effect stars were having on each other, their relation to one another, and their manifestations on earth in the shape of recurring patterns or cycles. These archetypes of the universe were analysed and basic principles for Feng Shui were developed. One of these archetypes, which are still applied even today, is the Bagua.

The geometrical shape of the Bagua is an octagon with a central core. The Bagua itself has been defined in various ways, depending on the respective Feng Shui schools.

Red and black

All Feng Shui patterns are described in the colours red and black. Red stands for chi, the energy of life. Black expresses the complete lack of energy. The principles of Feng Shui are based on this interaction between energy and the lack thereof. Red always evokes manifestations, is filled with life and energy. Black is nothingness, stagnation. It became evident that the patterns that could be discovered in the stars moved between these two poles, between existence and non-existence. The result is a multitude of forms, depending on where the focus is placed between these two opposites.

The original theories of Feng Shui regarded the circle as the symbol of the harmonious whole. The circle is the ideal shape to illustrate the universe. The earth is embedded into the cycles of the universe. From our point of view the stars and planets seem to move in circles around the earth.

All shapes that can be integrated into a circle are part of the perfect being. The octagon is such a geometrical shape. Its corners touch the circle surrounding it with equal space between them, and it is also a closed shape. Further shapes are the equilateral triangle, the square and the pentagon. Yin and Yang subdivide the circle in the sense of polarity.

The Symbolism of the Shapes

The Circle

The circle is a symbol of the universe, a perfect shape in which everything flows, a closed entity without polarities. Planet earth itself can be depicted as a circle.

The holy circle can be found in many religions. In India and Tibet the circle occurs in the shape of mandalas, in the Red Indian culture it is represented in the medicine wheel. Each of these cultures understood that the circle is a symbol of perfection. Enclosed in a circle, many things can come to life and harmonious cycles can come into existence. The circle is a symbol of life.

The Dichotomy

Yin and Yang are father and mother of the universe. This unity divided itself into creator and creation, Shiva and Shakti, heaven and earth. Only their amalgamation gives birth to new things.

The Triangle

The triangle expresses the polarities of the Divine trinity. Here Father, Son and Holy Spirit, or **Brahma**, **Vishnu** and Shiva, find their expression. The perfect unity separates into these three aspects to manifest the first step of creation.

The Rectangle

The shape of the rectangle represents manifestation. It is a symbol of the earth because the Divine fields of creation enter the manifestation from four directions. An expression of this is the four elements and the four points of the compass.

By drawing a cross through a rectangle one obtains four other rectangles. This symbolises that the physical creation takes place in the polarities of the four elements.

The Basic of the Bagua

Several shapes were placed into the circle. The triangle was recognised as a superior Divine principle, the square as a symbol of the manifestation of creation and as an expression of the cycles of life.

The God of creation, whose four faces look at all directions of the wind, gives birth to creation and holds in his hands the eternal scriptures containing the plan of creation.

The preserver of creation is omnipresent. He is the god of time and space. He makes sure that, from time to time, the Divine order is restored. He is the expression of omniscience and power.

One

Is the circle in its perfection, the unchangeable Dao

Two

is the polarity of Yin and Yang

Three

is the Divine trinity, the aspect of creation in the uncreated

Four

is the creation as manifestation expressed by the power of the elements

Five

is the cycle of creation of the five elements

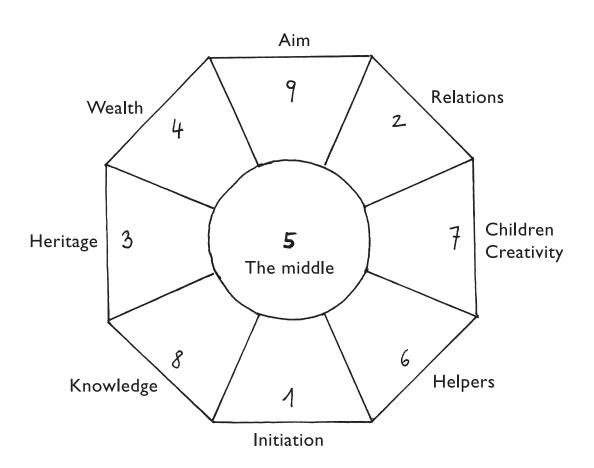
In evolution the development from being to manifested life could be described as follows: The universe is infinite. In several stages the manifestation develops from infiniteness to finiteness. The incomprehensible becomes visible. The circle is the unity, the uncreated, and the primordial ocean of all existence. For the purpose of procreation it divides itself into two halves, a feminine and a masculine principle, into Shiva and Shakti, into father and mother. In order to create and produces new things the trinity manifests itself. Femininity and masculinity give birth to a new aspect. Creation pulsates only between these polarities. Primordial forms of the elementary powers emerge in the fourth cycle only to develop into the fifth cycle, which brings forth a manifestation of life.

The second and third cycles are still very spiritual whereas the following cycles are more grounded. The fourth cycle mediates between spirituality and reality. Cycle number five gives the chain of creation its physical existence, six is the blueprint of oblivion, and seven relates to other planetary cycles.

The eighth is the Bagua, human beings with all their superior lifecycles. The Bagua is the manifestation of order. It corresponds to the pattern of harmonious regularities that comprise the basic principles of being human. In its original shape the Bagua was conceived as a black octagon with a red square in its centre. The stellar patterns were transferred and defined as eight segments.

Today the Bagua is usually interpreted in a very rigid way. In its basic

The Bagua
The Symbol of Perfection
The Architecture of the Consciousness



The Bagua

form it is principally dominated by eight highly complex cycles. From these the basic principles of Feng Shui can be derived.

The Feng Shui masters of the past recognised the relationship between the stellar patterns and the archetypes of life. The science of astrology can be found in every culture. This knowledge was applied to Feng Shui and connections. The Bagua was originally a much more flexible system. Working with a flexible Bagua demands deep insight into cosmic laws and their current constellations.

There are nine primordial patterns of the Bagua, which stand for the archetypes of life. These can be placed in context with the Dao of the Sun, the course of the sun and its stars and planets, the changing of the seasons, and the passing of the day from sunrise to sunset.

The Bagua - the Design of our Living Spaces

The Bagua describes the origin of life on earth. The human being is the centre around which the world turns and evolves. There is an internal world, which finds expression in the external world. The Bagua is the description of the changes of time and space within the flow of evolution regarding heaven, earth and humankind. This cycle is reflected in the passing of the seasons. By projecting the order of the segments (trigrams) onto our field of life, they can manifest themselves. This is an aid we can use in order to integrate all of these powers into our lives.

In relation to this cycle we create a field of force, which strengthens our life subjects and creates harmony between them. It is not compulsory that this strong cosmic field of energy dominates us but we are able to give it space so that it draws cosmic laws into our lives. By giving this field of energy a clear appearance in the external world, we lend it power and meaning.

We carry this trigram inside ourselves because it is within ourselves that the direct likeness of the universe finds its form. The structure of the human brain directly corresponds to this inner trigram. By manifesting this pattern in our living space, the internal world, the microcosm, and the external world, the macrocosm, become linked. It is as though one connects the plug with the socket in order to make the cycle flow.

The shape of the Bagua as it is used today simply supports us and illustrates the structures for us. It is important that we use our consciousness to fulfil and develop these patterns of creation.

In the Alpha Chi the Bagua is blessed and the spiritual world thus obtains the power to unfold the cosmic cycle in our own lives. Other schools define the fields of the Bagua according to the directions of the wind and the main entrance of the house, taking into consideration the magnetic power of the earth's axis. According to our information this dominant line of power has changed. Therefore, in our tradition, the Bagua is blessed independently of the earth's axis.

These eight trigrams and the centre are connected to each other; they are part of the holy cycle,

the medicine wheel of life. They are patterns of nature, which interact with each other. If you honour the cycle you are a part of it. Feng Shui transfers this design of life onto our living spaces.

The Bagua projects the holy circle onto our spaces, the spaces we fill. In this way we attract this power and flow with the natural rhythms of cosmos and nature. The strengthening of the Bagua builds up a strong field of energy in our lives and supports the manifestations of our goals.

The eight Trigrams and the nine Patterns of Creation

In the architecture of consciousness the Bagua is subdivided into eight areas of patterns of creation. In its centre is the point, which is untouched by movement. It corresponds to the centre in us, beyond space and time. It is the connection between heaven and earth around which the patterns of creation are woven. The eight trigrams symbolise energy phases of the natural courses of life. The centre stands for the number nine, the symbol of perfection. The number eight reflects the eternal cycle in which the stages of human development unfold. They move around the heavenearth-connection like a wheel. They are connected to the constellations of the stars and the passing of the seasons. They come from infinite space and are reflected on earth.

Trigram I

North - Winter - Midnight - Career

The initiation, the entrance, the path of life, the zero point between existence and non-existence, the idea of life, all take shape.

This is representative of the point of initiation, the beginning of life. From the waters of life emerges the unnameable eternity, the concrete, the individual. The spirit of the water is receptive. Here lies the origin of the reception and the idea of a project. We are born with an inherent destiny and an objective, a task. We enter the flow of life in order to unite our qualities with it. This is the field of our possibilities and our resolutions. In this field we should define our intentions with regard to our goals. Here we express our invitation to life and to those with whom we would like to share it.

The core and the starting point of who we are and where we go lies here. This is where we encounter our qualities and predispositions, which we concentrate in order to put them into practice.

Trigram 2

South-West - Late Summer - Early Afternoonn - Relationships

Yin and Yang enter into a relationship.

When we come to earth we leave the unity and enter the polarities of the planetary consciousness.

We enter into a relationship with the external world, with mankind. This happens through actions and activities. The I encounters himself or herself in the you. This is where the exchange and the contact with others take place. We define relationships – with friends, partners, and business partners – into which we would like to enter.

Here we can become aware of our masculine and feminine aspects and understand how we express them, be it in a relationship with a partner, or within ourselves. In order to encounter the outside world the forming of relationships is inevitable. In this field we enter the outside world and connect with life on earth. This is a place of security, for the motherly aspects are extremely strong in this field.

Trigram 3

East - Spring - Morning - Heritage

Heritage, family, constitution, spirit and earth unite.

This field has several meanings. It is our heritage, which others have achieved for us. We fall back onto experiences of the generation before us and of our own families. This is the point when spring begins and the forces of nature unfold. The sun appears on the horizon. Here we incarnate into a family, which equips us with predispositions and characteristics. The magnificent energy of thunder enforces itself. The Chinese thought that our ancestors, who had withdrawn to spiritual spheres, communicated with us through thunder.

Behind this field stands a spiritual and worldly heritage, which influences our genetic heritage. Our basis, the know-how we can fall back on, is our structural foundations. Here we should pay our respects to our heritage, to our father and mother, so the seeds of the future can grow from the past. This trigram is closely connected to the field of children and creativity. The basis here is the resources from which we can draw. It is the promise that the sun rises every day. We integrate ourselves into space and time. From here we have access to our worldly heritage, which equips us materially and physically. Here we establish a connection to our spiritual roots. Here we honour the achievements that allow us to look into the future. This sector influences our abilities to create new projects, to start afresh, and it supports our vitality.

Trigram 4

South-East - Early Summer - Late Morning - Prosperity

The benevolence of the universe lets our seeds grow.

This field gets its name from the wind. In former times people thought that the wind brought lucky spirits and that it was a companion that blew happiness and fortune into our lives. The trigram prosperity refers to the wealth of the universe and the earth, which we share. The internal prosper-

ity is reflected in the external world. The wind is a messenger that brings a blessing into the house and at the same time spreads it throughout the world so that others can share the prosperity with us. Everything we give comes back to us manifold.

This field is closely connected to the trigram heaven, which represents the help we receive and give. It stands for possibilities, opportunities and invitations. Whatever the cornucopia of life offers us can only unfold when we stay with the flow of giving and taking. The element metal in the house of heaven nourishes this flow of collecting and passing on. The wind is constantly in motion and spreads the seeds and gifts across expansive landscapes, brings them to those who are prepared to accept them.

This is the home of your awareness of prosperity. Become aware that it is a blessing you should spread generously. If a house is filled up to the brim this will result in stagnation. When you understand that you will always be provided for by an incessant stream, you will know that you can give without losing. The more generous you are the easier you make it for prosperity to come back to you. This way there will be a harmonious flow.

In former times the tradition of Feng Shui used to mark this field with gold leaf in order to fill it symbolically with the blessing of heaven. Gold is the heavenly colour that brings the prosperity of the universe into the house. It is a lovely custom to decorate this field with gold leaf because this way the quality of that prosperity takes shape in our lives.

Trigram 5

Tai Chi - The Centre

The Dao, the eternal, untouched by movement, or time, or space

This trigram symbolises the field of health. This is the flow between heaven and earth, the balance of powers. When we are in balance, our vitality is guaranteed. Our bodies constantly feed on the energies of heaven and earth. At this power point of the earth we can best balance ourselves. Here we can strengthen the flow in our bodies and connect it to heaven and earth.

In our physical centre we find peace through the union of mother earth and father heaven. The energy of the centre is powerful. Here all energies gather. This area of Tai Chi is so concentrated that it creates a connection to all other segments. This point does not only provide our bodies with vital energy but the entire living space as well.

This field is the eternal matrimony between heaven and earth. The cosmic streams are the gifts of heaven, light itself. The earthly streams are the motherly, nourishing elements that provide for us. From this segment we connect with all other segments. From the centre we can look in all directions and make our choices. It is our centre, our middle, and the origin of all aspects of our lives.

Trigram 6

North-West - Late Autumn - Sunset - Helpers

We welcome help.

The trigram "heaven" is the cosmic segment. It draws the cosmic powers from infiniteness to finiteness. Here is the help, which flows to us in an incessant stream from the spiritual spheres. It symbolises the principle of the father. Here we encounter not only spiritual help but also human help.

This segment reminds us that there is always help for us, from heaven itself and from helpful spirits, which support us whenever we allow them to. We are never alone. This corner of our living space is a good place for thanking helpers and welcoming guests. It is also the place to remember that others need our help in the cycle of giving and taking. We draw positive powers into our lives, which support us and help our development. Spiritual input is as beneficial as human beings or events, which bring exactly those things to our lives that we need at those times. Feng Shui often places a window in this position in order to express an invitation.

This relates to the manifestation of heaven as well as to the words of Jesus: "Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they?" (St. Matthew, 6.26). When this cycle of creation unites with our field of life, we belong to those who feel blessed and supported. In spiritual Feng Shui one opens spiritual windows that allow the flow of this chi to enter into the house.

Trigram 7

West - Autumn - Late Afternoon - Creativity

The harvest spurs on the feast of life.

This area of the Bagua stands for fruitfulness and harvest. In the cycle of the sun it is the time of silence, of autumn and of sunset. It is the segment of children, actual children as well as spiritual children, connection to our creativity and creative power. We bring our creativity into our lives.

We come from a family and here bring children to earth. This trigram is called "the lake" because people used to believe that deep lakes or oceans were primordial mothers that gave birth to the children that rose from the depths and entered the consciousness of life. This is an allegory of the primordial ocean, which was the origin of all living creatures. Everything we integrate into this life in a creative manner is nourished here. It is the place where creativity receives new energies so it can unfold.

This trigram stands for the free spirit and for hope. By strengthening this segment we nourish what we want to create. Treat this place affectionately by using symbols or personal rituals, this will nourish your work and help you in your desire for children of your own. If you already have

children this is a good place where you can give them everything they need.

Trigram 8

North-East - Beginning of Spring - Dawn - Knowledge

The revelation of knowledge

This area corresponds to our knowledge. This comes from contemplation and the connection to our inner sources. The knowledge we carry within ourselves is complemented by experience. Here we are open to learn and to develop through new tasks. At the same time we can rely on the stability of what we know. This segment is dedicated to the mountain, the guardian of knowledge and inner treasures. Inspired by the spirit we gain insights. This trigram is dedicated to the scholar as well as to anyone who is searching for wisdom.

It is an allegory for the presence of all knowledge within the universe. The sources open up to the same degree that we are open and dedicated. The universe has already created anything we can ever learn. This is the place for our dedication, as recognition of the mysteries of creation. Here we honour the wisdom of creation and we honour ourselves as the carriers of this wisdom.

Trigram 9

South - Summer - Noon - Enlightenment

The goal. Where do we want to go?

In the chapter about the holy fire you had the opportunity to familiarise yourself with the force of fire, out of which all things are created and to which they all return. In the last step we give all the things we reaped back to the fire. This is the highest point of the sun, the zenith. Fire burns the old and releases a new cycle. Everything returns to the spiritual level in order to be reborn there.

Here we find success and fame and – from a spiritual point of view – satisfaction and enlightenment. It is the goal to be one with the sun, to become the sun itself. This field is placed opposite the entrance. We have entered the field of living and have the goal right before our eyes. In this ninth segment we honour the goals and give them direction. This is the home of inspiration and of the quest for visions. They are nourished by the energy of fire in order to raise our awareness and to put us in touch with the fulfilment of our tasks.

Polar Rules

In nature there are certain energy flows that determine the direction of others. The strongest of these on earth are the magnetic poles. It is no coincidence that the needle of the compass always

points towards the poles, for their forces are irresistible. It is a superior axis of energy, which gives direction to other energy flows.

The two poles, north and south, form an axis. If you add the equator as another axis you get a cross and thus the directions of the compass, or the wind, such as north, south, east and west. This axis is aligned with the cosmic space that surrounds us. The solar orbit, the lunar cycle and all planetary movements around us are connected to it. Again and again cycles complete themselves on all levels of the universe. Everything is embedded in perfect unity and is perfectly organised.

The polar duality is the basis of the Bagua. The magnetic current of the earth's axis is significant for earth's main flow of energy. The eight-part cycle of the Bagua results from the cycles of the seasons and the directions of the wind.

When planning the position of a house you should first consider the directions of the wind. The course of the sun and the stellar constellations should determine the position of the building. It is best to arrange the rooms in such a manner that the activities correspond to the position of the sun. A bedroom is ideally placed facing east, for this way you awaken and rise with the sun. A kitchen in the south feeds on the fire of the sun at its zenith.

The Red Indians, for instance, believe that the directions of the wind are gates, guarded by spiritual beings, and that from the different directions energies of a certain quality flow into our lives. When you ask for support from one direction the respective spirits support your everyday life.

In the ideal case the building should already be connected to the vital energies of fire, earth, water and air, as well as to the cycles of sun and moon during the planning stage.

By placing the element of fire in the south, the element of earth in the north, and the element of air in the east we imitate a force field, which can nourish all natural currents in the surroundings. Through it the positive forces of these archaic energies are called into our immediate field of living. Human beings and their physical bodies benefit from it in the same way as our gardens and nature around us. This placement can be carried out in the form of a ritual, in which you invite the elements to protect the house. To do so, you should face the respective direction of the wind in order to invite the spirit of fire, earth, water, or air.

The energetic Centre

In every field of life there is a centre in analogy to the axis of the elements, the centre of the earth and the universe, and to us as the centre of our inner universe. It stands for the self, the here and now that integrates itself into the time-and-space-structure of life. The centre of a building is a focal point for the flow between heaven and earth. It should be assigned a clear place and be equipped with a clear dedication. This way the task of a building is defined.

Again and again the spiritual forces show us how important it is to give clear directions. By blessing the centre we stabilise the core of our living space.

Houses without a clear middle lack a central direction. There you often find receding energy, which cannot focus. Any sense of direction is noticeably lacking in these houses. This also influences the people within them. We can imagine it like an open marketplace through which the wind blows and where we cannot find peace and tranquillity. For this reason Feng Shui prefers rectangular buildings because irregular shapes have no real centre. In asymmetrical buildings it is particularly important to stabilise the centre in order to support those parts that deviate from a regular form.

In Roman or Greek buildings you often find a patio or an open space in these places, which represent the idea of a centre. In China the rooms are designed to be wide and open and the middle of a house is honoured as its central core.

The actual design of the central room depends on the purpose of the respective building: whether it is intended for a single person, an entire family, or a group of people working together. This should inspire architects to define form according to the purpose.

In existing rooms an energy centre should be created. Placing a circle of light around the building and thus determining the centre can do this. Every physical manifestation on earth strives for a centre. Every leaf has a centre from which it grows. The earth itself has a centre. We have an internal centre, which directs our expansion and development. In the same way all activities taking place in a building profit from a centre that nourishes growth. It keeps the balance and thus preserves harmony.

If there is an imbalance or if the centre deviates too dramatically from a geometrically balanced form, it is necessary to shift it in such a manner that the four forces of the universe can flow back into the room in a balanced way. The harmonious development of a building and the respective living field is guaranteed when all energies can enter evenly. Otherwise it may happen that, for instance, the energy of fire flows in with a higher intensity and the element of fire thus becomes too dominant. This will result in hyperactivity or a loss of strength. Only when the elements are balanced can the harmonious force of nature do its work. When the axes are balanced the conditions are favourable.

There are buildings where misconstruction has suffocated the centre or caused energy shocks, which resulted in a complete covering up of the heaven-earth-axis. In these cases it is vital to reconstruct the flow between heaven and earth in order to provide the building with earth chi and heaven. The building will breathe a sigh of relief.

In former times knowledgeable people already aligned their buildings with existing heaven-earth-axes. Red Indians first located the energy centre before they erected their wigwams. This knowledge is also manifested in church buildings, which took their location from druids who had insight into the energy context.

Today we are confronted with a different set of tasks. Living spaces have become smaller. We no longer have free access to the natural centres of the landscape for the construction of our buildings. For this reason Alpha Chi Feng Shui uses the opportunity to place the centre from an energy perspective in order to connect the living space to the centre of the earth and, at the same time, to the cosmic energies. If we manage to release this central force on a fundamental basis, we can guarantee a central provisional system for our living space.

In Feng Shui this central space is called "Tai Chi", which means that it is responsible for the provision of the immediate life forces, like a well that fills the surrounding space with water and charges its surroundings with energy.

Alpha Chi and the Bagua

The method Alpha Chi consultants, who are familiar with the actual flow of the chi, use, is as follows:

Place an energy circle around the respective living field. In it you determine the focal points of the chakras, the creative cycle of the five elements and their points of force, and the energy centre. These are then mapped out. Any other currents that may influence the entire organism are also depicted. The flow of chi throughout the surroundings is observed, and special energies that influence the field of life are investigated. Cosmic or planetary influences, or energy fields of the earth such as water veins or planetary grids are located. This way the consultant obtains a complete overview of the forces dominating the surroundings.

If the centre is stable, it is connected cross-wise to the four elements so that an energy field is created on which living spaces can be erected. This field is connected cross-wise with the power points of the four elements so that a force field is erected on which the fields of life can be built. This force field should represent maximum harmony and should be able to develop the highest power potential.

The holy circle that surrounds the building offers protection and guarantees the presence of lucky currents. The basis of a Bagua plan is the concentration of natural magnetic powers into the circle of the personal field of life and work.

This circle is divided into segments, to which clear life goals are attributed. A company will define its segments differently from those of a private household. However, this circle should always consist of eight segments forming a Bagua. The holy circle or cycle has a course that should not be interfered with. The course of the sun cannot be changed either. By copying the natural rhythm we experience the power of the cosmic cycles with their supportive influence. There are different methods working with the Bagua. One school of Feng Shui relies on the compass and the structures of magnetic fields. Another school, such as the Tibetan Black Hat sect, aligns the Bagua plan with the position of the door. It can be said that the Bagua is simply a projection of our life plan onto our surroundings, an energy plan for our goals.

In Alpha Chi the Bagua is installed by blessing the centre and the Bagua field through holy Feng Shui signs which draw energy that may lack for perfection, immediately from the currents of the universe into the respective life spaces. In this way a force field is created within our living spaces that is independent of outer shapes. The energy is recognised and can flow through our lives.

The Bagua is a pattern of creation that manifests itself everywhere, like the chakras, and the cycle of the five elements. You find it in all things great and small. It represents a clear order of the respective patterns of life.

The Alpha Chi method locates this pattern in the field of life according to the actual influx of qualities, which, in turn, determines the Bagua plan.

If there is interference or disturbance in one of the areas, this is corrected by placing signs in the respective spot. These are energy-related sound formations that correspond to the segment of the Bagua and its content. They direct healing energies into the afflicted areas. If it becomes evident that the relationship area has become unbalanced, so that difficulties occur in an existing partnership or a single person does not find a partner, the necessary relationship energies will flow into those people's lives through the sign. It is important that at the same time the people who are affected clear themselves internally in order to support this process.

The human Being and Feng Shui

In the previous chapters you read about the planetary consciousness of the earth, the cosmic influences and the spiritual dimensions of the earth. This chapter dedicates itself to the integration of human beings into these contexts.

All that exists is part of the cosmic plan. Every human being incarnates on this planet and possesses an individual consciousness. We all carry certain qualities within ourselves and are embedded in our histories of past, present and future. No matter which position in society we may have, whether we are masters or servants, we all have our own destiny and the predispositions to fulfil our lives.

The science of Feng Shui originated in the need of humans to create special living fields for themselves. From the beginning they looked for appropriate places to settle and to cultivate their fields. In this context humans first began to take a closer look at nature. They observed the passing of the seasons and other changes. They drew conclusions about how these phenomena were connected. Besides they looked at the skies and tried to decipher their influence on life on earth.

It became evident that some places were more suited for settlers than others. The choice of place influences the lucky occurrences in life, the harvest, the achievement of earthly goals, family life, and professional life. People tried to find our where there were benevolent landscapes and places of nature where they could establish their living fields and coexist in harmony with the earth. They were looking for places that supported and did not hinder their development.

In contrast to other forms of consciousness, we as human beings possess free will. We have the choice to decide how, when, and to what degree we want to interfere with our surroundings. We are able to design and create and make things happen in our lives.

Feng Shui is the knowledge of how to live in harmony with earth and nature and how to integrate into this cycle of creation when designing new fields of life. In the creation of living spaces we influence existing spaces of the planet. When we build houses, design landscapes, or plan cities, we always drive back nature to a certain degree. It is important that we take into consideration the natural conditions and energy flows in order to remain in harmony with the earth. If we manage to do so, we create places of power that support our goals.

In the course of history many cultures found different names for the knowledge that is known today as Feng Shui. Feng Shui is characterised by Asian and Chinese influences and has gained immense popularity in Western culture. At the same time we find a Tibetan school of Feng Shui, the so-called Black Hat School, which, for Asians, constitutes an unorthodox branch of tantrum Buddhism. In India this school is called Vastu and is influenced by Hinduism. In Europe we find that the centuries old school of Geomancy was partly influenced by Celtic cultures, partly by the Christian Occident. It is mainly the result of witch-hunting that very little of this school has remained. But this science has left some marks and traces in medieval churches and other edifices, and even in English landscape gardens of the 19th century. In shaman traditions we find similar influences, adapted to the respective spiritual worldviews. They all share the same origin, which underwent different influences depending on culture, religious worldviews and forms of civilisation.

It is the intention of this book to discover the origins and to adapt them to the demands of our time.

Because of the energy orientation of our school we become aware of energies on a molecular level. We observe phenomena and are aware of spiritual laws that formulate patterns of nature.

We are surrounded by consciousness. This is embedded in cosmic cycles of creation and its basic structure is unchangeable. This knowledge is unchangeable. What changes, in the course of evolution, are the cultures. Depending on the influences, the outer form of this eternally valid law may vary. Depending on the translation the original knowledge may be interpreted according to cultural factors, the level of knowledge within this culture, and the respective social and historical influences. The quality of this interpretation depends on the quality of the translator.

The Asian knowledge of Feng Shui that has influenced our Western culture can only partly meet our demands. It is important to find a Western form of Feng Shui that represents our own culture and expresses the spirit of the West.

Energetic Feng Shui uses this knowledge of unchangeable aspects of the chi and puts it in context with our culture. Some of its laws are predetermined, others should be applied whenever necessary.

The objective is to understand nature and its laws and to create positive living spaces in harmony with the respective cosmic influences.

The human Being is the Centre

The human being is the actual centre of Feng Shui. It is our natural desire to create positive living spaces in which to express ourselves. We are the centre, determined by our individual needs and goals.

We all try to fulfil our goals and give them room – in the shape of homes for our families, offices and factories for our work, and communal buildings for our social life. We cultivate fields in order to feed ourselves, we look for shelter and protection in our homes. When we fulfil our inner goals we give them room in our outer world.

We are the creators of our living spaces. We find an initial formulation within ourselves and our ideas take shape in our imagination. We design and plan rooms, then they can be created. This does not restrict itself to actual buildings or landscapes. Our entire lives take shape this way; whether professional ideas, family planning, works of art and literature, politics, entire civilisations, etc.

Everything begins in our spiritual selves so that it can later take shape in the outside world. This outside world that surrounds us and that we fill is the immediate expression of this process. Become aware that your flat and your workspace are a reflection of how you fulfil your inner predispositions.

In Harmony with the inner and outer World

The more our inner desires and goals correspond to our situation in the outside world, the more successful we are in our lives.

Everything around us possesses a symbolic as well as a real meaning, and through Feng Shui we can begin to understand the interaction between the material and spiritual worlds.

A house for a family without a communal room will hardly encourage a healthy family life. A company without a team-room will produce employees who feel isolated and lonely and thus cannot contribute fully to the success of this enterprise. When we do not make room for relationships in our inner and outer worlds, this subject will not find resonance in our living spaces. The other way round this means that the desire for a partnership will be fulfilled when we consciously make room for this subject in our lives. This is a symbolic act, which points our chi in a certain direction. As soon as we consciously make room for these areas, we create points of initiation so that they can develop.

It may also be that we have not clearly formulated our goals in our inner worlds so that subsequently we cannot see success in the outside world. Here the spiritual law of "inside equals outside" applies.

We are the creators of our lives. The more aware we become of this the more we can take responsibility for changes. We must realise that the first impulse has to come from within ourselves. The clearer we are in our inner worlds, the clearer our needs will manifest themselves in the outside world.

Our living spaces should be considered as extensions of our arms and legs. Their roofs are our heads and their cellars are our feet. The better we manage to fill these rooms with love, joy and fortune, the more successful we will be in our lives. The inside and outside worlds should be in harmony and, ideally, should become one. Our homes reflect the challenges, opportunities and directions in our lives.

The Law of Resonance

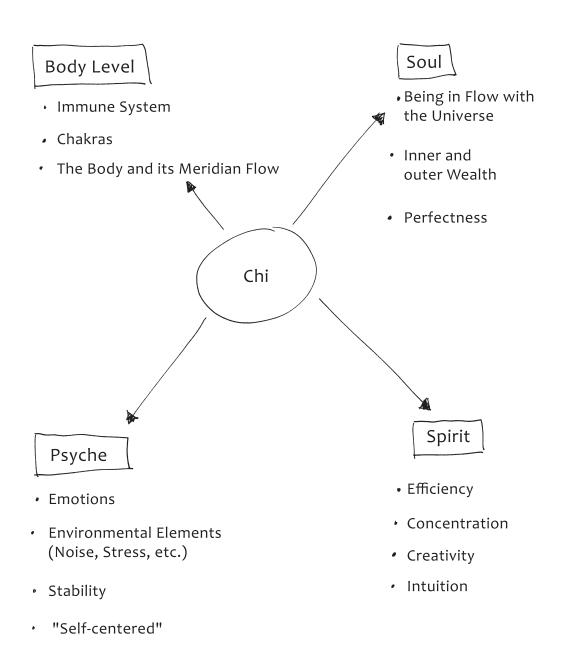
Every person has a personal field of energy, an individual aura. Besides our physical bodies we also possess an energetic body. Closest to the physical body is the astral body, next comes the emotional body, then follow the causal and spiritual bodies. All these bodies are in constant interaction with their surroundings.

The spiritual body cannot be influenced however. The causal body only allows limited interchange. But the other energetic bodies directly reflect the energy surrounding them. Just remember the funny feeling you may have had upon entering a certain room. The reaction of your emotional body is much faster than your conscious thought process.

In a natural way we are in resonance with the life that surrounds us and attracts patterns with a similar vibration. In turn, the resonance we produce also releases vibrations, which cause reactions in the outer world. Just think of bad moods, which can "pollute" the atmosphere, or a good mood that can be contagious.

We cannot see ourselves isolated from the outside world. Therefore it is important to create harmony between the inner and the outer worlds.

Feng Shui clears the atmosphere and helps to enhance the feeling of well being in our surroundings. Internal Feng Shui serves to clear our inner worlds. When inner consciousness and outer world are in harmonious resonance, the living space fills with fortune and prosperity on all levels. Energetic Feng Shui serves to harmonise the fields of vibration around us so that our feeling of well being is increased and we are supported.



The influences of the Chi on the whole consciousness of man

The Flow of Chi in Buildings

A building is a closed organism. In every closed building we find a mouth of chi, where the flow enters in order to merge with the flow of chi in the surroundings. This opening can be a door, a window or an energetic opening. Chi is energy and can only flow freely through the rooms when its paths are unblocked. It flows through open spaces and installs a current of life energy.

There are rooms that cannot be filled with this vital current. They are zones of energy blockage (Sha), where the chi might not be able to pass a certain point. The flow of chi is comparable to a flow of water which, when it encounters an obstacle, does not flow on but comes to a standstill and gathers. When such a blockage of energy occurs the supply of energy to the entire organism of the building is at risk.

On the other hand there are zones that propel the chi so that it flows too fast. However, the flow of chi can also slow down so much that it becomes "lukewarm" – in the true sense of the word. Only when the chi flows evenly through all the rooms will this result in good Feng Shui.

The Feng Shui consultant will recognise where a building opens up to the flow and connects with the current of the chi in its surroundings. Subsequently the flow of the chi within the building will be analysed to locate the zones that are well provided with energies as well as those where a blockage or stagnation occurs, so-called Sha zones.

In this case it is the task of the Feng Shui consultant to dissolve these disturbances and connect the current to the flow of the house as a whole so that the entire space is properly and evenly filled with energy.

In the organism of the building we find superior concentration points of the five elements and the seven chakras. These manifest themselves in every living space and intensify. We find these patterns of creation in all rooms and on all levels. Even on our desks we find closed systems of both. The fields of force are generally located for the building as such. On the basis of this certain areas can then be defined as optimal for certain fields of life.

In the best case the flow of the chi stimulates the creative cycle in a field of life by connecting the force fields of the five elements with each other and simultaneously uniting the individual concentration points of the chakras to a rainbow cycle. If this is not the case the Feng Shui consultant should create this flow.

There are two objectives behind this optimisation: The flow of the chi as well as the concentration of the creative force should be refreshed and given direction in order to improve and support both business and private life.

Rooms filled with chi are full of life and can fill up with love, prosperity, fortune and success. This is the law of the universe.

Feng Shui and the Potential for personal Development

Feng Shui can only be effective when we put some work in as well. It can only develop when we are prepared to flow with the changing current of energy and take the opportunities unfolding before us. An empty room offers many possibilities. It is up to us to decide with which spirit we want to fill it.

For this reason Feng Shui should always be accompanied by an inner rising of awareness. Otherwise there is the risk that energy starts flowing and encounters un-cleared fields that are not prepared to accept change. This could result in a conflict of interests with this energy and problems could arise. Feng Shui alters the flow of the chi. One could prepare it with the tail wind which we use to get ahead.

Any reorientation should always support the improvement of the general situation. Potential will best be realised by integrating all aspects reflected in a situation. It is natural that in such a process you will not only encounter positive things. Opposition and difficulties are chances for growth and should be welcomed accordingly. Use your opportunities!

Feng Shui and Room for Change

You are the one who makes the changes in your life happen. Be aware that an integrative use of Feng Shui always brings about changes in your life. An increase in energy may bring old shadows back to life again or spread light on things you might have confined to the recesses of your memory. Feng Shui clears out old things in order to make room for new things. Changes in the flow of energy within your field of life also change the rhythm of your life. Some things are accelerated, others will have to leave for there is no longer any room for them.

Life means constant movement. Life is change. Feng Shui synchronised your field of life with the cosmic rhythm. You get into a flow with the cycle of the seasons and the stars. Many things might change for you. You will most certainly get in touch with your inner self. All your life's energy flows start to move and merge with your flow of life. This is the true meaning of the first house of the Bagua: Being one with your own flow of life, the earthly current of self-fulfilment and the heavenly currents.

It is a law of Feng Shui that all areas flow with the chi. This is true both for individuals and for communities. Several people vibrate in different energy fields that complement each other and form a common flow, harmonise their vibrations and vibrate with each other. They may also flow in opposite directions.

According to the classical interpretation the flow of the chi guarantees the flow of money, fortune and well being. All people are, of course, required to take responsibility for their own lives and goals. The chi is the current that carries everyone. But they all have to row their boats themselves.

And Feng Shui provides the oars.

The room you fill cannot be separated from you. Whatever you fill, it is a direct projection of your inner self. The more conscious you are of this the more successful your working life will be, the more fulfilled your family life, and the more successful your individual and spiritual development.

Harmonious fields of life and work will influence the feeling of well being in our lives. A negative atmosphere can literally spoil our mood. At the same time we must understand that we should not interfere with nature without being in harmony with it and respecting its laws. Otherwise we create an imbalance, which will ultimately affect us ourselves. There is no need to refer to environmental problems...be open to this awareness.

In the future we should work on advancing the evolution in harmony with the cycles of creation. This is the task for the future, ours and that of the generations that follow.

Steps of inner Clearing

In the first step you should ask yourself whether you have fulfilled your innermost goals in your life. Take this as an inspiration to formulate your short-term as well as your long-term goals. Write them down.

When planning a house, a business or a company this should always be the first step. Be clear about these goals first and then analyse how they will affect the community. This is the only way to integrate your goals into the cosmic plan. Naturally, communities have to do this together.

Get in touch with your heart and harmonise your desires with your heart's desires.

- I. Define the areas of your life.
- 2. Write down all the areas of life that are important to you; for example family, friends, health, partnership, love, finances, personal development, children, cultural interests, spiritual growth, professional success, etc. You can then define these fields even more clearly. Professional success can be subdivided into steps on the career ladder or increased income. For your private life you might express the wish for a fulfilled partnership.
- 3. Stand right in the centre of your field of life or pick a place where you feel particularly comfortable. Then move into your heart. Expand the love in your heart until it fills you up, and then surround yourself with it until you feel safe and protected. Let the light from your heart flow into your surroundings and fill your entire field of life with it, your flat, your office, or your company. Make contact with one of the themes of life that is particularly important to you and use your heart to look for the place of resonance for this subject.

Now explore this place and find out to what degree you already fill this field of life. Memorise this experience. If you do not feel any resonance through inner images or emotions this area is probably still uninhabited and lacks supportive energy. Or it might already be too full. Or you may notice that something is missing. It might amaze you what you can discover through the resonance of your heart. You gain insight into the current situation without having to pass judgement.

There are methods to locate those places where the flow between the inner and outer world does not yet manifest itself, where there are points of resistance and obstacles hindering free expression.

Or it will become evident where you are standing in the way of yourself. Parallel to Alpha Chi, a method called Gauri Gatha was developed. It helps to reorganise energy structures in the inner world and looks for their origins. To begin with, one must recognise the parts that need to be restructured. Then your Feng Shui consultant can help you to create beneficial changes.

Alpha Chi and Gauri Gatha

Feng Shui serves to harmonise the energy flow in your surroundings with your life's energy flow. It helps to reorganise structures that surround you and to design the outer field in such a way that they get clear direction.

At the same time a method was developed which attends to the inner structures. In connection with Feng Shui, Gauri Gatha harmonises the inner and outer conditions with your field of life. Through this method the situation of your life can be depicted in a symbolic way. This way it is possible to see where energies flow — and where they do not flow. The relationships between the rooms you inhabit and the people who fill them become evident. According to the law "inside equals outside" the outer surroundings must be understood as reflections of the inner Feng Shui.

The themes of your life are symbolically linked to the Bagua and ordered systematically. On the basis of this the flow of energy becomes evident. Obstacles and blockages can be determined and, if necessary, removed. The current of chi that flows through your entire life thus receives new impulses. Inner and outer Feng Shui are harmonised and unite with the universal current that nourishes all of us.

Gauri Gatha shows you how to tap into the current of vital energy surrounding you. When you and your personal field of energy are in harmony with the vital current you will arrive at your own place in life. Your direction and goals become clearly defined. Things that are clear in the inner world take on the desired shape in the outer world.

In combination with Feng Shui this method possesses a great impact. Familiar structures release new rooms for harmonious relationships. In business, internal structures are optimised so that cooperation improves, allowing guidance through the company's goals.

Feng Shui in Companies

Feng Shui helps to clear outer spaces, recognise potential and optimise the working space for everybody. In combination with Gauri Gatha the structures between the employees are cleared, placements are improved and leadership goals are directed in such a way that everybody integrates themselves into the general flow of the company. The energy flow of the company intensifies and becomes clearer in definition and quality, which will be recognised by the market and the customers.

The objective is to guide every person to the place where their personalities and qualities can develop and contribute to the success of the company. The energy flows are stimulated, which strengthens and improves the working climate. Executive positions receive a place that guarantees authority and the necessary influence. Activity and motivation depend entirely on everyone clearly taking up their places and being supported by the others. An analysis is made of who best cooperates with whom. Fine-tuning of personal fields of energy improves the general structure.

Energy fields of rooms are harmonised with their users. Each company has its own energy pattern, as does every individual within it, who is one component of the entire organism. Together they form a network and are united with the flow of the chi surrounding them. Force and potential are increased when all components are integrated into the flow.

In companies Feng Shui is particularly successful when the flow of the chi is cleared simultaneously on all levels.

Correspondence of Life Patterns and Room Patterns

Ancient masters of Feng Shui already understood the influence of stellar patterns, the tapestry of the universe, on our lives. They analysed different patterns that can be combined with each other in a flexible way. These insights manifest themselves in the *I Ching*. With its 64 hexagrams – eight times eight – it describes the hologram in which the evolution of all things follows the same laws of nature. It also became evident that every human life also followed a personal pattern.

This knowledge resulted in astrological research. The challenge is to

This mythological oracle and book of wisdom originated in a mythological era. It is a system of parables that describe the world.

harmonise the patterns of life, which are universally valid and keep recurring in certain cycles of creation, with the individual. That means all persons integrate their personal lives and their destinies in an individual field of life and help create it.

There are different possibilities to harmonise these fields. Ancient Feng Shui masters used astrological forms. But this is only one way to harmonise the fields of living with the personal life of a human being. Our school of Feng Shui teaches its consultants to become aware of their personal fields of energy and to recognise those aspects that can be cleared in a consultation. They are trained to advise you on your characteristics and life situations from a level of non-duality. This is a purely energy-related method, referring to your surroundings, which is determined by patterns of energy.

You possess a personal energy pattern, the so-called "aura", which surrounds you. A consultation on your aura does not depend on astrological calculation. It is made on the basis of the immediate perception of your abilities and characteristics, which, in a second step, are then harmonised with the field of life that you fill. This requires an analysis as to whether certain energies correspond in your case beneficially, supporting the strongest possible flow of energy in your life. The first step may be easier to understand when you see astrological drawings on a piece of paper.

The method of perceiving and reading the immediate field of energy of people and their surroundings originated in the energy-related form of Feng Shui. The advantage of this method is that generalisations can be avoided and the individual is truly at the centre.

Based on the fact that energy fields may be influenced by different factors it is possible to see straight away what the state of harmony is between you and your field of life at this present moment. This cannot be achieved by calculations or grids placed over houses. These cannot represent the actual flow of the chi and the energy flows of the living spaces. Consultants in energetic Feng Shui are required to stimulate the currents in your work and family fields in such a way that the best possible flow of energy is achieved and you can thus live in harmony and use the greatest possible potential for your life. This will result directly in an increase in your quality of life.

Through the energetic process, which is initiated through working with energetic Feng Shui, your life is immediately supplied with chi, because your energy field is linked to the energy field in your surroundings. This means that zones of stagnation are neutralised, or a flow is re-established there so that you perceive the zones as an expansion of your personal rooms in the inner as well as the outer world. Energies that were trapped or perhaps transferred themselves to concrete areas of life, such as a lack of money or dysfunctional relationships, will also be swept away by the newly released energy flow. This contributes to an improvement in your quality of life and to more fulfilment.

The increased chi in your environment, which will contribute to an optimum development of your life, will influence your life directly. This includes the fact that a change in the field of energy will most probably result in changes in your life as well. You must be conscious of these changes, for they eventually take you back to your own vital flow. Therefore it is necessary that the energy flow

be not only re-established in the outside world, but that you harmonise yourself as well. The Feng Shui consultant can help you by explaining which of your areas of life still lack a flow and how – through Feng Shui and your own inner work – you can restore the balance and thus achieve the greatest success possible in your life.

You must be aware that it will not suffice to change your environment, either in respect of energy or in a more concrete way. It is also necessary to accept these changes and the responsibility for them.

The seven Chakras and the five Elements in Areas of Life

In every field of life you will encounter two levels of forms of creation. One level is the cycle of the five elements, the other level of consciousness is formed by the chakras. The creative cycle is a cycle connected to the earth and ruled by planetary energies. It flows close to the earth's physical body and guarantees that we can be creatively active on this level of consciousness. This cycle creates the continuum of time and space in which we exist. We can create and move things in connection with this field of activity, in temporary intervals that we determine and in the space we fill with them. All our worldly activities have a beginning and an end and take on a three-dimensional form. Our link with this cycle helps us to develop the tasks of our lives in harmony with the cosmic rhythm and to fulfil our goals.

The chakras are steps of consciousness of light and manifested levels of creation. All creation manifests itself in the rainbow cycle. In contrast to the cycle of the five elements they are unaffected by movement. They are beyond time and space because they are part of the eternal space. In contact with these qualities of light we experience their consciousness and give them the opportunity to unfold within our lives. Their light flows through us and connects us directly with the pure aspect of light. It is a rainbow cycle, which connects with our body chakras and flows through us.

In every field of life the cycle of the five elements as well as the chakras manifest themselves in order to create life. Without these force fields there cannot be life. We find closed systems of both on all levels. Each closed healthy room organism forms a closed field of chakras as well as a cycle of elements. A landscape is determined by superior phases, a building within this landscape has its own house chakras and power points of the elements. A room within this house again contains each of these forms of consciousness and even a desk within this room possesses a closed field of chakras and a cycle of the elements.

They define space and time through certain qualities. By locating these power points, which intensify within the continuum of space and time in every living space, we can use their qualities for our lives.

There are different ways of using chakras in the areas of life and of placing respective activities into these areas. The field of the chakras fills this area with a certain quality of being, which, depending

on the area of life that is integrated into it, supports other aspects and has an inspirational impact on our intentions. These can be expressed in many different ways and may even be quite contrary. The expansion of the individual chakras may vary, they are strengthened or weakened depending on their use. It could also be that a particularly dominant chakra will not be reintegrated once a house has been torn down and rebuilt. Depending on the individual case, the consequences may be severe.

I once encountered such a phenomenon in an advertising agency. This agency was very successful, but it suffered constant problems with employees because in the process of reconstruction the heart chakra got unconsciously left out so there was no love. This of course weakens the power of a company that depends on the strength of its team.

Therefore the conscious integration of the chakras strengthens the rooms we use. In Alpha Chi Feng Shui consultants learn to locate the chakras and the creative cycle and to convey their qualities to the user. Very sensitive people have the ability to perceive and feel them.

The Quality of the individual Room Chakras

Root Chakra

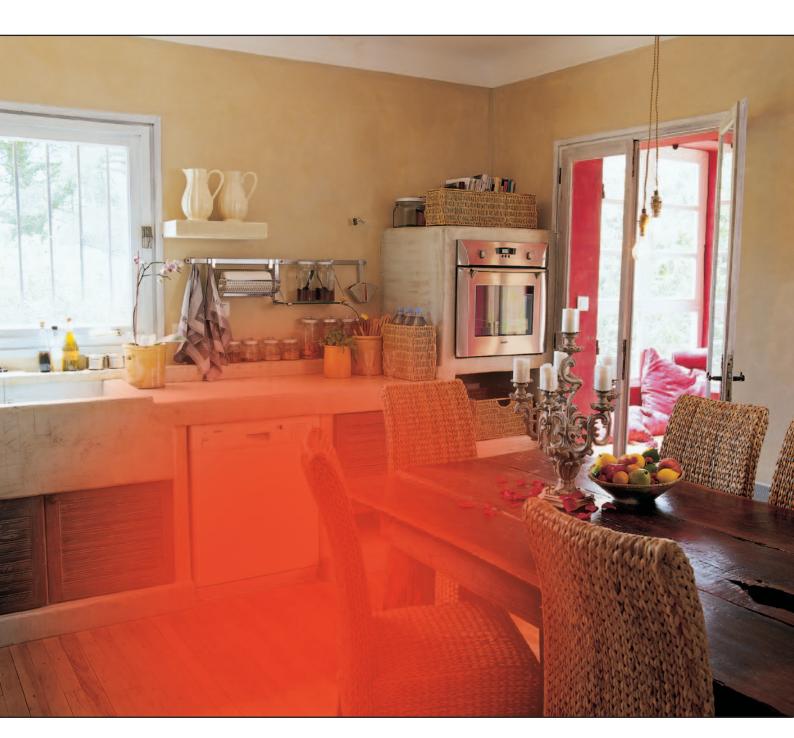
This energy corresponds to the colour vibration of red. It is the frequency that is closest to the earth and connects us to the earth fire on the inside of the planet. The inherent characteristics of this light nourish stability and security, provision, warmth, and safety. All subjects who fall into this complex can be placed into the area of this chakra. It is a good place for the kitchen because here food is transformed. All areas related to provision and growth are nourished here. Plants find the strength to grow.

The strong activity of this area furthers fast-moving businesses and aspects that rely on rapid energy. The entrance of an advertising agency, for example, is well positioned here, a business area that requires tranquillity is not.

Spiritual energies can rise through the support of this chakra. This is therefore also an adequate place for a spiritual subject. Domestic temples and places of meditation feed on the spiritual fire of the earth. Transformation work is supported through the link from earth towards spirituality. This light furthers phases of child development but it should be used with care. On the one hand it supports all aspects of growth, on the other hand it might provoke potential aggression through its charged energy.

Thematic areas of the red force field:

- · Connection with the earth, earthly activities
- · Grounding, stabilising, strengthening
- · Provision, logistics
- · Processing of food
- · Transformation work, directed from earth towards spirituality
- · Growth, rising from earth to heaven
- · Furthering daily routines
- · Enhancing activity, energizing
- · Sexual energy
- · Trust building
- · "Being in the here and now"
- · Raising awareness



The root chakra in the interior

Navel Chakra

This colour frequency corresponds to orange. Its vibration is similar to that of red but has a more sensual quality. It carries the quality of strength and perseverance. Here one can replenish one's energies and redeem states of exhaustion. Places of regeneration receive strong energy-related support here so that one can gather one's strength.

This chakra possesses a strong component of courage and assertiveness. It supports the reorganisation of plans for the future as well as the courage to assert oneself and to confront the outside world.

All sensual and social pleasures are ideally placed here. When it is well nourished this place of power radiates joy and a lust for life. At the same time this light controls the movement of the earth. This force supports all activities relating to movement. This chakra controls everything that moves. Besides, it possesses the power to centre so that one can then act from this centre.

It supports creativity as well as the ability to learn and is thus a good place to study. It represents a favourable energy for making contacts for it encourages closeness. Joyful social relationships are supported by its energy.

Thematic areas of the orange force field:

- · Gathering strength, regeneration
- · Coping with exhaustion, stabilising one's psyche
- · Finding courage, courage to go outward
- · Revitalising one's everyday life
- · Fertility
- · Expressing insights
- · Power in tranquillity
- · Closeness and distance
- · Movement
- · Physical strength through centring
- · Controlling movement through inner tranquillity
- · Creativity and creative power
- · Learning and teaching
- · Co-operation
- · Integration of information

Solar Plexus Chakra

This colour vibration corresponds to yellow and gold. This chakra is closest to the quality of the sun. Here peace and harmony reign. At home as well as at work this is a place of regeneration.

As this chakra is located in the area of the stomach, its frequency supports the intake of food. It is a good place for the dining area, for social gatherings with one's family or colleagues.

Here we feel as though we have found our place and we are comfortable on the inside as well as the outside. It is a perfect place for negotiations because all participants will feel strong and at ease and it is much easier to come to a mutually satisfying agreement.

It is also an excellent place for sleep because is guarantees deep relaxation. This light advances joy and well being. As a place of meditation it possesses the quality of inner peace.

Thematic areas of the yellow force field:

- · Harmony between inside and outside world
- · Being one with the flow of life
- · Inner and outer peace
- · Taking up one's place
- · I realise my inner images in life
- · Finding fulfilment in what we do
- · Negotiations
- ·Sun
- · Joy
- · Food
- · Events
- · Sleeping in peace
- · Centring
- · Mental clarity, calming
- · Contact with the past, with one's own roots
- · Reviving and solving karmic entanglements
- · Meditation

Heart Chakra

This chakra is the frequency of green. Love and harmony, and beauty and agreement with others and ourselves embody this quality.

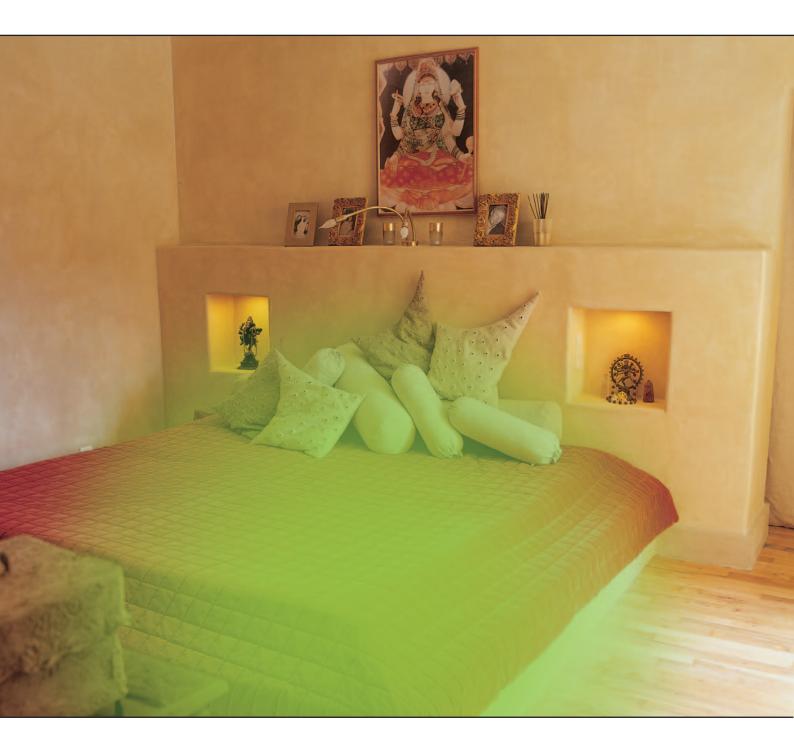
It is a wonderful place for being in the company of one's family and other people and for sharing and developing an understanding for each other. It is the perfect place for family activities.

It stimulates all activities and inspires artistic creation. At the same time it is an ideal place for executives because here they can lead others with love and with a perception of their qualities. It is a good place to move decisions from an egotistical perspective into the flow of life of one's own laws.

All activities of healing are well placed here because this frequency of vibration advances healing processes. Generally speaking everything can be connected with love in this place – whatever it is you want to unite with this quality, from relationships to work. The place of the heart chakra will fill everything with harmony when we connect with it.

Thematic areas of the green force field:

- · Love
- · Beauty
- · Harmony, balance
- \cdot Art
- · Healing
- · Activities filled with love
- · Leadership in love
- · Children
- · Religion in connection with universal love
- · Solution of duality
- · Experience of unity



The heart chakra in the interior

Throat Chakra

This vibration corresponds to the frequency of light blue and turquoise. It possesses two dominant qualities that could be described as the ability to act and communication. All communicative activities are supported here; telephone conversations in the office or in the area of all media. It stimulates all of these areas. It helps to bring all spiritual and mental aspects into reality.

This is also a good place to give our spiritual ideas a concrete form, e.g. to transform thought into plans and drawn-up designs. Realisation and action are supported in an optimal manner. Besides, all activities of sensory perception, which are located in the head area, are stimulated here – hearing, smell and taste. Here we give room to ourselves and to our perception.

Thematic areas of the light blue force field:

- · Room for oneself and for others, freedom to act
- · Freedom
- · Unlimited expansion
- · Activity, action, completion
- · From the spiritual to the material
- · All the senses sight, hearing, speech, and smell
- · Communication, giving expression
- · Materialisation

Third Eye Chakra

This frequency corresponds to indigo blue. It is the energy that advances the power of perception, intuition and visions. In a place like this plans can be made. The power to formulate thoughts is supported here. The weekly plan for a household may be thought through in indigo blue as well as the financial budget of a company.

All thought processes are supported here. One should pay attention to a stable balance with the heart chakra because our society is very indigo determined when it comes to business, and thus often controls this energy rather than stimulates it. People who have to be very rational during the day cannot sleep in this place because their flow of thoughts will not even allow them to rest at night.

For the passing on of visions, for example to clients, this place is ideal as it conveys clarity and farsightedness.

Learning is stimulated here. However, this place is more suited to scholarly activities, of a scientific or academic nature for example. Smaller children learn best in orange. This colour vibration also possesses relaxing and regenerating qualities.

Thematic areas of the indigo blue force field:

- · Perception
- · Realization, self-knowledge
- · Receiving and passing on visions
- · Planning, concepts, projects
- · Thought processes
- · Relaxation
- · Creative power
- · Clearing

Lotus Chakra

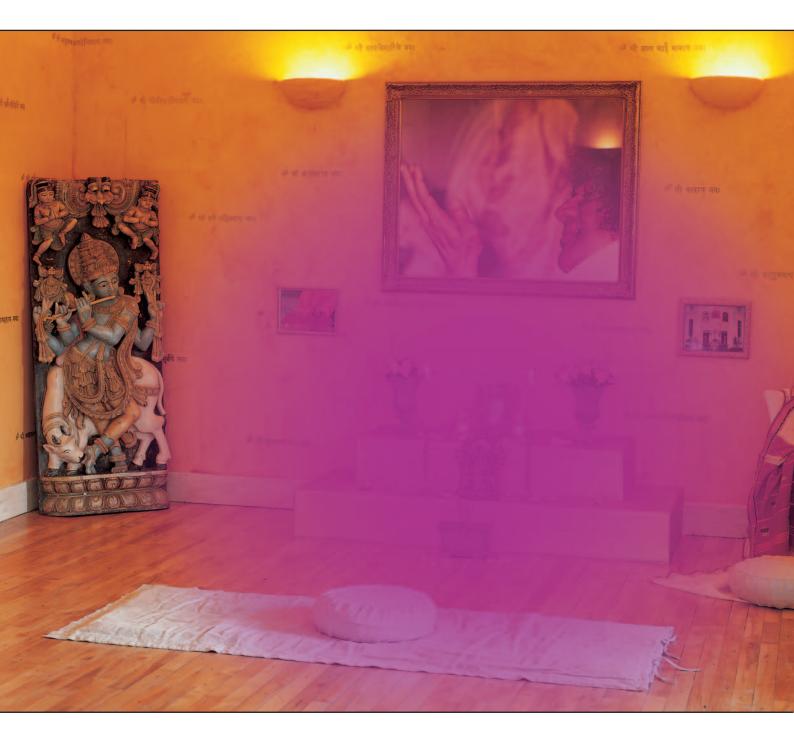
This colour vibration corresponds to purple and violet. In the area of your home this is the optimum place for meditation or a domestic temple. Some people like to sleep in these vibrations because they support nocturnal travels. Alternating between the worlds is much easier here.

In the working life this is the place where you find inspiration through a spiritual connection and where all parties involved can perceive the common concentration on one goal much better. Processes of change or new directions are best initiated here.

It would be desirable if this room chakra would in future always be spiritually determined, independent of religious ideas, because it supports the connection with the spiritual and lets heavenly energies flow to earth.

Thematic areas of the violet force field:

- · Connection to heaven, to the cosmos
- · Access to the universal consciousness
- · Access to the mystery of life
- · Deep understanding
- · Meditation, prayer
- · Sleep, traveling spiritually
- · Inspiration
- · Devotion instead of action
- · Willingness to serve
- \cdot Transformation
- · Lack of emotion through inner detachment
- · Leadership



The lotus chakra in the interior

The Quality of the Power Points of the five Elements in Living Spaces

The Element Fire

The energy of the power point of fire represents a concentration of light. It is linked to the principle of the heart and love.

It is an actively pulsating energy that lends inspiration and heightens the consciousness. This point can, under a spiritual influence, create a connection with light and the cosmic fire in order to observe and reap the fruit of heaven. It should then be guarded and cherished through rituals.

In the area of work and life the power of this place supports expansion and satisfaction. Projects are advanced through the speed of the high Yang concentration. But only love guarantees that the principle of giving and taking remains in balance and that the energy does not cause hyperactivity.

Generally it is a point of power that gives out warmth and love and furthers growth. Here we find the heart of love that wants to bring the fruit to earth.

Thematic areas of fire:

- · Love, light, awareness
- ·Vitality
- · Principle of the heart
- · Activity, inspiration
- ·Speed
- · Advancement of projects
- · Warmth, strength
- · Giving and taking

The Element Earth

The power point of the earth stands for matter, body, and manifestation. It strengthens stability and centring. It is linked to the stomach and the spleen.

The spiritual principle of the earth's energy helps us to process impressions from the outside world and to establish communications with beings of light. The earth element supports the creation of structures and encourages all earthly business activities such as the production and the sale of goods.

Here lies the basis for money, for the earth produces metal. In this place successes can be made visible.

Thematic areas of earth:

- · Solidity, security, stability
- · Agriculture and forestry
- · Sowing and reaping
- · Production
- · Matter, body
- · Processing earthly impressions

The Element Metal

This point of power is connected to the principle of breathing in. In the human body the metal element is linked to the lungs and the colon.

By breathing in we absorb the chi. Therefore the metal element stands for the power of materialisation from infinity to finiteness. By breathing in we absorb heaven, it becomes a part of us. The information of creation finds us in this space.

The colon stands for the principles of gathering and of holding onto things. First something has to fill up before it can then spread out. If you try to hold on in this place it will result in stagnation and in the dying of power: Death.

The metal element is linked to the political system, bureaucracy, the military, and computers. All plans are supported here. You should make sure that all elements are in harmony. Only the flow of the creative cycle between the earth element and the water element can guarantee that this energy of metal does not stagnate and solidify.

At the same time metal stands for the principle of money and the preservation and administration of this energy. Here a balance of ele-

ments also makes sure that we can gather in order to preserve and to keep the flow going by giving.

Thematic areas of metal:

- · Money
- · Gathering
- · Administration
- · Materialisation
- · Absorbing and passing on information
- · Planning

The Element Water

The point of power of the water element stands for the flow of life. In the centre of this current we experience tranquillity and contemplation. Therefore its powerful centring sometimes stimulates meditation. Water stands for the spirit and is receptive to the consciousness.

The water element helps the energies flow through the other elements. This current has no intentions, thus the water element helps us to let go of things. When we stay with the flow, life flows with us. The water element is linked to the kidneys and the bladder.

The kidneys stand for partnership, for the ability to allow closeness and intimacy. For this reason the power point of water strengthens all relationships.

In this place all progressive projects are supported so that they keep flowing. The water energy gets blocked up zones moving again. The tranquillity at the centre of this element stands for the retreat of energy: Winter.

Here, in the power of the centre, we can withdraw into our inner selves and raise our awareness.

Thematic areas of water:

- $\cdot \ Communication$
- · Flow of information

- · Meditation and contemplation
- · Relationships
- · Harmony, prosperity, joy
- · Lightness
- · Progression

The Element Wood

The wood element represents growth and the creation of life. It is the principle of breathing out, of the moment in which we give ourselves space and expand. This point of power supports the beginning of all activities, rapid growth, inspiration, imagination, and creativity. It stands for pulsating life, for chi.

The wood element is linked to the gall bladder and the liver. It helps us to deal with our emotions. At the same time it strengthens our ability to finish things. By closing the ring of Karma (the relationship between time and space) we get to the fire, to dissolution.

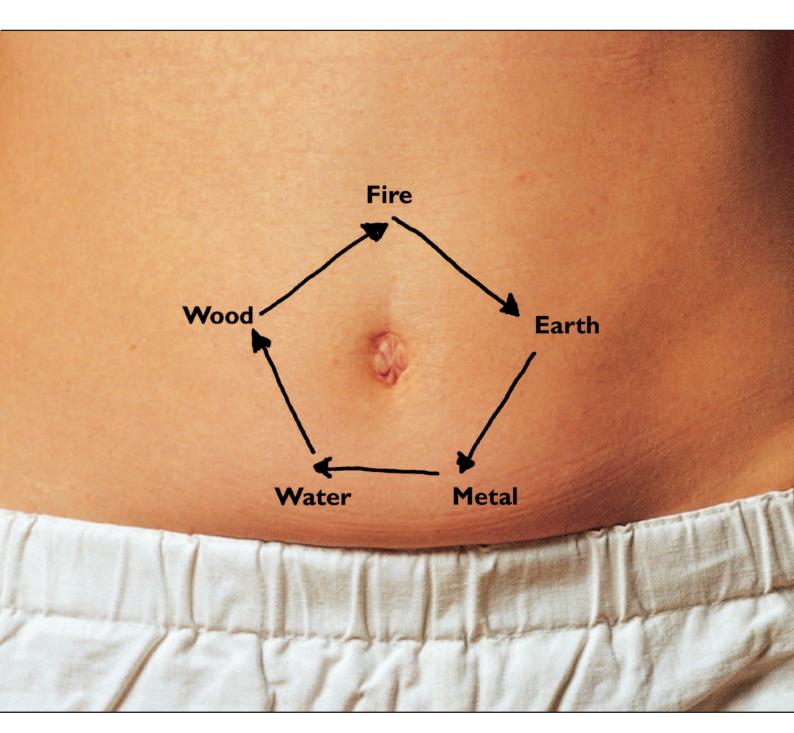
Thematic areas of wood:

- · Growth, expansion
- · Creativity
- · Pulsating life
- · Maturity, harvest
- · Emotions

The five Elements and personal Preferences

By nature, every person is favourably disposed towards certain elements. One person may be particularly dominated by wood or by the metal element. There are also people whose elements are perfectly balanced. If the five elements flow through our bodies in a balanced manner, we are in harmony.

The Chinese calculate this according to a person's date of birth. The Feng Shui consultants of the Alpha Chi tradition have a method of analysing your individual five-element pattern through body resonance. Whether there are predominant elements or weakened elements can be determined in this way. The objective is to create harmony between these elements in your life and your surroundings.



The power points of the creative cycle around the navel of man

Transferred to the human being the cycle of the five elements manifests the creative process in our lives. We find it in our environments as well as in our bodies.

In our living spaces concentration points of the individual elements manifest themselves and connect with each other. Everywhere this cycle develops and flows in order to create living spaces. We find superior cycles for landscapes, for entire houses, even for desks. The individual elements interact and connect in a honeycomb pattern.

In a second step the consultant will try to find out which individual composition of elements corresponds to your character and personality. Your individual preferences, which elements harmonise with you, which are too dominant and weaken others, all of this is taken into consideration. A consultation will help you, if necessary, to support your theme of life and make it flow.

In a further step you can strengthen this element by recreating your surroundings and stabilise the power point by integrating this element into your rooms.

Example I

Managers often have strong fire-metal characters. Their offices are often dominated by glass and furnished with metal pieces. By putting too strong an emphasis on metal the creative flow is restricted and the wood element, which supports new projects and encourages new ideas is blocked out. Therefore these people often feel burnt out. In these rooms one would have to strengthen the wood element and make the static water element flow.

Solution

The Feng Shui adviser stimulates the flow of energy of metal, water and wood. By connecting at least three creative elements a creative cycle is established. In the physical world a plant supports the creative growth on the wood point and a well makes water flow. I would advise managers to position their desks at the earth point. This creates a flow between fire and metal.

Example 2

Relationships show their imbalance in the water element through a refusal of closeness and intimacy or through dominance of one of the partners. This results in an imbalance of the metal element and the wood element.

Solution

Normally we support the child with the **mother element**. This way the cycle starts flowing. In this case we support the wood element, the child, and the water element resumes its flow. Mutual growth, the analogy of the wood element, is supported. The Feng Shui consultant will motivate you to formulate new goals and objectives in order to open up a new phase of growth and thus to nourish the wood element by focusing it.

In the creative cycle the previous element nourishes the following one. It is mother to the element it supports in the eternal cycle.

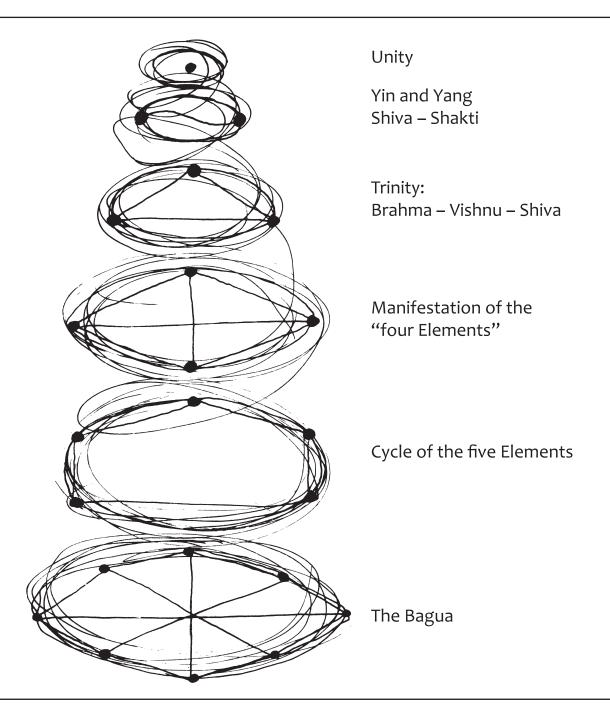


Creative Cycles

"The existence of life is the description of an eternal way that keeps recurring."

The cycles of the universe control all natural processes on earth. There are three superior cyclical rings, which influence the time and space continuum of life on earth.

- I. The dual cycle of sun and moon. In their mutual attraction they create light and darkness, day and night, and the feminine and the masculine.
- 2.The cycle of annual rings aligns with the position of the sun. Through the fiery quality of the sun cyclical fixed points manifest themselves in the planetary cycle, and these points bring about the changing of the seasons. Impulses are released that let the earth's consciousness know when it moves in which rhythm. Thus the different qualities of spring, summer, autumn and winter are created. These processes are initiated in the earthly consciousness according to the position of the sun. Through its connection, the fire of the sun moves the force of the earth. Earth's fire is either directed towards the surface of the earth or back into its centre. This occurs via an exchange of consciousness between the sun and the fire of the earth. In spring the vital forces are encouraged to stimulate growth on the surface of the earth, i.e. maturation processes in nature. As a result of their circular motion they reach their highest point in summer. Subsequently the forces are pushed back into the centre of the earth at the time of autumn, where they rest in winter in order to be reborn the next spring. This cycle is honoured through seasonal feasts. We honour the force and the knowledge of the fire in each of its stages of the consciousness that we also find within ourselves.
- 3.The cycle influencing the planetary consciousness is initiated by the twelve planets of our solar system and controls larger temporal contexts. This cycle expresses itself over periods comprising approximately 2100 years each. The changing of these eras controls the development of consciousness on earth. More than two thousand years ago these influences gave birth to the Age of Pisces and are currently affecting the transition into the Age of Aquarius. This process can be compared to seasons on a larger scale that are linked to the growth and the development of the mental and spiritual consciousness. This cycle influences all creatures that are integrated into the consciousness of the earth. The cycle of the planets moves very slowly in comparison to our perception of time. It stores the stages of consciousness on planet earth. It also influences social, political, and cultural developments.



The creative cycles of the universe

THE SEVENTH SEAL

The Knowledge of the Earth



The Knowledge stored within Planet Earth

Planet earth has a special place in the cosmic space surrounding it. Every planet, every star has its own consciousness. In our solar system the earth is a special planet. Here creation expresses itself in a very special way. Compared to the planets surrounding us, which have a one-dimensional consciousness, earth unites a multi-dimensional consciousness. It connects with many levels of light and is permeated by many cosmic rays.

The earth is closest to the spirit of the Divine Mother because it is in its nature to give birth and manifest continuously. No other planet in the vicinity expresses creation in such a variety of ways. Many different stages of consciousness are absorbed by the earth and integrated into a symbiotic existence.

Just like human beings, earth also experiences evolution. It develops in harmony with the creatures inhabiting it. It is a focal point for all cosmic rays coming from the universal space that find expression here. The planet itself does not send any rays into the environment. It is a central focal point where everything concentrates.

No other planet in our solar system offers such a variety of life in such a confined space and offers such expansive possibilities for development. The development of souls occurs in a very compact space. For this reason many creatures come to earth to evolve in this continuum of time and space. On other planets such possibilities of ascent would take considerably longer.

When we address the earth and its consciousness we encounter a motherly creature. In many cultures earth was worshipped as a mother, for the planet is closely connected with the feminine aspect of creation. It is the densest aspect of Shakti. In archetypal images she is depicted in a female form. She embodies everything feminine, gives a home to her children and feeds them, creates life.

The knowledge she carries contains precious treasures of light. A long time ago mother earth absorbed the cosmic light. The planet opened up to receive the light and allowed it to grow in its centre, giving it warmth and comfort. Legend has it that Shiva, master of the universe, released rays of light with his cosmic dance so that the sparks flew and earth was forced to open up and let in this light. This is an act of cosmic procreation. In the centre of the earth this light took shape. Over thousands of years it grew, intensified and crystallised into knowledge guarded by the earth. This knowledge is stored in the minerals and crystals we find at the centre of the earth.

The treasures of the mineral realm are guarded knowledge. In former times one used the concentration of light to gain access to a level of light, for these are contained in every crystal. In the course of time this knowledge got lost and was stored in levels that were no longer freely accessible. There was a reason for this. There were times when the knowledge of the crystals was used for healing and the transformation of light.

In Atlantis and Lemuria crystals and their power were used in connection with light to create

energy, comparable to the use of generators. Many things that have been developed by modern technology were produced by means of crystals during this era. Their energy possessed a dimension only comparable to nuclear power. They were used to bridge dimensions, transfer messages and gain access to other levels of consciousness.

Crystals were transmutators, guardians, protectors, and objects for healing. In Atlantis it was common practice to perform surgery using crystals. They were always used to concentrate light so it could be specifically applied to matter. Due to the destruction of Atlantis – a result of the abuse of these powers – the frequency level of crystals was reduced so that they could not cause any more harm.

Today we are at the threshold of being allowed to retrieve this lost knowledge. Many people recall former incarnations when they used the power of crystals. By consciously working through these memories they transport the ancient knowledge back into our time. This concentrated light contains amazing levels of knowledge and potential. When we open up to this again and enter into a connection with the crystalline consciousness and the realm of minerals, we gain access to numerous possibilities for working and healing with light.

A conscious use of the light of the crystals has virtually disappeared from our living spaces. It is one of the tasks of the New Age to discover how to integrate the healing and protective powers of the crystals into our living spaces. They are the transmitters of light that charge the surrounding atmosphere with their vibrations. Working with crystals is the most immediate way of interweaving the light of the earth with our living spaces. They spread positive information through their vibrations. Each crystal has a different pattern of vibrations and an individual quality.

There is the possibility to charge our wall paints with the vibration of the crystals. This provides the room with a second skin and this field of vibrations thus constantly envelops us. This is a wonderful method Tibetan monks use for their tankas by mixing paint with pulverised minerals. Just imagine the powerful effect this would have on your rooms.

The Activation of Crystals

This is another way of harmonising crystals with the places they are intended to protect. It is possible to charge them with their dedication and thus attribute a task to them. The consciousness of this space can increase significantly in this manner and certain qualities can develop much better. A dedication that is transferred into its environment can be programmed into the crystal. Such a crystal could help create peace within the family, enhance the power of concentration in your place of work, release inspiration for a company, or manifest protection. Crystals bring light into the atmosphere. These are only a few of many examples.

The dedication is carried out via a conscious transfer of energy that occurs in harmony with the consciousness of the crystal. A crystal, when used consciously, is an energetic multiplier. When we

open our hearts the consciousness of the crystal will speak to us.

We must point out that a crystal should only be activated by the initiated. Inexpert programming could cause unnecessary harm. False information can confuse and upset the entire structure of a space. There is no need to explain this in greater detail, simply imagine baking a cake and adding too much salt. Energies follow certain laws regarding harmony and synchronicity. A skilled approach is necessary to change something within it.

Access to the realm of the crystalline consciousness is the prerequisite for correct programming and should only be placed into careful and responsible hands. The purpose must never be selfish but should serve all beings. Crystals are loving and serving and should be protected from misuse.

Each crystal, each mineral, possesses a specific quality. Depending on density, structure, and colour it develops certain characteristics and releases different fields of vibration. A crystal individually tuned to us can help release the healing powers we need. Crystals are loving carers. An awakened crystal is a source of light, which charges its environment with a high level of energy.

A crystal can stimulate meditation, balance personal deficits, and accompany us. A crystal is a consciousness in crystalline form. In rhythmic vibrations they release impulses of light and charge their immediate environment with them. Their range varies depending on the light force of the respective mineral.

Foundlings in Nature

Not only crystalline rocks enrich our environment. Erratic blocks found in nature are ideal for filling our living spaces with love. Precious stones bring the earth element into our houses, stones from rivers store the quality of water, and stones from the oceans carry the force of the sea within them. Some of them practically offer themselves to us, they want to be with us. Others do not. They have got their own consciousness we should respect. Rocks always fulfil tasks in their places, be it in nature or in human living spaces. We should not remove them from their contexts without listening to whether we are doing the right thing. An angry stone – and there are very powerful ones among these spirits – can draw events into our lives we might not desire.

A Feng Shui consultant is able to recommend the appropriate crystals. It may also be that you feel attracted to certain stones. Allow yourself to be guided by your inner voice. Crystals talk when you are prepared to listen.

Certain crystals are particularly suitable for living spaces. Here are some examples.



The light of the rock crystal

Feng Shui with Stones in internal Spaces

Every room carries a certain quality within itself. And there are distinct qualities that we need rooms to have to serve specific purposes. For example, a bedroom carries a different energy than a dining room. These qualities can be supported and stimulated with the use of stones. Additionally, one can initiate certain places into their quality, for example the eating space, the work space or the dream space.

Stones which support the dream space are rose quartz and amazonite, for the work space it is lapis lazuli, pyrite sun oder pyrite crystals. These are just a few examples. The right selection for your individual space can be made by your feng shui consultant because it is always based on individual needs. The stone supports the quality that lacks in the resident but which is needed. Those three components need to complement each other in their collaboration with each other so that the full potential can unfold.

There are stones that support specific qualities and activities. But there are also stones that harmonize the vibration of a living space, independent from their use. With a specific selection of stones, one can influence the distribution of prevalent energies. For example: if the best place for the work space in a room is under the pitch of the roof, one can connect this quality with a stone and carry the energy to another room where one can sit in their work space comfortably and with sufficient headroom.

The flow of chakras among each other in a room or a house can be harmonized by placing certain stones in specific places. Our chakras have many aspects. Your consultant for energetic feng shui will choose the right stone depending on which aspect is to be strengthened. When one is looking for support for specific topics or for a specific chakra it is easiest when one connects with their intuition and love, their chakra as well as the stones available, and then choose. Love is key when choosing the stone.

To experience how to perceive the energy of stones and how they feel in a certain place, one can utilize their own chakra levels very well.

When I am in a room where I feel in my sacral chakra that the color orange needs to be strengthened, then I can achieve that by using stones that carry the quality of the color orange and the sacral chakra within themselves. The light of the stone balances the energetic deficiencies of the room through its level of vibration.

The Shape of the Stones and their Effect

The shape of the stone defines the radiation of energy, the light of the stones. The shape of the stones as well as the concentration and radiation of the rays of light have a correlation to the quality that I want to strengthen. This is to be considered when selecting a stone.

The tips of crystals carry within themselves the orientation towards the tip, they direct the flow of energy into the tip of the crystal and give it an orientation that always remains depending on how the crystal is positioned.

A sphere has an equal radiation to all sides. It can fill a whole room with energy without any problems. The light spreads outwards, radiating evenly from the centre of the sphere. When you place a sphere in a room, then it sends its light into the whole room in very fine and even waves.

On the contrary to this, if you choose a pyramid-shaped rock crystal, then this stone has a clear orientation. The pyramid bundles the energy in its middle and directs it towards the top. This is kind of quality you need in a space for meditation, for example.

A raw stone is wild, impetuous and undirected in its radiation. It radiates to all sides through its cracks and corners. On the other hand, a raw stone absorbs energies very easily. It's best to work with raw stones when your work is about the absorption of disturbances, for example in the case of rose quartz the absorption of electric smog and water veins.

Tumble-polished stones have a rather even radiation but because of their dents and bumps are not as even as spheres. Often we like them more because of their function as "hand flatterers", one can just put them in a pocket and love to feel them.

These differences in radiation depending on the shape of the stone are clearly perceived by most people. Most people understand it intuitively and also use their intuition for the perception and design of their rooms.

Important Crystals and their Effect in Living Spaces

Amethyst

Amethysts are wonderful friends for our environment because they strongly charge our rooms with spiritual energy and at the same time transform all disharmonious vibrations. They are transformers that turn imbalances and darkne ss into light and they enhance their surroundings through their strong power. They can be compared to prayers. At our places of meditation they support us and help us to make contact with our presence of light.

Amethysts should be consciously integrated into every living space, for their power transforms negativity. If you are confronted with negative energies in your fields of work and life, an amethyst can be of service to you. It is able to discharge tension in its environment. It can be compared to a violet flame that burns everything to create new light.

Rock Crystal

Rock crystals are carriers of light. They attract light and reflect it. Rock crystals lighten up your living spaces, chase away darkness, and draw spirits of light into your surroundings. Certain rock crystals possess a rainbow that radiates all colours of the spectrum. They should be positioned so that they reflect the light of the sun and bring the energy of the sun into your rooms.

They are particularly suitable for dedications and thus turn into power points for your environment. In the right place or on a natural power point the rock crystal can help to concentrate the information and the field of force once more and supply its surrounding with it. It is important to position the tip of the crystal in such as way that it can spread the light properly. Its rays are like lasers, which should be carefully adjusted. The best way is to let it send its rays upwards. Most crystals are cut accordingly.

There are rock crystals that contain a dancing consciousness. These are crystals within which the light pulsates. When they enter into our lives, they become special friends. They accompany our personal development and help us to unfold our light. Much more could be said about rock crystals, but the most immediate way is to encounter them, to make contact with them.

Your Feng Shui consultant can advise you on the right crystal for your purposes and help you to gain access to this marvellous light.

Calcite

Calcites are minerals that occur in different colours. They are all characterised by very subtle vibrations that spread throughout their environments. With great sensitivity they increase the vibration of their surroundings. Particularly suitable is the orange calcite, which spreads sunny, peaceful energy. Cut into a ball it emanates generous waves of this energy. All calcites possess strong non-material bodies. Sha zones filled with negative energy put an enormous strain on them. An environment filled with chi offers them the perfect basis for creating harmony. This family of crystals produces many colours, which, depending on their intensity, possess different qualities. They are all united by the ability to create harmony and a sense of well being for us.

They also attract non-material energies in their environment and are often inhabited by angels and Devas. They offer them a home and charge the surroundings so that these beings can survive. In fields of intense vibrations and Sha zones they are driven away. The light of the calcites possesses a frequency close to that of angels.

Lapis Lazuli

The lapis lazuli is a stone that can, in particular, support the consultant with feng shui. It supports

perception, opens the channels of perception and establishes the connection to the eighth chakra through its gold particles. It supports us in the vigilance we need to meet the various energetic qualities.

Quartz Gems

Apart from the three most important quartz gems, namely amethyst, rock crystal and rose quartz, there are other quartz gems. The aventurine / green quartz, the blue quartz, the citrine, the turmaline, the rutile, the hematite and the smoky quartz belong to this list. When you look at the color sequence of the quartz gems, you will notice that the colors of all chakras are there: root chakra – turmaline, sacral chakra – hematite, solar plexus – citrine, heart chakra – aventurine, throat and third eye chakra – blue quartz, crown chakra – amethyst. The quartz gems have a special connection with us humans, with our bodies because the silicon dioxide they contain is an essential part of our bones as well.

Rose Quartz

The vibration of the rose quartz creates harmony. Its gentle rose-coloured rays refine the atmosphere of a room. It calms, soothes, and reduces aggression. It charges its environment with love and generally furthers a feeling of well being and security.

It reduces the electromagnetic radiation of computers and protects us from it when we place it in front of the screen. It is very suitable for children's rooms because children love this frequency. It should be incorporated into all our fields of life, for it shares its harmony with us.

Stones and Chakras

The same stones have their effect for chakras in landscapes, rooms and on people. Attention should be paid to the fact that the stones named in the table have their emphasis in the effect of their color. When you want to balance chakras, this is not the only information. There are all colors in every chakra, hence healing can come through a totally different color than the main one. The selection of the stone can happen on the consultant level or through guided self help, through intuition. One connects with their love and the room, with their chakra and feels what stone belongs there and is drawn to that.

Root Chakra

Key stone: ruby

Others: spinel, garnet, red jasper, black obsidian, mookait jasper (red), black turmaline, Australian print stone, leopard skin jasper

Navel Chakra

Key stone: fire opal

Others: carnelian, sun stone, orange sapphire, mystic chalcedon, mookait jasper (orange), leopard skin jasper, orange calcite

Solar Plexus Chakra

Key stone: citrine

Others: yellow fluorite, pyrite sun, pyrite crystals, amber, orange calcite, septarian

Heart Chakra

Key stone: emerald

Others: malachite, aventurine, prase, olivine, green turmaline, heliotrope, tree agate, moss agate, rose quartz, lavender quartz, mangano calcite, morganite, pink turmaline, pink stone with lithium

Throat Chakra

Key stone: sapphire

Others: chalcedon, blue calcite, iolite, aquamarine, blue topaz, blue turmaline, blue fluorite

Third Eye Chakra

Key stone: lapis lazuli

Others: sapphire, sodalite, dumortierite, iolite

Lotus Chakra

amethyst, charoite, sugilite, violet jade

The amethyst is the main stone, essentially there is no key stone here. The lepidolite belongs here as well, this stone builds a bridge to the root chakra.

Key stone means that this stone opens up the access to the level of creation within the chakra. It touches on all levels of the chakra and therefore is a very powerful stone whose use should be carefully examined.

The Knowledge of the Mountains

Each manifestation on earth has a soul. Every plant, every rock, every body of water is a consciousness. Within this common consciousness of the earth we also find complex forms of consciousness that fulfil superior tasks. In the planetary consciousness mountains are the guardians of knowledge. Everyone who ever climbed to the summit of a mountain will remember the power of this place. They are very special places of force. They gather cosmic energy and then pass on these rays by spreading them throughout the landscapes.

Throughout the earth there are seven holy mountains. Each of them represents an individual quality. They carry the consciousness for the entire earth. They are passageways of cosmic energy that

spread across huge areas of the earth's surface. These sacred mountains are residences of spiritual guardians, who watch over the fate of the humans. These guardians are very special beings and keep watch over the level of consciousness we live in. They protect the treasures of knowledge.

The Himalayas claim the highest positions and are described as the seat of the Gods in Hinduism and Buddhism. Strong energies of light are situated in these mountains and supply the surrounding landscapes. The summits of mountains, particularly of sacred mountains, are charged with the force of Shiva, the Holy Spirit. The Himalayas are clearly a seat of this power of Shiva. This creative Divine aspect concentrates here. Mountaineers may not be aware of this connection, but they are literally addicted to absorbing this cosmic force.

Mountains offer us their service when we enter into contact with them through our love. This way we gain access to their knowledge – if they allow us to enter. When we analyse a landscape, the guardians of the mountains can give us information about the surroundings. There are many legends that describe how people entered into contact with this consciousness. These guardians are reverential and awe-inspiring beings. At times they can even be terrifying, which clearly demonstrates their power. They know exactly who approaches them with pure intentions and know how to refuse intolerant approaches. They are powerful creatures guarding their knowledge and protecting the landscape.

In order to approach them one needs to prepare one's consciousness. The mountains offer us contact. If we enter with pure hearts they will allow us insight into the consciousness of the landscape and release knowledge they have been guarding for a long time. There are areas of knowledge that are meant only for certain creatures in connection with their tasks. Other areas of knowledge, however, are open to the community.

Many mountains guard a clear force of light. There are legends about humans who were granted access to the centre of mountains. The treasures that are guarded there appeared before their eyes and their consciousness. These are allegorical tales that make us remember things we know, and which would otherwise be forgotten because of our rational thinking. Legends fulfil the healthy function of reminding us of the knowledge that is contained within ourselves.

Mountains are powerful guardians. When we relearn to open up to this power and enter into an exchange with them they will communicate with us.

Feng Shui talks about dragon mountains. These are beings that should not be alienated, for they govern entire landscapes. They are so powerful that they can even protect complete landscapes from catastrophes and unlucky influences. It is a sacred tradition to pacify them and to ask them for the protection of our homes. This is done through rituals. We befriend them and ask them for protection and for them to share their powerful knowledge with us. The answer of the mountains is a blessing for the community.

When you have a mountain in your vicinity, make contact with it and strive for the friendship of

this powerful guardian. If you manage to win its trust, you will have a strong friend by your side that supplies your living space with energy, protects it and connects you to the cosmic current flowing through it. It will always be an individual experience, but you can be sure that, once you have encountered the nature of a mountain, it will remain an unforgettable experience. This consciousness of knowledge and power is linked to loving kindness. It is a gift to be allowed to integrate this power into our living spaces, for nowhere else are the forces of the universe as concentrated as in the vicinity of these mountains.

Plant Energies in Rooms

Plants have the task of mediating between the non-material spheres of light and the material world. With their powers plants serve the healing beings. As the link between light and matter they develop characteristics that maintain the Divine qualities in their purest form and manifest them in the physical world.

They serve to initiate quality of life in our rooms. Through the communication with plants and their consciousness we discover the love with which they enhance our lives. Their aura is a concentrated manifestation of light. The tissue of plants forms crystalline structures that connect with the spheres of light. Clairvoyants can see this shape in the aura of plants. Different species of plants connect with each other in order to create superior fields of consciousness. Like computers, they create a network with many branches to transfer information between heaven and earth.

Some types of plants are closely linked to highly developed levels of consciousness. There are many types of plants that carry sacred symbols within them. They develop this consciousness on earth. We encounter these connections in many cultures. In Christianity, for example, the symbol of the rose is worshipped as an allegory of Christ and the Mother of God. In Asia as well as in Islamic religions certain characteristics are attributed to specific plants.

Some examples are listed below:

Almond blossoms: symbol of purity

Lotus: symbol of enlightenment and purity

Apple blossoms: symbol of new life Bamboo: protection and resistance

Jasmine: access to the Divine perfection within ourselves

Pomegranates: fertility
Daisy: awareness of Christ

Plants are linked to the Divine consciousness. They originate in the stellar seeds of the universe. They accompany stages of life and cycles. In the course of the earth's history there were types of plants that accompanied certain stages of earthly development and later disappeared. New plants appear in context with a change in consciousness. They are immediate patterns of creation of **stellar seeds** that manifest themselves on the planet. It is because of their connection with this origin that their healing power is so enormous.

When we know which light of plants is able to heal and support, we can remedy imbalances in our fields of energy. It is possible to initiate certain qualities and supportive energies in our living field. This can only be achieved through love and harmony with the world of the plants. You should never just use a plant. By talking to them you can ask them for their help, or they may offer it. Only in this way we can be certain that they are ready to release their healing power for us.

An exchange should always occur with pure intentions, for during the course of history a number of plants lost their consciousness of unity because they were used in a selfish manner. The Divine quality inherent in them was thus locked off, so that further abuse was avoided.

When you handle plants you should allow yourself to be guided by your intuition. Each of these creatures is very individual and has its own needs and demands. You can feel where they want to be placed and which type of care they need. There are kinds that cannot tolerate electromagnetic fields (e.g. rosebushes), others love water veins (e.g. oaks), and others grow best on earth warping.

It is important to observe this if you want your green friends to thrive. Trust your feelings. Not every plant is good for you. When there is no resonance, but instead an oppositional vibration, this is a clue that there is no correspondence between your field of energy and that of the plant. If you choose sensitively, your personal field of energy is supported and harmonised by plants.

No field of life should be without the love of plants. Plants are the messengers of nature in artificial living spaces.

Stellar seeds are God's creation which arises when God manifests Himself on earth.

The world of plants is an extensive field and we could dedicate an entire book to it. In this chapter we would like to encourage you to develop an awareness for these creatures and make contact with them, to harmonise and synchronise yourself with this varied world.

Shamans worship plants as sacred beings, they know their rhythms and laws. They communicate with the plants and their spiritual guardians.

Open up your consciousness and take a walk through nature. You will be attracted to certain plants. Try to make contact with them. The calmer you feel inside, the easier it will be for you to understand their frequencies.

When you make contact with the spirit of a plant, you connect with the consciousness of this plant. It is a healing ritual to invite the spirits of the plants and the Devas into our gardens in spring. When these creatures accept your invitation, your garden will be full of life.

You may already have a ritual for inviting the Devas to populate your garden and help it thrive. The Devas are grateful for any attention and you can count on their help. They will dedicate their love and their light to the care of your plants. The more Devas we attract, the more strongly the plants will develop.

In energetic Feng Shui there is the possibility of bringing the energy of plants into rooms and thus of releasing fields of force. The Feng Shui consultant achieves this in harmony with the plants, which volunteer to initiate a certain light in the respective living space. This way very powerful fields of energy are brought to life that attract Divine characteristics from which you will benefit immediately.

It is time for you to take an intensive approach to the consciousness of the world of plants, for it offers much healing power, support, knowledge, and love. Encountering their consciousness is a wonderful adventure. It changes your relationship with nature, your approach to gardening, or the way you care for your potted plants. Your affection will produce a response.

Findhorn in Scotland is a great example of the harmony between humans and plants. Gardens have been created there on unfertile soil whose flowers blossom even in winter – simply through the instructions of the spirits of the plants. This shows what plants are capable of when they work in harmony with the Devas and with ourselves.

Through this knowledge we learn how to create gardens, work our fields, or reforest landscapes. Everything possesses a consciousness and communicates with us. We do not need to read a pile of books; all it takes is for us to open up to this knowledge – from heart to heart.

THE EIGHTH SEAL

The planetary Influences on Earth

The Earth in the universal Union of Planets and Rays

The universal consciousness is sent by starlight coming from a place outside our planetary system. Via the orbits of the planets the consciousness, which concentrates on the planetary cycle of this solar system, moves towards the body of the earth. Along this route the light is filtered and separates into seven rays that are transformed through the planets and can then enter the planetary environment of the earth. These rays use the planes' power of transmutation, through which they are adapted and guided.

So far the earth has been under the influence of seven rays of creation. They are usually connected to a certain planet. It may also be that these rays combine the forces of two or more planets when it comes to initiating certain changes or new energies. These rays of creation possess a high and complex consciousness. If necessary, they also use additional channels of planets' orbits in order to initiate processes of creation in the planetary space of the earth. From time to time it may occur that one ray alone uses all planetary orbits, because this is necessary due to the status of the development of consciousness.

Some planets work in synergy with a specific cosmic stellar ray. Therefore they are usually referred to in context with the respective ray. However, superior demands can change these connections on a temporary or even lasting basis.

The co-operation between rays and planets is subject to change and develops according to the prospective development of the consciousness.

At present we are experiencing a significant restructuring of the level of earth's consciousness. Earth is prepared for an increase in consciousness, which will absorb and integrate five more rays in a short period of time. This will result in an activation of planets in the outer zones of planetary movement that are not even known to modern astronomy and astrology. However, in the course of time they will become known, as have other planets.

Examples are the super-personal planets Uranus, Neptune and Pluto. Each of these was discovered at a time of special historical development. A current example is the planetoid Chiron. It was only discovered in 1977. It is the symbol of the wounded healer and represents the newly awakened awareness of the environment, which is meant to heal the planet. At the time of its discovery, worldwide ecological movements were manifesting themselves. Nowadays we experience a phase where the planet Vulcan enters into our consciousness. It is located in the corona of the sun, between the sun and Mercury, and already played a part in ancient knowledge.

Vulcan is a significant factor in the development of new structures of consciousness in the Age of Aquarius. Further planets will be discovered and experienced. This will always occur when the light of consciousness releases them. Then they can also be "exposed to the light" from the position of the earth, and recognised for their quality and effect.

In this chapter we address the seven principle rays in context with their effect in connection with the known planets of our solar system, as they are valid today.

The Influence of the Planets on the Earth

Planet earth is integrated into a union of planets. Embedded in the cosmos it is in constant connection and communication with them. There is a continuous exchange of energy between earth and its planetary environment. Sun and moon play particularly important roles in this context. As the centre of our solar system, the sun takes up an eminent position. As the fixed star of our solar system it cannot be referred to as a planet in the true sense of the term. The sun shines, it is autonomous, it is light itself. The planets are focal points through which the cosmic energy can flow to earth. Their task is to provide the planetary consciousness with certain superior qualities of being.

These currents of cosmic energies are combined into rays through the inherent forces of the planets, they are focused and can thus be transferred to earth. These rays enter the different levels of earth's consciousness. The spiritual body, the level of Shiva and Shakti, absorbs these planetary energies. They become part of this level and are passed on as information to the earth as a whole.

These are the rays of creation, seven up to now. They represent the part of creative evolution earth has been ready to absorb up until today. In the near future the number of rays will increase to twelve, for the consciousness on earth is going to expand significantly. The development of new rays is an important reason for the discovery of new planets at certain times that were not visible before. In the cosmos there are many more of these rays that, depending on a planet's level of evolution, can influence that planet.

In the course of the years to come this information is certainly going to expand. Sensitive clairvoyant people will feel how more and more universal forces enter the earth through the planets and open up new possibilities of being. New rays will offer themselves to us and help us to expand our planetary consciousness and give a new and different meaning to our existence on earth.

As mentioned before, the number of rays will increase from seven to twelve. One of these rays will make it possible for us to manifest the science and power of healing of the Age of Aquarius. This process has already begun and will become even stronger over the next few years.

We want to make it clear to you why it is so important to work consciously with these rays. There are places of force that clearly concentrate these rays and express them in earth and in the planetary consciousness. In harmony with these places of force we can use the focal points to gain access to the levels of consciousness of these rays. Moreover, it is also possible to anchor these rays consciously in our living spaces in order to provide these living spaces with a superior consciousness.

This also concerns social processes. When states co-operate more clearly with the first ray and the sun this influences the respective political consciousness in a significant way. The integration

of a ray, such as that of harmony, would influence our understanding of art and beauty and could advance harmony on earth. It is possible to integrate these rays consciously in our fields of life. However, this requires an initiated expert who is able to consciously anchor these rays in harmony with the cosmos and safe from levels of abuse.

In our hearts we can make contact with these rays at all times so that they are always accessible to us and we can use them.

We are more strongly influenced by these energies than we may imagine. Their influence has a part in creating our living spaces. They can also be used to strengthen certain areas of life in harmony with them.

Imagine if a large company with hundreds or even thousands of employees structured its tasks according to the influence of the respective ray. This shows how beneficial it would be to use these rays in such a way that the consciousness of each person would be strengthened with a view to the community. There are unlimited possibilities of using these rays for the common good of the earth. They help us come closer to the laws of nature.

The rays are closely connected to the influence of the planets, their forces and energies, as well as their role in the cosmic context. Planets are manifested bodies of fire. They contain concentrated information, which they guide into the cosmos from where the rays enter the earth. The immediate purpose of this is not to control the fate of our planet. It is rather the goal to concentrate information from the Divine cosmic space and guide this into the field of the earth, to make it usable for the development of the planet and its inhabitants.

Each creature, each human being, each manifestation on earth is characterised by these rays and the information of the planets. However, their effects were different depending on the age in which they occurred. A significant change resulted from the demise of Atlantis. At this time light separated from matter and the fire of love and the Holy Spirit withdrew to the planetary orbits. From then on it was no longer accessible through the planets that once burned as fires and produced the qualities of light in their different manifestations.

With the Age of Aquarius on the horizon and through the initiation of the Grail, earth and human life were reconnected to the fire of love. This light ascends and reaches the planets that guide the rays of creation to earth. They begin anew to heat up with the fire of love and in this process attract the cosmic fire again. This provides the basis for a new release of these inner levels of information, which will be connected with life on earth and open up their power of creation.

This will result in changes and new approaches to and interpretations of astrological charts and the connection of astrology and Feng Shui.

The principal Qualities of the Planet

The following paragraphs contain some information on and explanations of the planets of our solar system. We have decided against a thorough traditional astrological description and concentrate instead on the special quality of the planets in the Age of Aquarius. We would like to clarify the direction of the restructuring of earth's consciousness this way.

Sun

Spirit, living creatures, personality, individuality, meaning, independence, positive attitude towards life, identity, inner harmony, strength, individual creativity, determination, decisiveness, expression of self

The sun is the logos of manifestation, connected with the force of the Holy Spirit and the unity of "Om Namah shivaya". The sun is the spirit of the origin of the non-fractured light, its radiance uninfluenced, its fire unshakable and everlasting. Via the quality of the sun's fire human beings can encounter and confront the unbroken force of "I am".

The sun embodies a superior consciousness of the earth. It provides the planet with the unity of will and the Divine power. For human beings the sun is the source of their physical as well as their mental consciousness. It sensitises and activates the inner self and creates a relationship between the self and its environment. The sun stimulates and animates the awareness of the soul. On a social level it stands for subjects such as leadership, dominance, and the creation of communities.

Without the sun no life-giving impulses would be released on earth. It stands in constant exchange with the moon. In the principle of sun and moon we find a particularly strong example of the cooperation of the principles of Yin and Yang.

The sun is connected to the fires of the earth. It gives birth to the manifestation of the Divine will as an immediate manifestation of light and is linked to the Divine rays. The light of the sun and the fire make growth and development on earth possible. The sun is ruled by eternal peace, which is in harmony with the logos itself. The sun continually feeds us with the knowledge derived from the Divine origin.

The sun also supervises and controls superior planetary processes. It is the only consciousness that shines and manifests light. It is therefore a symbol of the Divine existence.

The sun has a special connection to the evolution of the planetary consciousness and controls social developments such as the creation of the communal system and social structures as well as all aspects connected to this, such as questions of leadership, government and power.

Moon

Soul and the female principle, plants and animals, sensitivity, inner and outer rhythms, memories, subtle messages of nature, emotional strength, access to intuition

The moon is the reflection of the Divine creation, a representation of the Divine Mother that reflects the logos in order to manifest creation. The moon is the force of "I am you". In the moon's quality of fire we encounter the knowledge about its force and its unity with creation via an inner current. We gain insight into the cycles and the tides produced by the Divine Mother.

The moon is the place where we can enter into our own cycle of existence, into the quality of space and time. Here lies the origin of time and space that we can encounter. In the pulsating breath of the moon the structures of time and space are recreated again and again in the eternal fire. Here we encounter the knowledge of cycles and windows in time, the right time to finish the old and initiate the new. Here the seeds for new growth are sown. The power of the moon gives us access to the unity of all existence and lets us overcome duality.

The moon governs the magical force of nature and represents the wisdom inherent in all things and all manifestations. It is in contact with the wisdom of the fauna, the healing power of plants and the force of water. It is also connected to female knowledge, intuition and the power of imagination. On a spiritual level the wisdom of the moon also stands for enlightenment. This means being one with the knowledge, being one with wisdom. Wisdom does not strive outward, for it is eternal. This creative knowledge is released through the co-operation of moon and sun, so that the Divine wisdom can begin to act.

Mercury

Mind, thinking, transfer, uncovering important things, reading notes, attention, working and sharing, spiritual and communicative potential, communication, analysis, diplomacy, teaching, universities, studies, gates of knowledge, healing, truth, holistic approach

Mercury is connected to the creative process of knowledge and language. It is the mediator between God's word and His creation. Mercury is involved in the creative process of the Divine language. The word of God is shaped around light and enters into the creation. Through fire impulses of the Divine word turn into communication. Via Mercury stellar information enters from the cosmic space that is transferred into language through thinking and can thus be expressed. All knowledge of the universe is formed in the fire of Mercury so that it can enter the field of the earth and be understood.

Mercury also represents the knowledge of our souls that we have brought from their origins to use on earth. It supports the potential to communicate not only with other humans, but also with other creatures, and with the body of the earth itself. It represents the capacity for thinking, which acts as the principle of enlightenment in human life.

Mercury is connected to the truth inherent in all things. It advances learning and helps us gain access to other levels, levels of knowledge through which the truth and essence of all things can be communicated. It spreads knowledge and is linked to everything relating to knowledge, with all areas of knowledge, faculties of study, and educational institutions.

Through Mercury we gain access to the gates that guard knowledge in its entirety. It is meant to be made accessible in the sense of a holistic approach that is able to connect different areas of knowledge to each other and to maintain the original truth of all levels of knowledge. We also gain access to higher forces of healing. Mercury supports us in passing on this knowledge, spreading it, and convincing others of it.

The new technologies of information and communication are also influenced by this planet and will develop further, so that all existing problems (e.g. electro smog) will eventually be overcome.

Venus

Love, the capacity for love, beauty, attraction, togetherness, music, art, a feeling for forms and shapes, conviviality, peace, affirmation of life, harmony, fulfilment

Venus represents the principle of love. It is closely connected to the earth, and its power directly touches the heart of the earth. Love is the archetypal resonance of all life. Through Venus love flows into the planetary consciousness and onto the earth in the sense of beauty, harmony, and fulfilment.

In the fires of Venus the light of Christ is nourished, the unity of love keeps being reborn. Here the **resonance of Christ** vibrates to produce and awaken love. Beauty, harmony, and perfection find their climax in the light of Christ. Through Venus we humans gain access to the light of Christ, to the universal love in the unity of all life. It is the love of ourselves that permeates and shines through everything and represents the gate to the all-embracing love. For human beings Venus symbolises the origin of their souls, their inner hearts reflected in the sun. The more developed a soul, the more it understands about how to develop the superior qualities of the principle of love inherent in Venus, and to find fulfilment. Through love we come to harmony and to the understanding of the beauty of creation. Works of art and cre-

The light of Christ is the omnipotent force of the love of the universe.

ativity feeding from the source of love touch the hearts of the people and produce vibrations that spread joy, harmony, and optimism throughout the universe.

Mars

Energy, will and assertiveness, activity, affirmation, competitiveness, risk, vigour, enjoyment of work, serving in being, dedication to action, creation, organisation, administration, laws of nature

Mars possesses an overwhelming force and dynamism. It is a manifestation of Shiva, the trident. It represents a progressive force that breaks through barriers and overcomes them, clears the way. Mars also stands for the Divine impulse that sparks off ideas, creates new beginnings, lets the seed grow and blossom. It is a pioneer and a groundbreaker for the new qualities of the Age of Aquarius.

Mars dominates activity and energy. It plays two roles at once. On the one hand Mars functions as a guardian by conserving and protecting creation, it is a defender. On the other hand it is an active, outward-bound element, an attacker. It watches over the laws of nature and connects them to the principles of its cycles and processes. It supports the union between action and dedication to a superior goal.

Mars' ground-breaking force and effect require harmony and a connection to the entire plan of creation in order to prevent destruction and to make sure that its dynamics can be used in a progressive way.

Jupiter

Quest for meaning, fun, enjoyment, success, broadening horizons, harmony, truth, law, justice, religion, philosophy, ideology

Jupiter is the rising sun in the centre. It is connected to inner and outer goals. It formulates the perfection of creation. Jupiter shows us the way of the soul and helps us with all its power to attain our goals. It represents the power of the goal, of fulfilment and completion.

It supports us in developing qualities of soul that lead us to attain the consciousness of immortality and our divinity through our own efforts.

Jupiter creates a fusion or amalgamation of dualities. It supports the connection between head and heart, thinking and love, so that wisdom can be obtained. Its qualities assist in the realisation of a fundamental synthesis of universal harmony and abundance. Through it we can experience the effects of cosmic laws. It is one of its goals to let us discover the core of truth in everything.

In everyday life we often encounter Jupiter as a representative of material desires or even greed.

It is regarded as a benefactor and a helper for achieving success. But there is always the question of the appropriate measure. On a spiritual level it is its goal to extricate us from the entanglement with all things material and make us experience the Divine truth and love.

Spiritually Jupiter also works as a second sun which is not yet one with the sun but destined to be, so that it can enable an amalgamation with one's own goal.

Saturn

Obstruction, limitation, stabilisation, structure, slowing down, concentration, discipline, responsibility, prayer, ceremony, guardian of thresholds, passing into other dimensions, mysticism

Saturn is the guardian of thresholds. It watches over the fire of crossing the borders into higher dimensions of consciousness, into the mysteries. It is the guardian of the fire of conquering. By entering the fire of Saturn the shadows from the past become visible, but also the potential hidden behind these shadows. It controls the process of crossing thresholds of development. Saturn represents the fire that shakes things up in order to release the necessary processes of development. In doing so it is strict and merciless.

Saturn has the function of a karmic teacher that, throughout our lives, challenges us in order to lead us towards discipline and responsibility. It is no advocate of deprivation, but a strict judge of the maturity and responsibility of a human being. Therefore it always teaches us lessons that allow our souls to prove what they have learned and achieved. It enhances a sense of reality, enables us to restrict ourselves and educates the quality of our personal authority.

Saturn is the guardian of the threshold to the level of initiation. Only when we have recognised, worked through, and cleared our own shadows, we can gain access to the next level of understanding. In this sense Saturn is also a focal point for the transfer of the cosmic mind, clear awareness, and deep understanding and knowledge.

It is often linked to the image of the eremite. Phases of loneliness are attributed to Saturn. These times are intended for the soul as phases of cleansing and learning. A Buddhist *retreat* is a good example of this.

Retreat to the power of silence.

Saturn also plays a central role in developing belief. It watches over prayers and the orientation towards spirituality. True mysticism can only be achieved in contact with the clarity of spirit, to which Saturn gives access.

Saturn guards the accesses to other dimensions of beings. It watches over rituals and ceremonies that are directed towards higher goals, with which religion and spirituality are meant to be lived and developed.

A symbol of this way of the soul under the protection of Saturn is the goat, equipped with two horns, climbing towards the summit. Once it gets to the level, or rather the summit of understanding and initiation, it turns into a unicorn.

Saturn also guards the knowledge of manifestation in the material world. It opens up the path to the knowledge of the crystals and helps develop its qualities for earth and human beings. Its judgement regarding whom to initiate into this knowledge so that responsibility and discipline is guaranteed, is very strict.

Uranus

Exciting, transformation, change, uniqueness, the unexpected, revolution, innovation, vision, love of freedom, inspiration, independence, philanthropy

Uranus awakens the spirit. It is the ascending energy of the Age of Aquarius that kept still in its fire, but was also kindled so it can now erupt and work its power. The prophetic force of the universe enters through Saturn. It represents all things visionary and encourages an optimistic outlook into the future.

Uranus stands for the principle that is not only about providing the individual with a heavenly state of consciousness, but is also about bringing this to earth as a whole. Uranus also contains the symbolic death that renews the human heart and raises it through the power of prophecy and fulfilment. In its fire we overcome our egos and open up to philanthropy and the prophecies of the Messiah.

Uranus is one of the planets that are able to adapt to the frequencies of the cosmic current of information. Therefore it is the planet that lets the majority of information of the Age of Aquarius flow to earth. This is an innovative frequency entering earth and stimulating changes in our levels of consciousness. Uranus represents innovation and a new beginning.

Waves of its energy come to earth and inspire people to discover different dimensions of existence, overcome their limitations, and enter higher dimensions of consciousness. One of the new rays currently entering the earth manifests itself through Uranus. Up until now all planets known to us used to have a function with regard to the planetary consciousness. We could not previously experience those immediately in our living spaces solely by crossing borders.

This is going to change. New qualities of being will enter directly into the planetary consciousness through Uranus and manifest themselves in our lives. There will likewise be new qualities from other planets that will be accessible to us.

In the Age of Aquarius Uranus supports the development of a new collective consciousness, a new orientation of humankind, of planet earth, and the entire cosmos. It encourages the development of a new ideal of freedom and of individual qualities that can then be fulfilled by serving the community. Science and technology in connection with ethical principles will experience a boost in their development. New holistic methods of healing will become important in this context.

An understanding of the principles of life, of body, soul, and spirit with regard to the Divine creation will be developed and in part revolutionised in a way that will make current science and research appear antiquated.

Neptune

Sensitivity, receptivity, mysticism, mystery, veiling, illusion, dreams, imagination, modality, transcendence

In the fires of Neptune God dreamt of the creation of the worlds. God dreamed first, had a vision, and then created. In the fires of Neptune the soul receives the ability to clear its dreams and dissolve images of betrayal or addiction, as well as illusions, in order to reach the core of its dream level. Neptune connects to the heart of the spiritual sun. It provides access to the creative power of dreaming.

The Aborigines in Australia offer a particularly good example of the connection to the creative power of dreams in their original qualities. They accept their dreams as the reality of cosmic messages. Through this creative power of dreams light is brought into the world, and love and wisdom are spread.

Neptune is closely connected to subjects such as dedication, unselfishness and development of the Christian consciousness. It also stands for sacrifices, especially sacrificing oneself. When we give up the identification with the form, with material things, the veil will lift and we will be faced with our own divinity that we carry within us as a vision, a dream.

Neptune also plays a central role in the Age of Aquarius. This is emphasised by the fact that it is currently passing through the astrological sign of Aquarius – together with Uranus. Neptune prepares the ground for the revelations of the Messiah. It stands for the way of the apostles that lead to the highest transcendental experience.

It also opens up new possibilities for healing, particularly on the level of the soul. It leads to an inner connection with God and its power of creation and thus frees us from entanglements and

addictions that are the result of unfulfilled desires and an alienation from our inner vision. In the connection of the soul with the Divine and the Christian consciousness we find the source of inner healing, freedom, and salvation.

Pluto

Higher power, invisible power, test, recharging, transformation, regeneration, force, challenge, consciousness of the masses, unconscious powers, desire for power, cycle of life, death and rebirth, overcoming karma

Pluto leads from the past into the future. It destroys all structures and forms that obstruct the development of the soul. Pluto is the messenger of death of the nature of desire, the obsession with form and all things material. It helps the soul to overcome the lower self, selfishness. Pluto watches over the battle between the lower and the higher self, which will end with the victory of the higher self.

The processes connected with this can be very painful, particularly when they touch upon emotional aspects. The force of Pluto cleanses thoroughly, uncovers hidden things, and brings you into contact with your own inner qualities. Pluto represents the power of developing the spiritual will. It brings about events that force you to confront your inner self.

Traditionally Pluto is associated with catastrophes and unforeseen, unplanned changes. This is one of its forms of expression, how it acts as a creator of fate for as long as its inherent power is not controlled consciously. But it also stands for regeneration and transformation towards higher things. It is the force that strengthens the will to live even in times of misery and despair.

In connection with Pluto the soul always knows that its innermost values will never be lost and will always survive. This is the background for Pluto's role in the eternal cycle of life, death, and rebirth, which occurs again and again until the soul reaches the core of its quality and finds fulfilment. Because Pluto conveys the quality of recognising the inner core it is also helpful for healing the soul and all kinds of therapy.

In the Age of Aquarius Pluto will change its role. It is going to redesign its function as a creator of fate in such a way that it will let new knowledge flow to earth that originates in information on the twelve universal levels of creation. It contains all creative information of the soul and releases it to such a degree as is appropriate for the respective soul. Pluto conveys information about and establishes contact with the respective star of the soul that can connect to all worlds. This prepares the way for overcoming one's fate, freeing oneself of one's karma and being reborn in the pure form of light.

Pluto offers its transformational force so the quality of our own form of light can be perceived again in all clarity and the connection can be re-established in a new consciousness. This way it opens up a fundamentally new quality of creative life on our planet.

Chiron

Healing, sensitivity towards others, karmic wounds

In the fire of Chiron the way of the saviour is reflected, the healing process of the soul predicted. It must create this healing itself and at the same time release healing for others. The way of healing through Chiron is the way into the white light of divinity, into the unity that signifies healing on all levels.

Chiron is a planetoid, which it is assumed will only remain in our solar system temporarily. It takes almost 50 years for it to orbit the sun. Eighty-three per cent of its orbit is between Saturn and Uranus. The rest of the time it passes between Saturn and Jupiter, having crossed Saturn's orbit. Chiron is a wanderer between the social and the super-personal planets.

It was discovered in 1977 and is closely connected with the subject of healing. This concerns planet earth as well as human beings. At the time of its discovery initiatives for the protection of the environment were founded throughout the world. Chiron protected the awakening of an environmental consciousness. It enhances the consciousness of the interconnectedness of all life.

In mythology Chiron is the centaur that is immortal due to its Divine origin. It was hit by a poisoned arrow and could not die, but suffered great pain. With its power of healing Chiron tried to help itself. In doing so it developed an enormous capacity for healing others but was unable to heal itself. It gave up its immortality to save Prometheus, turned into a constellation and thus remained immortal after all. It is interesting that in esoteric astrology Prometheus is interpreted as a quality of Uranus. This points to the specific effect the interaction of Chiron and Uranus has with regard to the development of new methods of healing in the Age of Aquarius.

This brief excursion into mythology also demonstrates that the subject of healing, as represented by Chiron, is closely connected to the aspect of self-healing as well as attention to others. In the Age of Aquarius the co-operation of Chiron with other planets supports the development of new holistic methods of healing and therapies. Healing with light is particularly enhanced by it. Once it has fulfilled its task it will leave our solar system again.

Vulcan

Connection with the plan, higher will and power, carrier of the knowledge of the New Age

Vulcan is the original force of transformation. It represents the fire of Babaji, the fire of Shiva, the eternal fire that burns everything. By following its course, Vulcan sends the spiritual fire, the fire of all life, to earth and connects it with the earth's fire. The fire of Vulcan is a fire that burns and creates at the same time. This is the place of the actual transformation.

Saturn helps to dissolve the shadows and to cross the borders into higher dimensions. Pluto helps to overcome karma. But it is Vulcan that conveys the understanding of deeper processes of transformation through which the soul has to pass. This is the access to the relationship with Shiva and Agni.

Vulcan is a physically small but spiritually very powerful planet that is located between the sun and Mercury. For a long time this planet stayed in the background. It is now gradually moving to the front and allows us to recognise it. Its proximity to the sun provides it with a special quality of fire, a groundbreaking force that will purge the forces of the soul.

The seven cosmic Rays

The seven cosmic rays are Divine fields of radiation that are superior for all creatures and levels of evolution. For the planetary consciousness of this earth this means that these rays maintain superior states of consciousness for the community.

The rays have the following meaning:

1st Ray: The Will of the Lord and of Creation are one.

Planet: Sun

Energy: Willpower, vitality, protection, power

Colour: Blue

Dominance: Government, evolution, foundation of societies

The first ray is connected to the evolution of the planetary consciousness and responsible for the creation of social systems. This ray represents dominion and power in the Divine sense. In a superior sense, for the planetary consciousness this means that it becomes active whenever the installation of power is concerned, structures of power, structures of leadership, for example in governments and in the foundation of societies and hierarchies.

We speak of power in a positive sense, for according to the Divine purpose it must not be used for egotistical goals, but is meant to serve the community. In connection with this ray we can relate to superior principles when we create social structures or communities. In this ray we experience leadership in the sense of community and for the benefit of all creatures.

This ray helps us to manifest peace and create harmonious communities. In connection with the sun it helps all beings to find their places in the community and fill them. Those who have found their places are at peace. In a symbolic sense this ray opens up consciousness as to how one can properly create communities, on a small as well as a large scale, including states or even world systems. When the first ray is installed consciously for the government, this can be reconnected to Divine energies.

In the near future there will be an increased consciousness of how to create useful collective hierarchies in connection with this ray and the sun, so that peace will be manifested. The sun embodies a superior consciousness for the earth. The sun supplies the planet with the unity of will and the Divine power, which means that the logos are manifested eternally.

Without the sun no life-giving impulses would be released on earth. The sun creates the manifestation of the Divine will, is a force of fire, the immediate manifestation of light. This way the Divine actually takes shape. It means that only the rays of the sun and the fire make growth and development possible.

The sun is governed by eternal peace in harmony with the logos. The sun eternally feeds us with the knowledge coming from the origin. The sun supervises and controls superior planetary processes. It is the only consciousness that shines, that manifests light, as a symbol of the Divine. Ancient cultures regarded the sun as representative of the Divine, the eternally radiant light that gives birth to everything. It is the immediate manifestation of the Divine will. The sun is the home of the first ray of the Divine will and the Divine power.

2nd Ray: The Light of Consciousness shines through Creation.

Planet: Moon

Energy: Wisdom, enlightenment, love, understanding

Colour: Gold

Dominance: Pedagogic

There is a close exchange between the sun and the moon. When we analyse the principle of sun and moon, the nature of these two fields of energy becomes clear. The sun is the principle of logos and the moon a non-radiant object that nevertheless sends rays of energy to earth. These two principles are closest to the earth and embody the principles of Yin and Yang in an exemplary fashion. The sun is the active evolution, the moon is the wisdom of existence.

On the one side there is the sun, thanks to its inherent power, light, and creation, and the Divine will to give birth. On the other side we find the moon that, partly lit, partly unlit, only finds its light in the rays of the sun but nevertheless releases impulses that can be compared to soft waves, which reach the earth as a field of vibrations and control certain cycles on earth. Thus the sun is linked to the fires of the earth and the moon to water and the tides. Both manifest important processes of creation in connection with the first and the second ray.

The moon contains the force of the second ray that manifests the second law in connection with the first ray. The forces of the moon govern the magical power of nature and therefore represent wisdom, the wisdom inherent in all things, in all manifestations. Through the moon the second ray is manifested, which brings this wisdom to life. Ancient cultures connected with this wisdom of the moon in order to experience the forces of nature. It is related to female knowledge, intuition, and imagination.

Here it becomes evident why the co-operation of these two rays is so significant. The wisdom of the moon also stands for enlightenment, for the unity with this knowledge, with this wisdom. The first ray helps to manifest this. This wisdom is not a force that strives outwards, because it is eternal. The first ray is an active ray. In harmony the first and the second ray release a strong power. This is the knowledge that lets wisdom become actively creative. These first two rays complement and support each other.

The force of the moon is inherent in the magical nature of things. This ray is connected to the world of animals, the healing power of plants, and the force of water. The second ray can be used to enhance the understanding of nature — our own nature as well as the nature within each creature. The moon promotes the understanding of each other, because through this ray we are able to make contact with the various states of consciousness of other beings. This is a very feminine power of communication and wisdom.

3rd Ray: Love is the highest Vibration.

Planet: Mars

Energy: Creative intelligence, processes of creation

Colour: Rose-pink

Dominance: Development of civilisation, evolution

The third ray uses the quality of Mars to enter the spheres of the earth. In the light of the stars every consciousness lives in harmony. Therefore this quality of light uses the channels of Mars to filter the consciousness of cosmic community into the planetary environment. This is connected with togetherness and a mutual connection in the creation of common processes.

The existence of civilisation is a result of this ray. It represents the purest substance of love that is entered into a dynamic process through Mars, which is transferred onto the planetary consciousness and furthers the development of universal love in creative intelligence and creative processes.

Without the impulses of Mars the information of the stars would stand still and stagnate. This way they can actively influence processes of civilisation in life on earth. This creates a highly dynamic energy between this ray and the progressive energy of this planet. Mars produces clear impulses, creates fields of energy and activity and formulates these in the compulsory nature of love.

4th Ray: Every Creation possesses its own Vibration and Sound.

Planet: Mercury

Energy: Harmony, peace, beauty

Colour: White Dominance: Art

From the light of the stars the fourth ray finds access via the orbits of Mercury. From its original quality it creates the laws of harmony of this universe. In the first stage it receives its formulation through Mercury's support. The communicative energy of Mercury multiplies this ray and guides it into the consciousness of the earth. This transfers the laws of beauty and harmony, which are expressed in the earthly consciousness. It inspires art, music, and all areas connected to the creative formulation of light and sound.

This ray presents itself in various forms of artistic expression and reminds us of the harmony and synchronicity of light. This ray inspires, supports, and communicates. In this context Mercury provides it with the ability of communicative expression, which enables manifestation.

5th Ray: In their Origin all Creatures are sacred.

Planet: Jupiter

Energy: Truth, knowledge, healing

Colour: Green

Dominance: Science, healing

The fifth ray formulates the inner Divine perfection of each creation in the universe. Via Jupiter it is led into the planetary consciousness. Via this planet it receives its formulation as to how the laws function within this perfection. In a first step all sciences find their expression here, whether physics, chemistry, medicine, or even the arts; these are simply approaches of the human consciousness to the laws perfectly contained in the universe.

In connection with Jupiter this ray enhances our ability to broaden our horizons and to gain access to the levels of knowledge that form the basis of science, medicine, and healing. Jupiter provides this ray with the capacity to be perceived in a differentiated manner, for in the union with the cosmos the qualities of the individual aspects describing the inner perfection could not be perceived.

6th Ray: All Beings serve each other.

Planet: Venus

Energy: Serving, dedication, altruistic love

Colour: Ruby-red

Dominance: Administration, religion, social services

In the universal context the sixth ray formulates the laws of how all beings serve all other beings and the entire creation with their light. Through the orbits of Venus this ray experiences the quality of unconditional love. The higher self of each human being is closely connected with this potential.

The quality of the sixth ray influences the ability to live with others, in harmony with mother earth

and the cosmos. It is the access to a community of all creatures that are meant to serve each other in love. In the consciousness of the earth it spreads the qualities of serving and dedication. This ray contains the laws of nature, which govern and control the earth. For this reason the laws cannot become imbalanced, for they correspond to each other guided by the harmony of this ray.

7th Ray: God's Light is invincible.

Planet: Saturn

Energy: Transformation, freedom, structure-giving order

Colour: Violet

Dominance: Ritual actions, shamanism

On its way to the earth's orbits the quality of the seventh ray is structured through the quality of Saturn. This planet orders and guides this consciousness in order to direct it to the earthly spheres. This ray contains the power of transformation, of change. If it entered the earthly spheres in full force, these would probably shatter. The wisdom of Saturn helps to control this force and to find a structure in the continuum of time and space that helps it affect transformation and change in harmony with the consciousness of the earth.

It is the only ray that stimulates movement to create something new. It guarantees the eternal victory of light, because it is more powerful and can create stronger changes than any other energy. For this reason it is also able to transform shadows, which have to submit to the light, due to its power. This ray inspires mysticism and shaman traditions. It is the light for spiritual rites. It is access and entrance to gates beyond daily life and it is also the freedom that opens up beyond these gates.

THE NINTH SEAL Divinity in Nature



Feng Shui and Creation

Life manifests itself in the silence where existence and non-existence unite. The supervising eye and the life-giving element of creation are integrated into this level of existence. Here we find the seed of creation that makes the process between birth and death possible. This eternal space of time is inherent in all creation. It connects all life with the Divine creation. This level of being is called Shiva and Shakti, the principle of the feminine and masculine powers of creation, the archetypal principle of Yin and Yang. Creator and creation are linked in this eternal union. Forever they give birth to life and death.

This level of Shiva and Shakti is not immediately connected with Feng Shui, but the spiritual world is currently granting access to this consciousness in order to stimulate healing processes that cannot be achieved by any other level of existence. This is the purest, untouched threshold with which the human consciousness can make contact in order to transform and release healing.

The quality of Shiva and Shakti is incorporated into every plant, every rock, every cell of our bodies and every consciousness. When we consciously connect with this light, this will allow a form of healing transcending everything we can imagine at present. The contact with the original state of creation initiates the memory of perfection that has been lost. This longing stimulates the healing process within us. We only gain access to this when our intentions and our hearts are pure.

It should be said that from this level of consciousness three qualities of creation enter the sphere of the earth through the orbits of the planets. These are three rays, which enter at certain power points of the earth and make initiation happen. They stimulate the seeds so that nature can blossom and die. It is returned to the state of unity in order to re-enter the cycle of life. This applies to nature as well as the human cycle. These are the three qualities of light of the Divine Mother, of creation itself.

In the non-material field of the earth we can see how these rays enter landscape systems. They can be found in small as well as large spaces. They are extreme forms of energy that influence the consciousness of the earth, life, and human existence. Without these rays no natural cycles, no seasons, and no processes of being born and dying would occur in nature.

These three points initiate a triangle in the landscape and flow towards each other. In contact with Shiva and Shakti one can create a strong healing energy within a landscape system and reconnect this landscape with its spiritual context. New consciousness will flow through nature. Sacred rituals at these points release spiritual energies that support the healing of this landscape and form a high level of consciousness on a planetary level.

There is a further reason why Feng Shui pays attention to these three rays. At certain points they create focuses of force, which communicate with each other within this landscape system. At none of these points should buildings be erected, apart from temples that are able to unite these rays and guard and honour them with dedication and devotion.

The Rays of the Divine Mother

The white Ray

The white ray is the ray that produces light from purity. It represents creativity, born from non-existence. It is the quality that initiates the beginning of nature, spring producing new things, for it contains everything not yet created. This ray awakens life in the unborn. In landscape systems it maintains the ability to constantly create new forms of life and produces impulses that initiate new things. In this ray we are given the opportunity to create. It is connected with the unborn life, procreation, and the seed.

The red Ray

The red day stands for fertility and fullness, the wealth and inexhaustibility of life. It is the ray that makes everything ripen and mature in summer and autumn, so that we have a wealth of things from which to choose. In human life it represents adulthood, prosperity and wealth, the cornucopia of life that is offered to us. It produces an abundance of creativity on all levels. The red ray embodies everything motherly and nourishing. It feeds life and is fed by it. It resembles the loving mother, who provides for her children. When this ray enters into landscape systems it makes the abundance of nature flow. It connects with the planet and creates places full of wealth. An abundant nature is typical of these places. In the interaction with other rays it controls the processes leading to ripeness and maturity. The red ray is the summer of life.

In this ray no buildings should be erected either, apart from temples dedicated to the Divine Mother. These energies must only be used without specific intentions and with pure hearts and should not be abused for egotistical purposes.

The black Ray

The black ray contains absolute darkness. We perceive it as black, but in light there is no such colour. It is the absolute concentration of light. From the zenith of life everything re-enters into a cycle in which the forces of life are extinguished so that they can return to a state of nothingness. Here new life is born.

This black ray is the force that can be connected with death. It enables the forces to retreat to a state where the outer form loses its meaning and the inner force centres itself to melt into a union with all life.

In the landscape system this ray makes it possible for the forces to withdraw into the earth in winter, in order to return and be transformed. It is not at all advisable to erect buildings at the point of entry of this ray. It is a very powerful energy that unbalances everything that does not succumb to it.

They first two rays are by no means inferior with regard to their force and intensity, but the black ray must only be approached by the initiated. Buildings that were erected in these places and are incapable of bearing this energy consequently attract catastrophes if this power is not dedicated to divinity.

In India ancient initiates built temples for the Goddess Kali, the black mother, in these places. We even find traces of this in the Christian tradition, particularly in orthodox churches dedicated to the Black Madonna. These churches are often situated at entry points of the black ray into the landscape system. When they are guarded, these places offer access to the mysteries of being. If these energies are used for worldly purposes despite their spiritual orientation, they will become destructive.

The Bermuda Triangle is such a place between existence and non-existence that expresses this consciousness of Shiva and Shakti. The consciousness of the earth cannot handle these forces so that such places become unbalanced. It is important to respect these energies with a new consciousness.

The black ray is the beginning and the end, birth and death, dissolution into nothingness, where everything can be reborn. It is the ray that makes change possible. The deadly nightshade is closely connected with this ray, as are other poisonous plants. Therefore plants that are linked to this energy are often hallucinogenic and are frequently used for rites, for example for shaman travels. This ray is the entrance to the mystery of life.

These three rays of the Divine Mother are only intended for sacred places. Where they manifest themselves, we should dedicate altars to them. They can be dedicated to the aspect of creation to which we feel a particular closeness. In India these aspects are worshipped as Lakshmi, Saraswati, and Kali.

The Tibetans worship them in the different forms of the Tara, and in Christianity we find the Virgin Mary, the mother of Jesus, and the Black Madonna. In all cultures we encounter comparable examples of the worship of creation itself, of which we are a part.

Certain plants are connected with these aspects of creation and through contact with them it is easier to gain access to these forces of light. Red berries are aspects of the red ray, so they stimulate these qualities in us. However, we advise you not to experiment with plants that represent aspects of the black ray.

These aspects of creation are intensively expressed in the colours that dominate Feng Shui: black, red, and white. The fourth influential colour is gold. The golden light connects all spiritual aspects. It represents the wealth and variety of life, the fullness of the power of creation, and the spiritual life. The other colours represent the following qualities:

White: absolute purity

Red: prosperity, wealth, fertility, energy, light

Black: entering into mysteries and change

The power points of the three rays were locked for a long time because they had been abused by a number of cultures. At present we are beginning to approach the landscape more consciously. It is important to respect its laws and work in harmony with them.

The Meaning of Centres of Light

Centres of light are places with a spiritual orientation. Meditation and prayers concentrate the light in such a way that its environment is charged with energy and love. Centres of light are acupuncture needles in the landscape that release the power of healing on earth. It is their task to gather and focus light so that they function like lighthouses and lighten the landscape and provide it with a sense of direction. They are meant to support the earth in its process of transformation.

At present it is important that more and more centres of light manifest themselves on earth and form a network. The planetary consciousness has become unbalanced.

Centres of light are direct links between heaven and earth that are located at old places of force. The powers of the earth and the forces of light find common access in these places and fertilise their environment. The gates of consciousness open up and increase the consciousness for a certain circle.

The more centres of light manifest themselves, the more focussed the combined potential becomes. The intensification of the networks of light strengthens the exchange between heaven and earth and the connection with the light. Centres of lights are the entrance gates. The places of force of the past are revived by them and restored to their original power.

Sacred places have always been guarded and worshipped. In the landscape they support healing and balance their surroundings. People who look for the light will find direction through them.

The Château Amritabha centre of light in Alsace was founded to support the creation of other centres of light. It is an example of the possible structure of a centre of light. We can use it to explain the effect it has on the environment and the landscape.

Château Amritabha is situated at an ancient place of force that faded into oblivion and was damaged by many adverse influences. By consciously reawakening this place, a strong light was released for the entire surroundings.

A source of light is now beginning to shine throughout the landscape and to permeate it again.

In this context landscape healing occurs in the environment. Nearby power points are located, healed, and activated through the support of this centre's forces of light. All this is based on an ancient tradition of initiated cultures that was also known to the Knights of the Temple. A central

place of force is dedicated to the Divine powers and then connected with the surrounding places of force in a star-like pattern. This pattern allows the forces of light to be focused on this landscape and supply the entire area with them. All integrated fields of life are thus supported.

The Knights of the Temple knew how to establish an energetic pattern in the landscape in order to attract the forces of heaven and to enhance the powers of the earth. When we analyse the ancient places of the Knights of the Temple, we encounter these star-shaped dedications in the landscapes that automatically attract certain forces of the universe. There is also a connection with the story of the Holy Grail.

The Holy Grail

The *Holy Grail* is the symbol of Christ and his light. In former times it used to be directly associated with nature and landscape. The story of the Grail is an allegory of the fact that earth itself has developed certain strong focal points for the energy of Christ. In ancient times people were aware of this and knew the orientation these forces needed to receive in order to be supported.

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There are places of force that are directly linked to the consciousness of Christ. They are natural reservoirs where this energy of Christ gathers and from where it is then distributed across the landscape. A very special task is linked to this. In the centres of the Grail the forces of the consciousness of Christ are focussed. But what does this mean for human existence and the planetary consciousness?

These natural Grails are actual formations that absorb this consciousness like chalices that are filled with wine. Above them the strong force of Christ gathers and fills them. Rennes Le Château is a place in the south of France, which is as such a natural Grail. Above it shines a universal star of Christ. In the surroundings we find places of force that were consciously connected with the centre. At each of these focuses of power we find fortresses or churches that are linked by a star-like pattern. Even today there are highly concentrated geomantic systems that are not products of nature but were initiated through spiritual work.

It is the task of us humans to connect this energy with the landscape. The Knights of the Temple knew this. They were integrated into the Christian teachings and knew the true contents of the theory of the

Grail and the sacred landscape. The fulfilment of this task is linked to a spiritual cycle of initiation, for the landscape Grail is used to gain access to the consciousness of Christ. The human being is the link between this cosmic consciousness and the earth. Rites and ceremonies connect the consciousness of Christ with the planetary consciousness. This way a deep cycle of initiation is started in the inner self. This consciousness reaches the people and unites with them and life on earth. Only human beings are able to connect the forces above the landscape with this landscape.

Stars are radiant creatures. Inspired by their light, areas are created by establishing landscape stars connected with the consciousness of Christ, leading us to our destiny.

All across the earth there are many Grails of different dimensions. In this context Europe is assigned a very special task. The central Grail's point of the earth is located in the Esterel mountains. Its radiation has no equal. It will be a task for the future to connect this place of force with the consciousness of the earth.

The apostles and the three Marys once landed with their boat in the south of France, bringing with them the Grail that was transported across Europe to England where it is still supposed to be. This is an allegory of the fact that this area in the south of France is the home of the strongest natural Grail on earth. The story symbolises that those who looked for this place in the south of France in the company of Christ and His consciousness, were aware of its power and its task. In our time this message will only be fulfilled when this force is connected with the planet.

This centre will find a star-shaped connection spreading across the whole of Europe and the entire Mediterranean region. The centres of light play an important part in this context. They are the tips of the stars that are linked to the centre. By distributing and establishing centres of light a planetary star is created in the landscape.

On 16th of June 2001 Frank Eickermann and a group of students blessed the Grail at Estrerel again. Thus the light was reconnected with the matter that had separated during the time of Atlantis. The Grail was connected with the centres of light all over the earth. This is the beginning of experiencing the unity of light and life on earth.

Sacred Mandalas

In the appropriate places they focus the forces and draw them into the building. When the **mandala** is produced properly, the room is filled with light and beneficial energy.

The tradition of mandalas can be found in many cultures. In our culture they occur in the shape of church windows. With their circular shape the colourful windows project a certain light that expresses the universe with its quality of light in this building. They often play with the position of the sun in a highly sophisticated manner or use hidden symbols.

The Tibetans have been using the technique of mandalas for ages to incorporate certain qualities into sacred places. They use them to describe their Gods and thus connect them with the holy origin. They charge places of force with sand mandalas and support them with their mantras. Mandalas are activated for certain periods of time. Their Tankas fill the role of releasing light continuously.

Mandalas fulfil certain dedications:

- I. Protection
- 2. Attraction and development of energies of light and qualities in rooms
- 3. Personal mandalas comprise the circle of life of a human being and contain personal information.

Mandalas can be dedicated. It is an art to combine them with architecture. In cultures such as ancient Egypt this form of art was practised by integrating the holy circle into buildings. Artistically arranging coloured glass and placing it so that the sunlight would draw colourful patterns onto surfaces of the room created certain motifs. The light of the stars was imitated. Mandalas were used to project strong concentrations of power onto certain places. Their shapes and colours depend on the respective dedication.

In India mandalas are placed in front of entrances and filled with colours and flowers. They serve to protect the house so that only the benevolent spirits can enter.

In the New Age we will be faced with the task of creating sacred mandalas for living spaces that fulfil a dedication and permeate the rooms with their power. It would be advisable to connect them with the cosmogram present in the immediate surroundings.

Mandalas describe the holy circle. They are filled with symbols and prayers. Mandalas are always dedicated to the Divine and are a depiction of creation. Their nature is sacred.

A mandala can also attract guardian spirits that can be asked to protect the house.

The following things create a sacred mandala:

- 1. Prayers and chants energize them while they are being painted.
- 2. Intuition and perception determine their truthfulness.
- 3. Dedication to the Divine fills them.

This way mandalas turn into holy images that can develop enormous power. This art should be cultivated again in order to create the quality of living spaces.

What used to be reserved for sacred places is now applied to our living spaces. It is an ancient art that is being reborn and should be placed into caring and loving hands. In Tibet it was the privilege of monks. There spiritual discipline provided access to this knowledge. It is open to all those of us who are filled with love and respect and are open to the creation of powerful images of initiation for our living spaces.

By integrating mandalas you enhance the forces of your environment and fill your rooms with the power of light and cosmic harmony.

Blessings and Divine Aspects

When we move into a house we ask for our new living spaces to be blessed. We celebrate a beginning. We ask for the benevolence of the Gods and their helpful forces to favour our destiny.

In India and Tibet you will not find a single house that has not been blessed. In Hong Kong it is customary for Feng Shui masters to initiate a house. A house without blessing is believed to be a house without soul. It makes a great difference whether our living spaces are connected with the forces of the universe or not. It is possible for all of us to ask for blessings or erect altars that should be dedicated to what we believe in.

It is one of the tasks of a Feng Shui consultant to perform these rituals. In India the Brahmans take on these tasks. In Tibet monks ask for the blessing of living spaces. We find equivalents in Christian religion where places are blessed with holy water, frankincense, and prayers. We should revive this tradition in order to transform our living spaces into places where the Divine is at home. We ask for the inhabitants, the spirit of the place, and the earth itself to be blessed. This way the creation of happy places that can produce a fulfilled life is guaranteed.

Blessings can only occur when we turn towards the aspect of God for which we ask. By turning to the Divine consciousness the forces of light are manifested in our surroundings and can thus release their blessing. In the ideal case they are connected to images, symbols, or a statue dedicated to the respective God. This creates a connection with the desired energy.

The **Puja** to Ganesha, for instance, draws his forces into the living space – if we truly worship him. We need to find out the exact place where this God wants to come and support the living space and the tasks that are meant to be fulfilled within it.

A Puja is a sacred ceremony with which an aspect of God is praised.

Blessings can only happen in harmony with the Divine laws. They can only work when they are performed unselfishly and in harmony with the Divine will. Therefore it is important to perform a blessing gently and with conscious devotion to the Divine power.

Blessings are always performed through a fire ritual, because fire is the embodiment of light itself.

The following Indian Gods embody individual Divine aspects:

Ganesha

In the Hindu tradition the son of Shiva is always placed at the beginning of adoration. He embodies wisdom and removes obstacles. Therefore he always moves ahead of his followers, to achieve happy and spiritual success.

Lakshmi

The wife of Vishnu embodies beauty, happiness, and prosperity.

Saraswati

The wife of Brahma is the Goddess of the Divine word, of eloquence and intuition. She is the patron of the arts, especially of music. Music is the flow of wisdom that leads the way to the recognition of God.

Kali

The black Goddess of time is regarded as the destroyer of illusions, deceptions, and ignorance. She offers freedom and wisdom.

Krishna

The eighth incarnation of Vishnu as Avatar, who fought against darkness in the Mahabharata, teaches Divine wisdom. His Divine play enchants the humans. He is the expression of transcendental reality and teaches the connection between human and God. His dance gives joy and lightness in the experience of reality.

Rama

The seventh incarnation of Vishnu as Avatar embodies righteousness and justice as a king. He led an honest life and withstood all attacks without losing his way. In the facility as the highest master he cleanses the restless spirit.

Vishnu

The preserver of creation is omnipresent. He is the God of time and space. He makes sure that, from time to time, the Divine order is restored. He is the expression of omniscience and power.

Agni

The God of fire, who possesses the forces of the sun and the light. He has been worshipped since the beginning of time, for he passes on the offerings to the Gods.



The Hindu God Ganesha

Alpha Chi in Architecture

Planning with Feng Shui

How to integrate energy flow into a concrete construction plan?

This chapter contains fundamental information for architects, designers, and interior designers, who wish to work with Alpha Chi. It is an enormous challenge to take into consideration the energy pattern of an environment and create a design that influences its effect. It is therefore necessary to proceed in three steps.

In the first step you need to analyse the energy structure of the respective space. This can be a piece of land or an existing room you want to redesign. Your task will be to understand the pattern of this space, to analyse the energies and energy influences and draw up a plan showing this pattern. In the second step you create or design this space in the most harmonious manner possible. In the third step you need to stabilise the energy current in such a way that it can develop to its full potential.

So these are the three steps:

- I. Analysis of the given space
- 2. Planning and realisation
- 3. Stabilising the energy flow

These three steps can be combined in different ways and should be coordinated under the advice of the Feng Shui consultant. It becomes evident that whenever we design our environment by giving buildings shape, this results in changes in the energy flow, the nature of which cannot be predicted reliably.

At the end of our work we will always be required to analyse the rooms energetically and change and stabilise them if necessary. We must be aware that these energy patterns are so subtle that changes in them cannot be foreseen. Many things are predictable but this does not make last step redundant, during which the energy structures receive their finishing touches.

The Expert Opinion on a Plot of Land

When we inspect a piece of land on which a new building is to be erected, we encounter existing energy currents. These have to be analysed first in order to locate the energetic focus points. Existing currents of the earth, the earth's energy, and heavenly influences are all part of this analysis. Ultimately we have an exact idea of the existing structures, including the chakras and the five elements.

Implementation

Once the analysis has been completed, we can start planning. Our plan should include the integration of this building into existing energy patterns. Now the outer space surrounding it should be enclosed and be subdivided in the planning process. In doing so the needs of the users must be observed. We must establish how much room they want to attribute to the respective life themes. According to this plan the individual rooms will be distributed with a view to the existing energies.

If a place already possesses, for instance, a strong yellow chakra, this should be integrated into the rooms use so that the occupants can benefit most from it. Within a family, this would be a room where the family gathers to spend time together or to rest. In a business this would be a room for conferences or negotiations. When planning a new building, you should have a lot of freedom in designing these spaces.

Each room is an organism, and each area resembles an organ that supports the organism as a whole. Take a business, for example. Success is guaranteed when the flow of the goods, a positive relationship between the employees, and the cash-flow are guaranteed. When these aspects are not in balance, it will become evident immediately, because one element will not flow with the others. If it is possible to provide each area with an appropriate place at the planning stage and thus create a harmonious flow right from the start, this will guarantee the success of this business.

If the Feng Shui consultant has to create a flow with elements that do not correspond with each other, it is possible to create this flow of energy at a later stage, although preferable to try and do it from the start.

There is an individual pattern for each place, the memory of its soul, which serves as a the basis for universal principles for the creation of buildings and rooms. When we analyse ancient churches or palaces we always encounter allegories, signs, and symbols. These are often cosmic stylograms, which have been integrated into the architecture because of their known effects.

Integrative Feng Shui aims at understanding individual patterns of the respective spaces and expressing them in their creation. In doing so, harmonising principles of Feng Shui are observed. The fields of force of the chakras and the five elements are integrated into the planning.

The school of Alpha Chi recognises the needs of the users and designs their fields of life and work accordingly. At the same time we also do justice to the place by perceiving it in its spiritual form and by integrating it. This way we create harmony with nature around us. This is expressed in the physical, material manifestation, in architecture. A symbolic representation of the existing non-material room enhances the field of force surrounding us and turns it into a place where heaven and earth are in harmony.

Cosmograms

Cosmograms are existing energy patterns stored in the energetic space. In former times people were aware of these and felt the dominant energies in the non-material space, which were then expressed in the planning of a building. Each place, be it a piece of land or an entire landscape, possesses a detailed cosmogram. This is a direct link to constellations called "heavenly stems". Everything is manifested from the cosmos and first takes shape in the non-material world before it turns into solid matter.

Cosmograms cannot be calculated. They can only be recognised by clairvoyant and sensory perceptive people. Initiated cultures transferred these structures literally or symbolically into their architecture. This is a basis for producing the floor plan of a building.

The integration of the cosmogram supports the force field of a place. First a Feng Shui consultant will analyse and make a drawing of this cosmogram. Then it should be determined how the existing patterns of this energetic space can be incorporated into the design or creation. Usually, cosmograms are not geometrical, but irregular. It is nevertheless always an expression of a cosmic architecture that can be compared to a stellar pattern. These are archetypes shaped by the dream in and around us.

The first step would be to make a drawing of this pattern and, in step two, place the room we want to create around it. It is an art to harmonise these different aspects. This can never be achieved by following common suggestions. It requires the expertise of a Feng Shui consultant in cooperation with an architect in order to design such a place.

When we are confronted with an existing room for which the interior needs to be redesigned, we must proceed differently. It depends on the individual case in how far we can fall back on an existing cosmogram. There is the possibility to incorporate the cosmogram into the design in the form of a pattern. We could place the drawing of this cosmogram onto the floor of this room and thus create a flow between this energetic information and the living space.

When a cosmogram is produced for you, it will show different characteristics that flow from the cosmos into your living field. In certain focus points they can be usefully integrated into your life. There are, for example, concentrations of chance enhancing points that, when integrated into a room, attract chance improving cosmic energies. When they are integrated into the flow as a whole they bring luck to living spaces and their users. It is the task of the Feng Shui consultant to understand the individual quality of a cosmogram and harmonise it with the plans.

Cornerstone Ceremony

From our ancestors we inherited certain aspects of rituals, such as celebrating foundations or inaugurations and also the symbolic invitation of benevolent spirits to support our endeavours. Rituals

such as the cornerstone ceremony, roofing ceremony, house warming or new office celebration equally invite the Gods to bless us and our surroundings.

Dedication of a Place

It was an ancient, sacred tradition, unfortunately forgotten, to bless a piece of land before erecting a house upon it. Remnants of this custom can be found in the cornerstone ceremony. In China a Feng Shui master is traditionally invited to investigate a place and enhance its fateful powers before laying the foundation stone.

The idea is to define the quality of the place and if necessary harmonise the floor plan with it. The foundation stone should then be laid in order to ask the place to accept the future inhabitants. The spirit of the place is also asked to open up to the new occupants and invite them in. The spirits of the surroundings are asked for their benevolence and their blessing.

After this, a fire ritual should be performed to direct the forces of the universe to this place. A ritual for mother earth may follow; during this ritual one can symbolically sew ,strengthen and stimulate the creative cycle at the power points of the five elements. The cycle is "charged up" in this way. Positive energies are thus directed towards this place. Business premises can be supported by placing a piece of gold at the power point of metal in order to stimulate the flow of money.

It is important to ask for a blessing so that benevolent forces of fate can circulate within the location.

Then the cross of the four elements that focuses the elementary power will be manifested around the area. In advance, the horizontal and vertical spaces are created energetically, connecting with the directions of the wind and the polarity of the earth's energy.

In this way the building will be erected in an existing force field. The place will invite us to enter because we have not destroyed or even interfered with its energy field.

Then the centre needs to be stabilised by uniting the axes of heaven and earth. The place is thus integrated into the universal current of cosmic and earthly energy.

These rituals positively "charge up" the building already during its construction. A place is created that is in harmony with heaven, earth and nature. It attracts the favourable energies of spiritual beings and elementary spirits. The forces of the universe are at home here and unite with the living space.

In this manner we create places of power that influence our fate favourably and help us in our individual development. These places are blessed.

Postscript

In this book you were introduced to the consciousness of the planet and its landscape, with the spiritual energies, the principles of Feng Shui, the consciousness of places of force, and the consciousness between heaven and earth.

We hope we could provide you with ideas of how we can deal with our living spaces in future. It is time to develop a new consciousness for approaching nature and space. Consciousness is inherent to this planet.

This book has addressed many fields of activity, which are certain to develop in the near future. New fields of work are already manifesting themselves. Earth healing, geomancy, and Feng Shui key words of the future.

Places of force open up again and centres of light take on spiritual tasks and provide light for all who are looking for it.

The Age of Aquarius raises the human beings and the planet to a new consciousness. In the same degree as this consciousness is accepted and lived, new energies will be released.

We hope that this book will inspire many people. There may be areas that stimulate you to pay particular attention to certain aspects and benefit from this. Inspiration and stimulation will open up new fields of knowledge.

We are happy to offer you further possibilities to increase and deepen your knowledge.

We hope that our ideas will be picked up and fields of work will be developed further. Architects, in particular, can benefit from this new point of view, as well as landscape or city developers, who influence landscapes in a positive way, or earth healing that remedies imbalances and supports the earth.

We hope we could provide you with ideas of how to turn your environment into you personal field of force and thus to increase the quality of your life. Nature is our mother. This book might inspire you to open up to it. Feng Shui is the access to changes affecting not only our environment but also ourselves – inside and outside.

Further books will follow to elaborate on and address in greater detail the subjects we talked about in this book.

This book finds fulfilment in the ideas we accept and carry into the world.

The Authors



Agni Eickermann is the incarnation of Agni, who lets the worlds recognise themselves. At the beginning of time he initiated the "Nine Master Schools of Feng Shui". In the course of human history, this knowledge was reduced to what could only be perceived by the dormant human consciousness. This knowledge was learned, then reproduced. In our age of awakening we are ready to turn back towards this original knowledge and experience our inner and outer reality as a unity.



Durga Holzhauser has internalised the knowledge of Feng Shui, recognises the inner reality of the outer world and is one of our most experienced Feng Shui consultants, who passes on her knowledge as an instructor of the Alpha Chi Feng Shui consultants at the Château Amritabha and works as a consultant in the fields of politics and economy in order to harmonise the currents of life for the benefit of the community. Her consultancy provides ones own vision with a new direction and new vitality.



"Only those who love the world should change it." $$\operatorname{\mathsf{Durga}}$$

